

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 1
6.12.08 Uomini, 200m Stile Libero Cat. generale
Lista risultati

Rango	An		Tempo	50m	100m	150m	200m	
1.	MARTINENGI Michele	90	DDS Milano	1:55.23	26.91	29.42	29.80	29.10
2.	MITROVIC Jovan	91	A-Club Swimming Team Savosa	1:57.41	27.52	29.50	30.65	29.74
3.	EGUAGLIA Roberto	87	Insubrika ASD	1:58.09	27.78	29.63	30.53	30.15
4.	DALLENBACH Alexander	91	Nuoto Sport Locarno	1:59.30	26.74	29.95	31.33	31.28
5.	PEREGO Stefano	88	Insubrika ASD	1:59.33	27.90	30.19	30.86	30.38
6.	REZZONICO Carlo	94	Mendrisiotto Nuoto	2:03.42	28.46	31.03	32.05	31.88
7.	CONTESTABILE A.	91	Società Pallanuoto Bissone	2:06.44	29.64	32.85	32.51	31.44
8.	MARTINO Marco	85	Lugano Nuoto	2:07.96	29.69	33.24	32.82	32.21
9.	FEDERER Silvio	92	Schwimmclub Meilen	2:09.05	29.54	32.98	33.70	32.83
10.	RIEDER Reto	91	Startgemeinschaft Berner Oberland	2:09.74	29.50	33.08	34.03	33.13
11.	MINOTTI Stefano	91	Società Nuoto Bellinzona	2:12.17	30.86	33.46	34.28	33.57

gara 101
6.12.08 Donne, 200m Stile Libero Cat. generale
Lista risultati

Rango	An		Tempo	50m	100m	150m	200m	
1.	DELLA BRUNA Alice	95	Società Nuoto Bellinzona	2:07.64	30.35	33.11	32.25	31.93
2.	POLETTI Marika	92	Insubrika ASD	2:09.74	30.30	33.22	33.66	32.56
3.	MANESSI Claudia	92	Insubrika ASD	2:09.98	30.73	32.95	33.55	32.75
4.	SIRONI Francesca	93	DDS Milano	2:13.51	30.61	33.74	34.82	34.34
5.	ZUBER Cornelia	86	Schwimmclub Bülach	2:15.52	31.53	34.35	34.76	34.88
6.	LACARIA Ilaria	93	Mendrisiotto Nuoto	2:16.99	32.11	33.72	35.78	35.38
7.	STOLZ Morgana	92	Lugano Nuoto	2:19.17	33.05	35.98	35.82	34.32
8.	FÜRHOZLZ Monika	84	Fribourg-Natation	2:20.80	33.48	36.09	36.20	35.03
9.	SENN Stefanie	91	Schwimmclub Meilen	2:22.00	33.02	35.54	36.69	36.75
10.	GIUNTA Adelaide	94	Nuoto Sport Locarno	2:22.62	32.68	36.43	37.11	36.40
11.	BADIALI Francesca	94	Società Pallanuoto Bissone	2:25.79	33.50	37.03	38.00	37.26
12.	OSSOLA Natalie	92	Startgemeinschaft Berner Oberland	2:27.34	33.36	36.65	38.71	38.62

gara 2
6.12.08 Uomini, 100m Rana Cat. generale
Lista risultati

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m	
1.	TOIA Giacomo	92	Insubrika ASD	1:06.38	661	31.79	34.59
2.	PELLANDA Simone	91	Nuoto Sport Locarno	1:07.60	626	31.81	35.79
3.	INCHES Filippo Maria	93	Mendrisiotto Nuoto	1:09.31	581	33.06	36.25
4.	TOGNETA Matteo	90	Insubrika ASD	1:10.11	561	33.34	36.77
5.	SPÖRRI Manuel	89	Schwimmclub Meilen	1:12.13	515	32.56	39.57
6.	MITROVIC Ivan	94	A-Club Swimming Team Savosa SA	1:12.63	505	34.36	38.27
7.	STÖPPELMANN Felix	92	Schwimmclub Chur	1:13.69	483	34.95	38.74
8.	CIMINO Mattia	94	Lugano Nuoto	1:15.90	442	35.29	40.61
9.	RIEDER Jan	95	Startgemeinschaft Berner Oberland	1:18.26	403	36.02	42.24
10.	CONTESTABILE Daniele	94	Società Pallanuoto Bissone	1:22.34	346	38.99	43.35
11.	CEREGHETTI Michele	94	Società Nuoto Bellinzona	1:24.65	319	38.88	45.77
squal. 10%	ANSELMINI Lorenzo	92	DDS Milano	1:04.49	649	30.08	34.41

204 - Partenza prima del segnale di partenza

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 102 Donne, 100m Rana Cat. generale
6.12.08 Lista risultati

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m
1.	92	GUZZETTI Michela DDS Milano	1:11.41	752	33.35	38.06
2.	88	VENICE Carla Insubrika ASD	1:12.32	724	33.67	38.65
3.	89	BRAUN Sabrina Schwimmclub Bülach	1:18.46	567	37.33	41.13
4.	94	SCARIN Sabrina Insubrika ASD	1:19.19	551	36.69	42.50
5.	94	SUTER Ariane Schwimmclub Meilen	1:19.37	547	37.15	42.22
6.	91	BUCHS Anne-Laure Fribourg-Natation	1:19.89	537	37.75	42.14
7.	94	WALTER Giulia Mendrisiotto Nuoto	1:20.84	518	38.71	42.13
8.	91	WITTEWER Anja Startgemeinschaft Berner Oberland	1:21.17	512	38.37	42.80
9.	94	SOLLBERGER Elena Nuoto Sport Locarno	1:23.08	477	40.42	42.66
10.	94	LUZZI Valeria Società Nuoto Bellinzona	1:24.19	459	39.43	44.76
squal. 10%	93	CASSIS Giorgia Società Pallanuoto Bissone	1:31.60	321	43.19	48.41

203 - Movimento prima del segnale di partenza

gara 3 Uomini, 200m Dorso Cat. generale
6.12.08 Lista risultati

Rango	An		Tempo	50m	100m	150m	200m
1.	90	ALBANESE Paolo Insubrika ASD	2:13.02	31.10	32.93	33.90	35.09
2.	87	BERMANI Emanuele DDS Milano	2:14.32	31.05	34.15	35.14	33.98
3.	92	WALKER Daniele Mendrisiotto Nuoto	2:16.19	31.85	34.77	35.04	34.53
4.	94	GROLL Nicolas Schwimmclub Meilen	2:19.04	32.10	35.57	35.83	35.54
5.	91	ODERMAT Eliott Nuoto Sport Locarno	2:25.47	35.01	36.61	37.02	36.83
6.	92	GROND Fabian Schwimmclub Chur	2:25.63	33.49	35.94	38.51	37.69
7.	93	SERENA Tommaso Insubrika ASD	2:26.28	35.30	37.65	38.68	34.65
8.	93	GABUTTI Filippo Società Pallanuoto Bissone	2:27.02	34.11	36.88	37.81	38.22
9.	93	ROBUSTELLI Davide Lugano Nuoto	2:30.55	34.96	37.30	38.90	39.39
10.	95	AMBROSINI Jonas Società Nuoto Bellinzona	2:41.94	38.39	40.80	42.29	40.46
squal. 10%	93	FREGOSI Luca A-Club Swimming Team Savona	2:49.95	32.23	34.89	35.56	34.27

203 - Movimento prima del segnale di partenza

squal. 10%	83	ERB Mario Startgemeinschaft Berner Oberland	2:25.74	34.45	36.42	37.40	37.47
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304 - Nuoto in posizione ventrale prima della virata

gara 103 Donne, 200m Dorso Cat. generale
6.12.08 Lista risultati

Rango	An		Tempo	50m	100m	150m	200m
1.	92	MAURI Federica DDS Milano	2:24.61	34.70	36.63	36.81	36.47
2.	93	MERLO Giuditta Insubrika ASD	2:27.75	34.40	37.62	37.83	37.90
3.	94	AIRAGHI Maria Società Nuoto Bellinzona	2:29.59	35.33	37.75	38.79	37.72
4.	96	MERONI Andrea Mendrisiotto Nuoto	2:37.69	36.62	40.67	40.56	39.84
5.	91	AIROLDI Giulia Insubrika ASD	2:39.38	35.42	39.68	41.71	42.57
6.	96	MOLINARI Alessandra Nuoto Sport Locarno	2:41.41	36.72	41.06	42.53	41.10
7.	89	RANGELOV Natascha Schwimmclub Bülach	2:44.20	38.82	41.02	41.99	42.37
8.	95	BERTARELLI Serena Lugano Nuoto	2:44.93	37.53	40.85	43.62	42.93
9.	94	ZIMMERMANN Anna Società Pallanuoto Bissone	2:48.28	40.62	43.19	42.51	41.96
10.	96	HIRSCHI Stephanie Startgemeinschaft Berner Oberland	2:49.02	39.98	43.26	43.72	42.06
11.	90	VILLARS Fabienne Schwimmclub Meilen	2:49.73	39.82	42.40	43.27	44.24
12.	95	NAEF Emmanuelle Fribourg-Natation	2:50.16	38.63	43.23	45.47	42.83

