

Società Nuoto Bellinzona

www.snbellinzona.ch

39° MEETING INTERNAZIONALE DEL CASTELLO 2010

LOCATION

Bellinzona, Piscina Comunale, Olympic pool (50x21x2m), 8 lanes, water at 78 F/25 C, electronic timing, Jumbo competition lanes, warm up pool available during the all competition, complete electronic display board, 400 covered seats

DATE May 28-30 2010

ORGANISATION Società Nuoto Bellinzona

TIMING Automatic Swiss Timing by Omega Ares 21

ENTRIES Entries must be received no later than: **May 17, 2010**

Entries has to be made by E-mail (info@snbellinzona.ch) sending the LENEX File (see competition structure on our website www.snbellinzona.ch) or with the Official Entry Forms.

PARTICIPATION The meet is open to men and women born in 1999 or earlier.

In the 200, 400, 800 and 1500 freestyle there will be cut off times and a maximal number of heats.

Age Groups: Men Juniors 1994-1999 Seniors 1993 and older Open 1999 and older
Women Juniors 1996-1999 Seniors 1995 and older Open 1999 and older

SCHEDULE OF EVENTS Enclosed

NEW ! from the 2010 edition we will have 800 and 1500m Freestyle for both Men and Women in an Open Category !

RULES FINA, LEN, FSN

LODGING Information at www.bellinzonaturismo.ch. You can contact the organizer and reservations can be made upon request.

ENTRY FEES Sfr. 9.00 for each individual event. The foreign teams should pay the entry fees directly to the organizer at the Meet Headquarters.

AWARDS Gold, Silver and Bronze medals will be presented in each event.

SPECIALS AWARDS The three male and female best performances according to FINA points (achieved in the finals, only one performance per athlete) will be honored as follows:

1st: Sfr. 600.00; 2nd: Sfr. 400.00; 3rd: Sfr. 200.00

The best Coach will be honoured with CHF 600.00 (see Special Regulation)

GRAN PREMIO DELLA CITTA' DI BELLINZONA

It will be presented to the best Club Team. (special Regulation)

TROFEO PER FEDERAZIONI

It will be presented to the best regional/National Selection (special Regulation)

FINAL RESULTS Complete results will be published on our website www.snbellinzona.ch, where they can be downloaded. There you can also find the results of the previous editions of the meet.

IMPORTANT

- A-Finals with less than 5 participants will not be held. In this case, the medals will be given based on the heat results.
- 800 and 1500 free: the weak heats will take place on Friday (2 heats, max. 32 swimmers, 2 x lane). The fastest heats will take place on Sunday afternoon. In order to be allocated in the right heats, the swimmers have to produce official results from their previous achievements in these disciplines from may 31, 2009 on.
- In the 200m freestyle only 10 heats will strictly be swum.
- In the 400m freestyle only the best 3 heats (Men and Women) will be swum with 1 swimmer/lane.

ADDITIONAL INFORMATION

Additional information can be obtained by contacting the following address:

info@snbellinzona.ch

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