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 4 Uomini, 100m Delfino Cat. generale
6.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m	
1.	VILLA Paolo	81	Insubrika ASD	54.84	767	25.77	29.07
2.	REBER Christian	86	Nuoto Sport Locarno	58.80	622	27.38	31.42
3.	FILIPOVIC Mario	92	A-Club Swimming Team Savosa SA	1:00.29	577	28.18	32.11
4.	GALLUZZO Andrea	81	DDS Milano	1:02.02	530	28.35	33.67
5.	WENIGERKIND Simon	93	Startgemeinschaft Berner Oberland	1:02.48	519	29.07	33.41
6.	BRAZZELLI Kevin	92	Insubrika ASD	1:02.79	511	29.44	33.35
7.	CONTESTABILE Alessandro	91	Società Pallanuoto Bissone	1:03.99	483	29.72	34.27
8.	WICKY Tobias	91	Schwimmclub Meilen	1:04.64	468	29.71	34.93
9.	BERNASCONI David	91	Società Nuoto Bellinzona	1:09.75	373	32.48	37.27
10.	SCILANGA Sacha	92	Lugano Nuoto	1:10.33	364	32.39	37.94
11.	MANETSCH Patrick	94	Schwimmclub Chur	1:22.07	229	37.24	44.83
12.	ROMEO Luca	95	Mendrisiotto Nuoto	1:24.16	212	37.89	46.27

gara 104 Donne, 100m Delfino Cat. generale
6.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m	
1.	RAMPAZZO Silvia	93	Insubrika ASD	1:05.81	630	30.95	34.86
2.	PASSONI Cecilia	92	DDS Milano	1:07.10	594	31.60	35.50
3.	MARCIANO Giulia	94	Insubrika ASD	1:10.64	509	33.36	37.28
4.	SCHUMACHER Cecilia	94	Schwimmclub Meilen	1:11.03	501	32.15	38.88
5.	BAMBERG Elisabeth	94	Startgemeinschaft Berner Oberland	1:12.40	473	33.46	38.94
6.	BOVO Giulia	93	Nuoto Sport Locarno	1:12.74	466	33.65	39.09
7.	GALLI Cecilia	95	Lugano Nuoto	1:14.02	443	34.99	39.03
8.	GAUDIN Nathalie	92	Fribourg-Natation	1:14.78	429	35.73	39.05
9.	NICOL Stephanie	93	Società Pallanuoto Bissone	1:14.94	427	34.59	40.35
10.	PICCO Amanda	94	Società Nuoto Bellinzona	1:16.79	396	35.55	41.24
11.	BÄCHLI Andrea	83	Schwimmclub Bülach	1:20.18	348	36.52	43.66
12.	GIORGETTI Francesca	96	Mendrisiotto Nuoto	1:24.87	294	37.62	47.25

gara 5 Uomini, 200m Mista Cat. generale
6.12.08 Lista resulti

Rango	An		Tempo	50m	100m	150m	200m	
1.	ANSELMINI Lorenzo	92	DDS Milano	2:09.88	28.95	33.34	37.27	30.32
2.	SILVA Sascha	81	Startgemeinschaft Berner Oberland	2:11.37	27.89	34.32	41.87	33.29
3.	PEREGO Davide	92	Insubrika ASD	2:17.55	28.56	34.22	42.14	32.63
4.	FILIPOVIC Mario	92	A-Club Swimming Team Savosa SA	2:17.82	30.12	35.35	41.02	31.33
5.	SPECTOR Leon	92	Nuoto Sport Locarno	2:17.94	28.35	34.82	42.61	32.16
6.	PEREGO Stefano	88	Insubrika ASD	2:18.55	30.66	35.95	41.33	30.61
7.	ROTHER Daniel	91	Schwimmclub Chur	2:25.36	31.52	38.01	43.40	32.43
8.	ROMAGNOLI Valerio	94	Schwimmclub Meilen	2:26.78	33.43	40.03	38.78	34.54
9.	MARJANOVIC Dejan	93	Società Nuoto Bellinzona	2:27.35	32.49	37.87	44.23	32.76
10.	DIETSCHI Patrick	94	Lugano Nuoto	2:34.75	33.51	44.21	41.58	35.45
11.	CONTESTABILE Daniele	94	Società Pallanuoto Bissone	2:37.23	37.51	39.68	45.70	34.34
12.	ROMEO Marco	93	Mendrisiotto Nuoto	2:57.07	38.92	44.99	52.90	40.26

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 105
6.12.08

Donne, 200m Mista

Cat. generale
Lista resulti

Rango	An		Tempo	50m	100m	150m	200m
1.	92	DDS Milano	2:26.09	32.54	37.46	42.99	33.10
2.	94	Insubrika ASD	2:32.58	33.11	39.24	44.81	35.42
3.	94	Insubrika ASD	2:33.69	33.95	40.12	43.86	35.76
4.	94	Nuoto Sport Locarno	2:36.82	34.15	42.00	44.91	35.76
5.	86	Schwimmclub Bülach	2:38.59	36.35	40.27	46.59	35.38
6.	84	Fribourg-Natation	2:41.75	36.90	43.04	46.55	35.26
7.	95	Mendrisiotto Nuoto	2:41.87	34.22	41.15	48.57	37.93
8.	92	Società Nuoto Bellinzona	2:44.57	38.65	41.13	47.38	37.41
9.	90	Startgemeinschaft Berner Oberland	2:44.94	34.52	44.11	48.55	37.76
10.	93	Schwimmclub Meilen	2:47.50	35.81	42.95	52.51	36.23
11.	92	Società Pallanuoto Bissone	2:50.58	35.43	44.64	52.57	37.94
squal. 10%	90	Lugano Nuoto	2:48.95	34.49	42.74	52.80	38.92

203 - Movimento prima del segnale di partenza

gara 6
6.12.08

Uomini, 50m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.
1.	91	Lugano Nuoto	23.21	751
2.	90	DDS Milano	23.87	691
3.	85	Insubrika ASD	24.59	632
4.	91	DDS Milano	24.61	630
5.	89	Nuoto Sport Locarno	25.15	591
6.	91	Società Nuoto Bellinzona	25.46	569
7.	93	Mendrisiotto Nuoto	25.53	565
8.	90	Schwimmclub Meilen	26.41	510
9.	91	Insubrika ASD	26.43	509
10.	93	Startgemeinschaft Berner Oberland	26.78	489
11.	94	A-Club Swimming Team Savosa SA	28.50	406
12.	96	Schwimmclub Chur	31.14	311

gara 106
6.12.08

Donne, 50m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.
1.	87	Insubrika ASD	26.97	688
2.	91	DDS Milano	28.07	610
3.	92	Insubrika ASD	28.49	584
4.	91	Fribourg-Natation	28.88	560
5.	95	Nuoto Sport Locarno	29.37	533
6.	94	Società Pallanuoto Bissone	29.56	523
7.	93	Società Nuoto Bellinzona	29.70	515
8.	91	Schwimmclub Meilen	29.82	509
9.	90	Schwimmclub Bülach	30.06	497
10.	92	Lugano Nuoto	30.90	458
11.	95	Startgemeinschaft Berner Oberland	31.55	430
12.	91	Mendrisiotto Nuoto	31.84	418

VM-Promotion (9. Bellinzona Team Trophy)
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gara 7
6.12.08

Uomini, 200m Rana

Cat. generale
Lista resulti

Rango	An		Tempo	50m	100m	150m	200m
1.	92	Insubrika ASD	2:28.33	33.62	38.11	38.70	37.90
2.	94	Lugano Nuoto	2:32.98	33.42	39.08	40.26	40.22
3.	90	Insubrika ASD	2:33.28	34.94	39.20	39.78	39.36
4.	91	Nuoto Sport Locarno	2:36.56	33.44	38.57	41.14	43.41
5.	94	A-Club Swimming Team Savosa	2:37.70	36.24	39.99	40.58	40.89
6.	89	Schwimmclub Meilen	2:42.36	34.90	41.54	42.06	43.86
7.	91	Startgemeinschaft Berner Oberland	2:44.92	35.24	41.81	44.34	43.53
8.	92	DDS Milano	2:50.76	37.55	42.61	44.29	46.31
9.	94	Società Nuoto Bellinzona	3:01.72	41.46	47.70	48.07	44.49
10.	94	Schwimmclub Chur	3:07.17	43.82	49.23	47.57	46.55
11.	95	Mendrisiotto Nuoto	3:17.16	43.63	49.98	51.98	51.57

gara 107
6.12.08

Donne, 200m Rana

Cat. generale
Lista resulti

Rango	An		Tempo	50m	100m	150m	200m
1.	88	Insubrika ASD	2:35.07	35.38	40.22	40.02	39.45
2.	93	DDS Milano	2:46.28	37.90	41.55	43.18	43.65
3.	89	Schwimmclub Bülach	2:46.66	38.93	43.41	42.10	42.22
4.	94	Insubrika ASD	2:51.50	38.68	43.40	44.68	44.74
5.	91	Fribourg-Natation	2:53.57	38.36	43.72	45.30	46.19
6.	95	Nuoto Sport Locarno	2:55.84	40.32	44.58	45.48	45.46
7.	91	Startgemeinschaft Berner Oberland	2:56.32	40.55	44.52	45.77	45.48
8.	94	Schwimmclub Meilen	2:58.11	39.76	45.29	45.79	47.27
9.	95	Società Nuoto Bellinzona	2:58.65	40.95	46.24	46.36	45.10
10.	94	Mendrisiotto Nuoto	3:05.83	41.20	46.48	48.97	49.18
11.	93	Società Pallanuoto Bissone	3:16.31	43.90	49.34	51.43	51.64

gara 8
6.12.08

Uomini, 100m Mista

Cat. generale
Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m
1.	90	Insubrika ASD	58.07	728	28.07	30.00
2.	86	Nuoto Sport Locarno	59.86	664	27.74	32.12
3.	81	DDS Milano	1:01.98	598	29.30	32.68
4.	92	Schwimmclub Chur	1:04.85	522	30.28	34.57
5.	91	Lugano Nuoto	1:05.24	513	31.14	34.10
6.	89	Schwimmclub Meilen	1:05.72	502	30.60	35.12
7.	94	A-Club Swimming Team Savosa SA	1:06.13	493	30.51	35.62
8.	91	Società Nuoto Bellinzona	1:06.61	482	31.12	35.49
9.	83	Startgemeinschaft Berner Oberland	1:07.40	465	31.57	35.83
10.	92	Mendrisiotto Nuoto	1:08.82	437	32.14	36.68
11.	93	Società Pallanuoto Bissone	1:10.48	407	31.67	38.81
squal. 10%	91	Insubrika ASD	1:05.70	452	29.43	36.27

204 - Partenza prima del segnale di partenza

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 108 Donne, 100m Mista Cat. generale
6.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m
1.	87	Insubrika ASD	1:06.64	721	30.52	36.12
2.	92	DDS Milano	1:08.45	665	32.63	35.82
3.	95	Nuoto Sport Locarno	1:11.57	582	32.63	38.94
4.	90	Schwimmclub Bülach	1:12.57	558	34.53	38.04
5.	91	Fribourg-Natation	1:13.34	541	33.39	39.95
6.	96	Startgemeinschaft Berner Oberland	1:17.67	455	35.49	42.18
7.	93	Schwimmclub Meilen	1:18.00	450	35.64	42.36
8.	91	Società Nuoto Bellinzona	1:18.22	446	36.91	41.31
9.	95	Società Pallanuoto Bissone	1:19.06	432	37.06	42.00
10.	95	Lugano Nuoto	1:20.57	408	36.57	44.00
squal. 10%	94	Insubrika ASD	1:14.05	473	34.79	39.26
		<i>203 - Movimento prima del segnale di partenza</i>				
squal. 10%	94	Mendrisiotto Nuoto	1:27.45	288	38.46	48.99
		<i>203 - Movimento prima del segnale di partenza</i>				

gara 9 Uomini, 100m Dorso Cat. generale
6.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m
1.	90	Insubrika ASD	1:00.14	591	29.44	30.70
2.	92	Nuoto Sport Locarno	1:02.12	536	30.12	32.00
3.	94	Schwimmclub Meilen	1:05.25	463	31.76	33.49
4.	92	DDS Milano	1:06.43	439	32.69	33.74
5.	93	Startgemeinschaft Berner Oberland	1:07.04	427	32.75	34.29
6.	93	Insubrika ASD	1:07.36	421	33.09	34.27
7.	93	Lugano Nuoto	1:09.26	387	34.16	35.10
8.	94	A-Club Swimming Team Savosa SA	1:10.75	363	34.59	36.16
9.	91	Società Nuoto Bellinzona	1:13.84	319	36.43	37.41
10.	95	Mendrisiotto Nuoto	1:24.01	217	40.43	43.58

gara 109 Donne, 100m Dorso Cat. generale
6.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m
1.	90	DDS Milano	1:07.32	623	32.98	34.34
2.	93	Insubrika ASD	1:09.91	556	34.02	35.89
3.	92	Mendrisiotto Nuoto	1:11.18	527	34.65	36.53
4.	93	Società Nuoto Bellinzona	1:13.42	480	35.66	37.76
5.	89	Schwimmclub Bülach	1:14.30	463	36.19	38.11
6.	91	Insubrika ASD	1:14.70	456	35.87	38.83
7.	94	Lugano Nuoto	1:14.94	452	35.87	39.07
8.	91	Startgemeinschaft Berner Oberland	1:15.15	448	37.06	38.09
9.	96	Nuoto Sport Locarno	1:16.85	419	37.06	39.79
10.	94	Società Pallanuoto Bissone	1:18.10	399	37.67	40.43
11.	95	Fribourg-Natation	1:19.60	377	37.60	42.00
12.	90	Schwimmclub Meilen	1:22.18	343	39.57	42.61

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 10
6.12.08

Uomini, 200m Delfino

Cat. generale
Lista resulti

Rango	An		Tempo	50m	100m	150m	200m	
1.	VILLA Paolo	81	Insubrika ASD	1:59.40	27.31	30.97	30.78	30.34
2.	VIGANÒ Federico	91	DDS Milano	2:13.01	29.28	33.18	34.93	35.62
3.	BACHMANN Kevin	78	Startgemeinschaft Berner Oberland	2:15.26	29.98	34.38	35.06	35.84
4.	FAVERO Dante	92	Nuoto Sport Locarno	2:16.60	30.74	34.63	35.79	35.44
5.	FILIPOVIC Mario	92	A-Club Swimming Team Savona	2:17.61	30.76	35.87	36.65	34.33
6.	WICKY Tobias	91	Schwimmclub Meilen	2:20.75	31.32	35.78	36.65	37.00
7.	BRAZZELLI Kevin	92	Insubrika ASD	2:22.44	31.74	35.68	37.17	37.85
8.	CONTESTABILE A.	91	Società Pallanuoto Bissone	2:25.63	32.62	36.90	37.76	38.35
9.	DIETSCHI Patrick	94	Lugano Nuoto	2:36.21	34.89	40.84	41.15	39.33
10.	STÖPPELMANN Felix	92	Schwimmclub Chur	2:36.93	34.96	40.88	41.57	39.52
11.	AMBROSINI Jonas	95	Società Nuoto Bellinzona	2:46.20	35.28	42.01	45.56	43.35

gara 110
6.12.08

Donne, 200m Delfino

Cat. generale
Lista resulti

Rango	An		Tempo	50m	100m	150m	200m	
1.	FIORANI Giulia	93	DDS Milano	2:24.28	31.75	36.73	37.87	37.93
2.	RAMPAZZO Silvia	93	Insubrika ASD	2:28.21	32.90	37.52	38.66	39.13
3.	MARCIANO Giulia	94	Insubrika ASD	2:30.86	34.41	38.35	38.57	39.53
4.	DI SALVO Gaia	95	Nuoto Sport Locarno	2:34.36	35.01	38.91	39.56	40.88
5.	SIRONI Francesca	93	DDS Milano	2:36.56	33.52	39.45	41.40	42.19
6.	FAGGI Valentina	92	Lugano Nuoto	2:37.89	33.69	40.19	41.75	42.26
7.	BAMBERG Elisabeth	94	Startgemeinschaft Berner Oberland	2:42.49	35.47	41.89	42.82	42.31
8.	SCHUMACHER Cecilia	94	Schwimmclub Meilen	2:43.61	35.59	44.26	44.14	39.62
9.	NICOL Stephanie	93	Società Pallanuoto Bissone	2:49.97	36.79	43.76	44.80	44.62
10.	PICCO Amanda	94	Società Nuoto Bellinzona	2:52.82	36.20	42.24	46.96	47.42
11.	BÄCHLI Andrea	83	Schwimmclub Bülach	2:58.21	40.14	45.15	46.03	46.89
12.	DEVAUD Tina	95	Fribourg-Natation	3:07.04	37.34	45.47	51.56	52.67

gara 11
6.12.08

Uomini, 400m Mista

Cat. generale
Lista resulti

Rango	An		Tempo	100m	200m	300m	400m	
1.	MITROVIC Jovan	91	A-Club Swimming Team Savona	4:43.34	1:06.76	1:09.53	1:21.13	1:03.92
2.	SILVA Sascha	81	Startgemeinschaft Berner Oberland	4:50.72	1:03.20	1:14.14	1:23.92	1:09.46
3.	PEREGO Stefano	88	Insubrika ASD	4:51.85	1:07.81	1:16.00	1:26.23	1:01.81
4.	PEREGO Davide	92	Insubrika ASD	4:52.92	1:06.03	1:14.25	1:27.17	1:05.47
5.	DALLENBACH Alexander	91	Nuoto Sport Locarno	4:52.97	1:07.27	1:18.52	1:23.79	1:03.39
6.	MARJANOVIC Dejan	93	Società Nuoto Bellinzona	5:08.53	1:12.52	1:17.72	1:29.21	1:09.08
7.	SPÖRRI Manuel	89	Schwimmclub Meilen	5:27.66	1:13.92	1:25.38	1:31.91	1:16.45
8.	CIMINO Mattia	94	Lugano Nuoto	5:31.13	1:13.88	1:30.58	1:30.22	1:16.45
9.	MANETSCH Lucas	96	Schwimmclub Chur	5:38.63	1:23.57	1:24.82	1:34.65	1:15.59
abb.	MARZULLO Nicolò	92	DDS Milano		1:07.69	1:21.91		

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 111 Donne, 400m Mista Cat. generale
6.12.08 Lista resulti

Rango	An		Tempo	100m	200m	300m	400m	
1.	FILIPPINETTI Claudia	94	Insubrika ASD	5:15.60	1:12.31	1:20.82	1:30.24	1:12.23
2.	AIRAGHI Maria	94	Società Nuoto Bellinzona	5:16.71	1:17.79	1:18.36	1:31.70	1:08.86
3.	CAVO Annalaura	94	Insubrika ASD	5:21.96	1:14.69	1:22.33	1:32.67	1:12.27
4.	MAURI Federica	92	DDS Milano	5:23.63	1:14.91	1:23.06	1:34.60	1:11.06
5.	DE MARCHI Anaïs	95	Nuoto Sport Locarno	5:26.76	1:17.79	1:20.68	1:33.89	1:14.40
6.	PASSONI Cecilia	92	DDS Milano	5:27.39	1:12.27	1:27.60	1:36.07	1:11.45
7.	FÜRHOLOZ Monika	84	Fribourg-Natation	5:34.19	1:21.59	1:27.81	1:32.81	1:11.98
8.	ZIMMERMANN Anna	94	Società Pallanuoto Bissone	5:50.98	1:25.96	1:27.94	1:41.16	1:15.92
9.	KECK Miriam	93	Schwimmclub Meilen	5:56.66	1:25.12	1:27.01	1:48.51	1:16.02
10.	HIRSCHI Stephanie	96	Startgemeinschaft Berner Obersee	5:58.20	1:24.97	1:31.94	1:43.38	1:17.91
11.	RANGELOV Natascha	89	Schwimmclub Bülach	5:58.32	1:26.25	1:27.25	1:45.93	1:18.89

gara 12 Uomini, 400m Stile Libero Cat. generale
6.12.08 Lista resulti

Rango	An		Tempo	100m	200m	300m	400m	
1.	BRIVIO Gianluca	91	DDS Milano	4:05.71	58.88	1:02.57	1:02.79	1:01.47
2.	CAVALLI Stefano	92	Nuoto Sport Locarno	4:13.87	59.93	1:04.75	1:06.29	1:02.90
3.	TOIA Giacomo	92	Insubrika ASD	4:15.41	1:00.63	1:04.90	1:05.62	1:04.26
4.	EGUAGLIA Roberto	87	Insubrika ASD	4:16.69	1:01.79	1:05.19	1:05.64	1:04.07
5.	REZZONICO Carlo	94	Mendrisiotto Nuoto	4:22.67	1:00.83	1:06.38	1:07.27	1:08.19
6.	KELLER Thomas	90	Schwimmclub Meilen	4:30.19	1:04.12	1:08.88	1:09.87	1:07.32
7.	FREGOSI Luca	93	A-Club Swimming Team Savosa	4:30.79	1:04.08	1:08.91	1:09.11	1:08.69
8.	RIEDER Reto	91	Startgemeinschaft Berner Obersee	4:32.47	1:04.77	1:09.51	1:10.25	1:07.94
9.	MINOTTI Stefano	91	Società Nuoto Bellinzona	4:34.91	1:05.51	1:09.72	1:10.06	1:09.62
10.	SCILANGA Sacha	92	Lugano Nuoto	4:36.49	1:05.37	1:10.77	1:10.97	1:09.38
11.	PIETRA Alessio	94	A-Club Swimming Team Savosa	4:43.57	1:04.99	1:11.28	1:13.52	1:13.78
12.	MANETSCH Patrick	94	Schwimmclub Chur	5:08.63	1:11.21	1:16.80	1:20.61	1:20.01

gara 112 Donne, 400m Stile Libero Cat. generale
6.12.08 Lista resulti

Rango	An		Tempo	100m	200m	300m	400m	
1.	POLETTI Marika	92	Insubrika ASD	4:32.30	1:05.76	1:09.93	1:09.81	1:06.80
2.	DELLA BRUNA Alice	95	Società Nuoto Bellinzona	4:32.56	1:06.31	1:09.42	1:09.52	1:07.31
3.	BEZZI Sabrina	92	DDS Milano	4:33.86	1:06.16	1:09.73	1:09.99	1:07.98
4.	MANESSI Claudia	92	Insubrika ASD	4:35.82	1:06.12	1:10.23	1:10.18	1:09.29
5.	ZUBER Cornelia	86	Schwimmclub Bülach	4:45.59	1:07.99	1:12.64	1:12.71	1:12.25
6.	GAUDIN Nathalie	92	Fribourg-Natation	4:49.79	1:07.74	1:12.26	1:14.73	1:15.06
7.	BOVO Giulia	93	Nuoto Sport Locarno	4:58.98	1:11.46	1:15.40	1:16.57	1:15.55
8.	PUGINIER Mathilde	91	Lugano Nuoto	4:59.99	1:12.66	1:16.55	1:15.69	1:15.09
9.	BALERNA Clara	94	Mendrisiotto Nuoto	5:00.60	1:11.30	1:16.00	1:16.97	1:16.33
10.	BALERNA Myriam	92	Società Pallanuoto Bissone	5:08.11	1:13.27	1:20.68	1:17.90	1:16.26
11.	SPITZNAGEL Tina	95	Schwimmclub Meilen	5:09.00	1:12.83	1:18.03	1:19.61	1:18.53
12.	OSSOLA Natalie	92	Startgemeinschaft Berner Obersee	5:20.29	1:16.05	1:21.70	1:21.34	1:21.20

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 13 Uomini, 50m Rana Cat. generale
6.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.
1.	90	Insubrika ASD	27.90	863
2.	92	DDS Milano	30.06	690
3.	91	Nuoto Sport Locarno	30.97	631
4.	94	Lugano Nuoto	32.00	572
5.	90	Insubrika ASD	32.45	548
6.	94	Schwimmclub Meilen	32.67	537
7.	93	Startgemeinschaft Berner Oberland	34.76	446
8.	95	A-Club Swimming Team Savosa SA	35.44	421
9.	92	Schwimmclub Chur	35.66	413
10.	94	Società Pallanuoto Bissone	38.11	339
11.	94	Società Nuoto Bellinzona	38.25	335
12.	95	Mendrisiotto Nuoto	41.83	256

gara 113 Donne, 50m Rana Cat. generale
6.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.
1.	88	Insubrika ASD	33.12	748
2.	92	DDS Milano	33.16	746
3.	89	Schwimmclub Bülach	36.00	583
4.	94	Insubrika ASD	36.19	574
5.	94	Schwimmclub Meilen	36.72	549
6.	93	DDS Milano	36.91	541
7.	94	Mendrisiotto Nuoto	37.18	529
8.	90	Startgemeinschaft Berner Oberland	37.76	505
9.	91	Fribourg-Natation	38.26	485
10.	95	Nuoto Sport Locarno	38.67	470
11.	94	Società Nuoto Bellinzona	38.94	460
12.	95	Società Pallanuoto Bissone	42.89	345

gara 14 Uomini, 100m Stile Libero Cat. generale
6.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m
1.	91	Lugano Nuoto	52.29	701	25.86	26.43
2.	90	DDS Milano	52.54	691	25.45	27.09
3.	85	Insubrika ASD	52.95	675	26.17	26.78
4.	86	Nuoto Sport Locarno	54.08	634	25.66	28.42
5.	87	Insubrika ASD	54.65	614	26.35	28.30
6.	93	Mendrisiotto Nuoto	56.19	565	27.39	28.80
7.	89	Schwimmclub Meilen	57.11	538	27.16	29.95
8.	78	Startgemeinschaft Berner Oberland	57.54	526	27.57	29.97
9.	91	Schwimmclub Chur	58.66	497	28.73	29.93
10.	93	Società Pallanuoto Bissone	1:00.46	453	29.09	31.37
11.	95	Società Nuoto Bellinzona	1:03.66	388	30.79	32.87
12.	94	A-Club Swimming Team Savosa SA	1:03.80	386	30.57	33.23

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 114 Donne, 100m Stile Libero Cat. generale
6.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m
1.	87	Insubrika ASD	58.42	722	27.88	30.54
2.	93	DDS Milano	58.99	702	27.77	31.22
3.	91	Fribourg-Natation	1:02.44	592	29.66	32.78
4.	93	Società Nuoto Bellinzona	1:03.18	571	30.43	32.75
5.	95	Nuoto Sport Locarno	1:03.41	565	30.58	32.83
6.	93	Mendrisiotto Nuoto	1:03.48	563	30.65	32.83
7.	94	Startgemeinschaft Berner Oberland	1:03.53	562	30.86	32.67
8.	94	Lugano Nuoto	1:05.26	518	32.51	32.75
9.	94	Schwimmclub Bülach	1:06.61	487	31.52	35.09
10.	93	Società Pallanuoto Bissone	1:09.73	425	33.71	36.02
11.	90	Schwimmclub Meilen	1:09.89	422	33.16	36.73
12.	91	Insubrika ASD	1:09.97	420	32.65	37.32

gara 15 Uomini, 50m Delfino Cat. generale
7.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.
1.	81	Insubrika ASD	25.61	705
2.	92	A-Club Swimming Team Savosa SA	27.17	590
3.	81	DDS Milano	27.31	581
4.	89	Insubrika ASD	27.34	579
5.	89	Nuoto Sport Locarno	27.40	575
6.	91	Società Pallanuoto Bissone	27.96	542
7.	91	Società Nuoto Bellinzona	28.13	532
8.	93	Startgemeinschaft Berner Oberland	28.36	519
9.	94	Lugano Nuoto	28.75	498
10.	91	Schwimmclub Meilen	29.16	477
11.	91	Schwimmclub Chur	29.92	442
12.	95	Mendrisiotto Nuoto	37.27	229

gara 115 Donne, 50m Delfino Cat. generale
7.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.
1.	93	DDS Milano	29.37	658
2.	88	Insubrika ASD	29.65	640
3.	94	Schwimmclub Meilen	31.02	559
4.	90	Insubrika ASD	31.43	537
5.	95	Nuoto Sport Locarno	31.60	529
6.	94	Lugano Nuoto	32.44	489
7.	92	Società Pallanuoto Bissone	33.01	464
8.	91	Mendrisiotto Nuoto	33.85	430
9.	94	Schwimmclub Bülach	33.87	429
10.	94	Società Nuoto Bellinzona	33.92	427
11.	95	Fribourg-Natation	34.85	394
12.	94	Startgemeinschaft Berner Oberland	36.03	357

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 16 Uomini, 200m Stile Libero Cat. generale
7.12.08 Lista risultati

Rango	An		Tempo	50m	100m	150m	200m	
1.	VILLA Paolo	81	Insubrika ASD	1:51.16	26.95	28.37	27.90	27.94
2.	BRIVIO Gianluca	91	DDS Milano	1:54.23	26.66	28.99	28.98	29.60
3.	CAVALLI Stefano	92	Nuoto Sport Locarno	2:00.11	27.24	30.47	31.51	30.89
4.	INCHES Filippo Maria	93	Mendrisiotto Nuoto	2:03.47	27.99	30.85	31.78	32.85
5.	CAIELLI Matteo	90	Insubrika ASD	2:05.02	29.36	31.48	32.25	31.93
6.	SILVA Sascha	81	Startgemeinschaft Berner Oberland	2:06.77	28.55	31.61	33.69	32.92
7.	FREGOSI Luca	93	A-Club Swimming Team Savosa	2:07.16	28.77	32.33	33.41	32.65
8.	GROLL Nicolas	94	Schwimmclub Meilen	2:09.12	28.70	32.81	34.25	33.36
9.	BERNASCONI David	91	Società Nuoto Bellinzona	2:11.71	30.75	33.29	34.15	33.52
10.	GABUTTI Filippo	93	Società Pallanuoto Bissone	2:12.62	30.29	34.02	34.46	33.85
11.	MANETSCH Lucas	96	Schwimmclub Chur	2:24.56	32.96	37.13	38.19	36.28

gara 116 Donne, 200m Stile Libero Cat. generale
7.12.08 Lista risultati

Rango	An		Tempo	50m	100m	150m	200m	
1.	BEZZI Sabrina	92	DDS Milano	2:09.78	31.11	33.23	33.68	31.76
2.	AIRAGHI Maria	94	Società Nuoto Bellinzona	2:10.00	31.00	33.26	33.44	32.30
3.	ANTOGNOLI Giulia	93	Insubrika ASD	2:11.74	30.76	33.31	33.77	33.90
4.	TRINCHERINI Elisabetta	92	Insubrika ASD	2:16.54	31.65	35.04	35.27	34.58
5.	FAGGI Valentina	92	Lugano Nuoto	2:17.41	31.89	34.70	35.51	35.31
6.	GAUDIN Nathalie	92	Fribourg-Natation	2:18.41	32.79	35.21	34.76	35.65
7.	BALERNA Clara	94	Mendrisiotto Nuoto	2:22.50	32.89	35.91	37.19	36.51
8.	BOVO Giulia	93	Nuoto Sport Locarno	2:23.36	32.30	35.76	37.85	37.45
9.	BÄCHLI Andrea	83	Schwimmclub Bülach	2:27.50	34.45	36.78	38.10	38.17
10.	VILLARS Fabienne	90	Schwimmclub Meilen	2:30.57	34.44	37.97	38.42	39.74
11.	KOHLER Livia	95	Startgemeinschaft Berner Oberland	2:31.41	34.50	39.38	40.46	39.07
12.	CASSIS Giorgia	93	Società Pallanuoto Bissone	2:35.05	35.14	39.05	40.43	40.43

gara 17 Uomini, 100m Rana Cat. generale
7.12.08 Lista risultati

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m	
1.	OSSOLA Nicolò	90	Insubrika ASD	1:00.69	865	28.26	32.43
2.	ANSELMINI Lorenzo	92	DDS Milano	1:03.51	755	30.05	33.46
3.	ANTOGNOLI Marco	88	Insubrika ASD	1:09.20	583	32.11	37.09
4.	TESSITORE Luca	91	Nuoto Sport Locarno	1:10.37	555	32.06	38.31
5.	ROMAGNOLI Valerio	94	Schwimmclub Meilen	1:12.62	505	33.78	38.84
6.	RIEDER Reto	91	Startgemeinschaft Berner Oberland	1:14.82	462	34.93	39.89
7.	DIETSCHI Patrick	94	Lugano Nuoto	1:16.09	439	35.62	40.47
8.	MINOTTI Stefano	91	Società Nuoto Bellinzona	1:16.82	426	35.51	41.31
9.	MARZULLO Nicolò	92	DDS Milano	1:16.98	424	36.36	40.62
10.	PIETRA Alessio	94	A-Club Swimming Team Savosa SA	1:19.19	389	37.06	42.13
11.	MANETSCH Patrick	94	Schwimmclub Chur	1:28.92	275	43.17	45.75
12.	BELLINI Stefano	95	Mendrisiotto Nuoto	1:31.43	253	42.89	48.54

VM-Promotion (9. Bellinzona Team Trophy)
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gara 117 Donne, 100m Rana Cat. generale
7.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m
1.	93	Insubrika ASD	1:14.45	663	35.57	38.88
2.	91	Schwimmclub Meilen	1:15.29	641	35.56	39.73
3.	93	DDS Milano	1:17.75	582	35.56	42.19
4.	92	Insubrika ASD	1:18.07	575	36.67	41.40
5.	93	DDS Milano	1:18.44	567	37.17	41.27
6.	90	Schwimmclub Bülach	1:20.66	522	38.44	42.22
7.	90	Startgemeinschaft Berner Oberland	1:23.49	470	38.68	44.81
8.	95	Nuoto Sport Locarno	1:24.25	458	39.61	44.64
9.	93	Società Nuoto Bellinzona	1:25.80	433	40.55	45.25
10.	94	Mendrisiotto Nuoto	1:26.83	418	41.08	45.75
11.	95	Fribourg-Natation	1:30.28	372	41.59	48.69
12.	95	Società Pallanuoto Bissone	1:34.18	328	44.88	49.30

gara 18 Uomini, 200m Dorso Cat. generale
7.12.08 Lista resulti

Rango	An		Tempo	50m	100m	150m	200m
1.	92	Insubrika ASD	2:09.72	29.64	32.22	33.35	34.51
2.	92	Insubrika ASD	2:13.84	30.97	33.51	33.99	35.37
3.	78	Startgemeinschaft Berner Oberland	2:19.27	31.80	35.39	36.01	36.07
4.	92	DDS Milano	2:20.80	33.12	35.69	36.06	35.93
5.	92	Schwimmclub Meilen	2:26.82	33.88	36.69	38.21	38.04
6.	93	Lugano Nuoto	2:28.15	35.47	37.12	38.18	37.38
7.	93	Società Nuoto Bellinzona	2:28.47	35.09	37.63	37.94	37.81
8.	92	Nuoto Sport Locarno	2:28.48	34.67	37.66	39.07	37.08
9.	94	A-Club Swimming Team Savona	2:33.71	35.57	38.54	40.23	39.37
10.	94	Società Pallanuoto Bissone	2:41.06	37.94	41.29	41.71	40.12
squal. 10%	95	Mendrisiotto Nuoto	3:00.38	41.23	44.97	47.84	46.34

304 - Nuoto in posizione ventrale prima della virata

gara 118 Donne, 200m Dorso Cat. generale
7.12.08 Lista resulti

Rango	An		Tempo	50m	100m	150m	200m
1.	92	Insubrika ASD	2:20.45	33.12	35.13	36.45	35.75
2.	90	DDS Milano	2:25.69	34.04	35.87	37.36	38.42
3.	92	Insubrika ASD	2:32.75	34.28	37.68	40.28	40.51
4.	91	Fribourg-Natation	2:34.24	36.37	38.47	39.72	39.68
5.	91	Società Nuoto Bellinzona	2:35.06	37.65	38.94	39.60	38.87
6.	94	Nuoto Sport Locarno	2:38.94	36.86	39.95	41.22	40.91
7.	94	Schwimmclub Meilen	2:38.97	35.29	40.67	42.20	40.81
8.	86	Schwimmclub Bülach	2:39.02	37.81	40.33	40.76	40.12
9.	94	Lugano Nuoto	2:40.35	38.31	40.38	41.47	40.19
10.	95	Mendrisiotto Nuoto	2:42.15	38.17	40.69	42.23	41.06
11.	92	Startgemeinschaft Berner Oberland	2:46.58	38.33	41.90	43.14	43.21
abb.	93	Società Pallanuoto Bissone					

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 19 Uomini, 100m Delfino Cat. generale
7.12.08 Lista risultati

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m	
1.	MARTINENGI Michele	90	DDS Milano	58.41	635	27.37	31.04
2.	EGUAGLIA Roberto	87	Insubrika ASD	58.49	632	27.29	31.20
3.	CAVALLI Stefano	92	Nuoto Sport Locarno	59.56	599	28.31	31.25
4.	MARANZANA Nicolò	92	Insubrika ASD	1:00.21	580	27.68	32.53
5.	SILVA Sascha	81	Startgemeinschaft Berner Oberland	1:01.64	540	28.37	33.27
6.	MARZULLO Nicolò	92	DDS Milano	1:03.30	499	29.44	33.86
7.	MANSER Fabian	89	Schwimmclub Meilen	1:05.20	456	30.64	34.56
8.	FREGOSI Luca	93	A-Club Swimming Team Savosa SA	1:05.86	443	30.84	35.02
9.	REZZONICO Carlo	94	Mendrisiotto Nuoto	1:06.21	436	30.41	35.80
10.	GROND Fabian	92	Schwimmclub Chur	1:08.65	391	31.66	36.99
11.	DIETSCHI Patrick	94	Lugano Nuoto	1:09.61	375	33.29	36.32
12.	AMBROSINI Jonas	95	Società Nuoto Bellinzona	1:14.18	310	34.31	39.87

gara 119 Donne, 100m Delfino Cat. generale
7.12.08 Lista risultati

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m	
1.	RIZZETTO Carlotta	88	Insubrika ASD	1:06.18	619	31.27	34.91
2.	COLOMBO Federica	90	Insubrika ASD	1:09.13	543	32.60	36.53
3.	DI SALVO Gaia	95	Nuoto Sport Locarno	1:09.69	530	32.82	36.87
4.	SIRONI Francesca	93	DDS Milano	1:10.02	523	32.56	37.46
5.	GOTTI Micolle	94	Lugano Nuoto	1:12.34	474	33.13	39.21
6.	LACARIA Ilaria	93	Mendrisiotto Nuoto	1:14.12	441	34.57	39.55
7.	COTTIER Elise	94	Schwimmclub Meilen	1:16.71	398	34.43	42.28
8.	HIRSCHI Stephanie	96	Startgemeinschaft Berner Oberland	1:17.14	391	36.29	40.85
9.	DAVID Tessa	94	Società Nuoto Bellinzona	1:18.17	376	35.95	42.22
10.	MISCHLER Chantal	94	Schwimmclub Bülach	1:18.89	366	35.38	43.51
11.	BADIALI Francesca	94	Società Pallanuoto Bissone	1:19.77	354	36.64	43.13
12.	DEVAUD Tina	95	Fribourg-Natation	1:21.22	335	35.95	45.27

gara 20 Uomini, 200m Mista Cat. generale
7.12.08 Lista risultati

Rango	An		Tempo	50m	100m	150m	200m	
1.	TOIA Giacomo	92	Insubrika ASD	2:11.90	29.19	34.18	37.13	31.40
2.	VIGANÒ Federico	91	DDS Milano	2:13.05	28.63	35.32	39.00	30.10
3.	MITROVIC Ivan	94	A-Club Swimming Team Savosa SA	2:20.54	30.17	35.76	40.31	34.30
4.	SISTO Fabio	92	DDS Milano	2:22.08	29.99	36.87	42.92	32.30
5.	BANDIERA Gianluca	94	Insubrika ASD	2:23.78	29.85	37.22	43.20	33.51
6.	ERB Mario	83	Startgemeinschaft Berner Oberland	2:25.21	31.04	36.64	43.29	34.24
7.	CIMINO Mattia	94	Lugano Nuoto	2:29.13	31.87	42.51	40.80	33.95
8.	BERNASCONI David	91	Società Nuoto Bellinzona	2:33.40	33.91	40.52	45.63	33.34
9.	ROMEO Luca	95	Mendrisiotto Nuoto	3:04.28	39.89	46.26	57.44	40.69
squal. 10%	REBER Christian	86	Nuoto Sport Locarno	2:10.50	27.73	33.76	36.82	32.19
	<i>304 - Nuoto in posizione ventrale prima della virata</i>							
squal. 10%	WICKY Tobias	91	Schwimmclub Meilen	2:27.67	31.36	37.23	45.12	33.96
	<i>304 - Nuoto in posizione ventrale prima della virata</i>							
squal. 10%	MANETSCH Lucas	96	Schwimmclub Chur	2:45.38	37.73	41.72	47.54	38.39
	<i>304 - Nuoto in posizione ventrale prima della virata</i>							

VM-Promotion (9. Bellinzona Team Trophy)
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gara 120
7.12.08

Donne, 200m Mista

Cat. generale
Lista risultati

Rango	An		Tempo	50m	100m	150m	200m	
1.	TOIA Maddalena	89	Insubrika ASD	2:28.99	32.62	38.40	41.94	36.03
2.	FIORANI Giulia	93	DDS Milano	2:30.60	30.29	40.14	45.68	34.49
3.	DE MARCHI Anaïs	95	Nuoto Sport Locarno	2:31.44	33.75	38.50	44.82	34.37
4.	DELLA BRUNA Alice	95	Società Nuoto Bellinzona	2:32.06	33.90	38.96	44.75	34.45
5.	TRINCHERINI Elisabetta	92	Insubrika ASD	2:33.09	32.28	38.82	45.44	36.55
6.	WITTWER Anja	91	Startgemeinschaft Berner Oberaargau	2:37.03	35.04	40.60	44.95	36.44
7.	WALTER Giulia	94	Mendrisiotto Nuoto	2:39.21	35.22	42.95	43.26	37.78
8.	LUSENTI Jacqueline	94	Società Pallanuoto Bissone	2:40.45	33.49	42.31	48.25	36.40
9.	BUCHS Anne-Laure	91	Fribourg-Natation	2:41.83	35.71	44.33	44.67	37.12
10.	BERTARELLI Serena	95	Lugano Nuoto	2:46.69	37.06	42.08	50.69	36.86
11.	SUTER Ariane	94	Schwimmclub Meilen	2:48.21	35.28	43.05	47.29	42.59
squal. 10%	RANGELOV Natascha	89	Schwimmclub Bülach	2:50.09	38.20	42.07	50.82	39.00

304 - Nuoto in posizione ventrale prima della virata

gara 21
7.12.08

Uomini, 400m Stile Libero

Cat. generale
Lista risultati

Rango	An		Tempo	100m	200m	300m	400m	
1.	MITROVIC Jovan	91	A-Club Swimming Team Savosa	4:09.62	58.29	1:01.58	1:02.60	1:02.15
2.	PEREGO Stefano	88	Insubrika ASD	4:09.41	59.81	1:02.78	1:03.89	1:02.93
3.	BERMANI Emanuele	87	DDS Milano	4:11.93	59.04	1:04.45	1:04.60	1:03.84
4.	DALLENBACH Alexander	91	Nuoto Sport Locarno	4:13.68	59.56	1:02.91	1:04.68	1:06.53
5.	CAIELLI Matteo	90	Insubrika ASD	4:15.94	1:01.06	1:04.41	1:05.13	1:05.34
6.	MARJANOVIC Dejan	93	Società Nuoto Bellinzona	4:33.48	1:04.12	1:09.78	1:09.91	1:09.67
7.	ROTHER Daniel	91	Schwimmclub Chur	4:35.40	1:05.23	1:10.15	1:10.56	1:09.46
8.	GYGAX Sandro	93	Startgemeinschaft Berner Oberaargau	4:40.85	1:05.25	1:09.62	1:14.51	1:14.47
9.	ANGELONI Simone	93	Lugano Nuoto	4:49.49	1:08.83	1:13.75	1:14.64	1:12.27
10.	PEDROLI-DELCO G.	92	Mendrisiotto Nuoto	5:37.15	1:11.91	1:23.03	1:30.93	1:31.28
squal. 10%	FEDERER Silvio	92	Schwimmclub Meilen	4:36.62	1:05.70	1:11.04	1:10.34	1:09.54

203 - Movimento prima del segnale di partenza

gara 121
7.12.08

Donne, 400m Stile Libero

Cat. generale
Lista risultati

Rango	An		Tempo	100m	200m	300m	400m	
1.	AIRAGHI Maria	94	Società Nuoto Bellinzona	4:29.94	1:05.23	1:08.24	1:09.05	1:07.42
2.	ANTOGNOLI Giulia	93	Insubrika ASD	4:38.67	1:07.52	1:11.40	1:09.92	1:09.83
3.	SIRONI Francesca	93	DDS Milano	4:45.52	1:08.28	1:13.36	1:12.65	1:11.23
4.	FÜRHOZLZ Monika	84	Fribourg-Natation	4:51.34	1:11.58	1:14.01	1:13.59	1:12.16
5.	LACARIA Ilaria	93	Mendrisiotto Nuoto	4:53.67	1:09.87	1:14.06	1:15.33	1:14.41
6.	LAURENTI Valeria	94	Insubrika ASD	4:54.00	1:11.39	1:14.51	1:14.59	1:13.51
7.	BAMBERG Elisabeth	94	Startgemeinschaft Berner Oberaargau	4:56.88	1:12.08	1:16.90	1:16.14	1:11.76
8.	BÄCHLI Andrea	83	Schwimmclub Bülach	5:00.68	1:12.69	1:16.24	1:16.16	1:15.59
9.	GIUNTA Adelaide	94	Nuoto Sport Locarno	5:01.53	1:12.74	1:16.58	1:17.00	1:15.21
10.	LAFFRANCHINI Isotta	95	Lugano Nuoto	5:02.88	1:12.04	1:17.80	1:17.37	1:15.67
11.	KECK Miriam	93	Schwimmclub Meilen	5:08.09	1:11.96	1:17.93	1:19.61	1:18.59
12.	BADIALI Francesca	94	Società Pallanuoto Bissone	5:10.37	1:14.36	1:18.26	1:19.01	1:18.74

VM-Promotion (9. Bellinzona Team Trophy)
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gara 22 Uomini, 200m Rana Cat. generale
7.12.08 Lista resulti

Rango	An		Tempo	50m	100m	150m	200m	
1.	OSSOLA Nicolò	90	Insubrika ASD	2:16.42	30.50	35.68	35.93	34.31
2.	ANSELMINI Lorenzo	92	DDS Milano	2:21.08	31.81	35.27	36.04	37.96
3.	INCHES Filippo Maria	93	Mendrisiotto Nuoto	2:31.42	34.23	38.70	39.60	38.89
4.	ANTOGNOLI Marco	88	Insubrika ASD	2:32.63	34.11	38.18	39.59	40.75
5.	PELLANDA Simone	91	Nuoto Sport Locarno	2:33.74	33.99	38.07	39.78	41.90
6.	ROMAGNOLI Valerio	94	Schwimmclub Meilen	2:36.08	34.86	39.94	40.58	40.70
7.	GILI Daniele	91	Lugano Nuoto	2:38.56	34.64	40.16	41.77	41.99
8.	STÖPPELMANN Felix	92	Schwimmclub Chur	2:45.34	38.38	43.09	42.87	41.00
9.	RIEDER Jan	95	Startgemeinschaft Berner Oberland	2:47.18	37.32	41.93	43.81	44.12
10.	MINOTTI Stefano	91	Società Nuoto Bellinzona	2:51.56	36.36	43.71	45.71	45.78
11.	PIETRA Alessio	94	A-Club Swimming Team Savosa	2:52.62	38.56	43.20	45.05	45.81
12.	CONTESTABILE Daniele	94	Società Pallanuoto Bissone	2:57.37	41.09	45.35	46.07	44.86

gara 122 Donne, 200m Rana Cat. generale
7.12.08 Lista resulti

Rango	An		Tempo	50m	100m	150m	200m	
1.	GUZZETTI Michela	92	DDS Milano	2:32.79	34.06	38.52	40.35	39.86
2.	SENN Stefanie	91	Schwimmclub Meilen	2:45.08	37.82	41.63	42.49	43.14
3.	MILANI Jessica	92	Insubrika ASD	2:46.04	38.28	41.91	42.37	43.48
4.	CREMONESI Jasmine	93	Insubrika ASD	2:46.59	37.99	42.19	43.07	43.34
5.	WALTER Giulia	94	Mendrisiotto Nuoto	2:51.78	39.28	43.47	45.03	44.00
6.	BERNASCONI Anica	90	Schwimmclub Bülach	2:54.00	39.98	43.25	44.94	45.83
7.	SOLLBERGER Elena	94	Nuoto Sport Locarno	2:54.72	40.82	44.15	45.11	44.64
8.	HÄDENER Marianne	90	Startgemeinschaft Berner Oberland	3:02.37	40.26	46.17	48.15	47.79
9.	LUZZI Valeria	94	Società Nuoto Bellinzona	3:02.77	40.43	45.88	48.02	48.44
10.	CRIPPA Federica	91	DDS Milano	3:11.14	42.43	48.53	50.10	50.08
11.	BADIALI Giorgia	95	Società Pallanuoto Bissone	3:16.88	45.67	50.78	50.37	50.06
12.	JAQUET Mathilde	95	Fribourg-Natation	3:18.72	43.28	49.06	51.28	55.10

gara 23 Uomini, 100m Dorso Cat. generale
7.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m	
1.	TESTA Carlo Alberto	92	Insubrika ASD	59.82	601	29.22	30.60
2.	PEREGO Davide	92	Insubrika ASD	1:02.71	521	30.74	31.97
3.	FREGOSI Luca	93	A-Club Swimming Team Savosa SA	1:03.50	502	30.79	32.71
4.	BACHMANN Kevin	78	Startgemeinschaft Berner Oberland	1:03.90	493	30.50	33.40
5.	WALKER Daniele	92	Mendrisiotto Nuoto	1:04.94	469	31.62	33.32
6.	GROND Fabian	92	Schwimmclub Chur	1:05.41	459	32.42	32.99
7.	GALLUZZO Andrea	81	DDS Milano	1:06.28	442	32.88	33.40
8.	ANNIGHÖFER Nils	89	Schwimmclub Meilen	1:06.31	441	33.02	33.29
9.	ODERMAT Eliott	91	Nuoto Sport Locarno	1:08.78	395	34.44	34.34
10.	GABUTTI Filippo	93	Società Pallanuoto Bissone	1:08.86	394	33.19	35.67
11.	ROBUSTELLI Davide	93	Lugano Nuoto	1:09.48	383	33.84	35.64
12.	AMBROSINI Jonas	95	Società Nuoto Bellinzona	1:17.68	274	38.29	39.39

VM-Promotion (9. Bellinzona Team Trophy)
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gara 123 Donne, 100m Dorso Cat. generale
7.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.	50m	100m	
1.	92	MANESSI Claudia	Insubrika ASD	1:04.67	703	31.81	32.86
2.	92	MAURI Federica	DDS Milano	1:05.09	689	32.04	33.05
3.	92	VERONESE Martina	Insubrika ASD	1:08.89	581	33.30	35.59
4.	95	DE MARCHI Anaïs	Nuoto Sport Locarno	1:09.57	565	33.93	35.64
5.	94	SCHUMACHER Cecilia	Schwimmclub Meilen	1:11.53	519	34.38	37.15
6.	91	DELCÒ Martina	Società Nuoto Bellinzona	1:13.64	476	36.76	36.88
7.	94	REZZONICO Silvia	Lugano Nuoto	1:15.06	450	36.58	38.48
8.	92	OSSOLA Natalie	Startgemeinschaft Berner Oberland	1:16.65	422	36.51	40.14
9.	95	MOSSI Lara	Mendrisiotto Nuoto	1:16.87	419	37.72	39.15
10.	94	MISCHLER Chantal	Schwimmclub Bülach	1:17.57	407	37.05	40.52
11.	95	NAEF Emmanuelle	Fribourg-Natation	1:19.63	377	38.59	41.04
12.	94	ZIMMERMANN Anna	Società Pallanuoto Bissone	1:19.84	374	39.21	40.63

gara 24 Uomini, 200m Delfino Cat. generale
7.12.08 Lista resulti

Rango	An		Tempo	50m	100m	150m	200m	
1.	87	EGUAGLIA Roberto	Insubrika ASD	2:09.45	29.92	33.91	33.33	32.29
2.	92	CAVALLI Stefano	Nuoto Sport Locarno	2:11.34	30.21	33.79	34.39	32.95
3.	92	MARANZANA Nicolò	Insubrika ASD	2:12.22	30.50	33.99	33.58	34.15
4.	90	MARTINENGI Michele	DDS Milano	2:13.58	29.14	33.62	34.92	35.90
5.	81	SILVA Sascha	Startgemeinschaft Berner Oberland	2:20.92	30.16	35.50	37.06	38.20
6.	91	ROTHE Daniel	Schwimmclub Chur	2:21.79	32.38	37.69	36.51	35.21
7.	92	MARZULLO Nicolò	DDS Milano	2:22.25	32.22	36.38	36.63	37.02
8.	94	MITROVIC Ivan	A-Club Swimming Team Savona	2:22.87	31.23	36.44	37.13	38.07
9.	89	MANSER Fabian	Schwimmclub Meilen	2:26.17	31.77	37.27	37.95	39.18
10.	91	BERNASCONI David	Società Nuoto Bellinzona	2:35.17	35.35	38.84	39.66	41.32

gara 124 Donne, 200m Delfino Cat. generale
7.12.08 Lista resulti

Rango	An		Tempo	50m	100m	150m	200m	
1.	92	PASSONI Cecilia	DDS Milano	2:29.68	33.09	37.65	40.47	38.47
2.	90	COLOMBO Federica	Insubrika ASD	2:30.28	33.45	37.63	39.14	40.06
3.	93	BERTOLAMI Silvia	Insubrika ASD	2:32.06	34.14	38.30	39.60	40.02
4.	93	BOVO Giulia	Nuoto Sport Locarno	2:41.20	35.47	41.48	41.80	42.45
5.	95	GALLI Cecilia	Lugano Nuoto	2:43.79	35.66	41.29	42.69	44.15
6.	94	DAVID Tessa	Società Nuoto Bellinzona	2:49.07	37.69	42.63	44.02	44.73
7.	92	GAUDIN Nathalie	Fribourg-Natation	2:50.48	36.46	41.65	44.87	47.50
8.	92	BALERNA Myriam	Società Pallanuoto Bissone	2:50.61	35.77	42.88	48.24	43.72
9.	96	HIRSCHI Stephanie	Startgemeinschaft Berner Oberland	2:57.70	38.83	46.00	46.95	45.92
10.	95	SPITZNAGEL Tina	Schwimmclub Meilen	2:59.22	38.17	47.29	47.14	46.62
11.	89	RANGELOV Natascha	Schwimmclub Bülach	3:01.43	39.27	46.20	48.31	47.65
12.	96	GIORGETTI Francesca	Mendrisiotto Nuoto	3:16.29	38.33	48.52	53.91	55.53

VM-Promotion (9. Bellinzona Team Trophy)
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gara 25 Uomini, 400m Mista Cat. generale
7.12.08 Lista risultati

Rango	An		Tempo	100m	200m	300m	400m
1.	86	Nuoto Sport Locarno	4:39.52	1:01.41	1:14.27	1:17.52	1:06.32
2.	92	A-Club Swimming Team Savosa	4:41.70	1:06.04	1:11.75	1:21.98	1:04.93
3.	92	Insubrika ASD	4:47.62	1:06.14	1:15.24	1:21.03	1:05.21
4.	94	Lugano Nuoto	4:57.94	1:09.68	1:17.24	1:23.54	1:07.48
5.	92	DDS Milano	4:57.99	1:07.74	1:15.29	1:25.48	1:09.48
6.	94	Insubrika ASD	5:04.72	1:04.91	1:19.92	1:28.61	1:11.28
7.	91	Startgemeinschaft Berner Oberland	5:06.18	1:11.20	1:15.04	1:29.89	1:10.05
8.	91	Società Nuoto Bellinzona	5:18.21	1:11.60	1:24.02	1:31.42	1:11.17
9.	92	Schwimmclub Chur	5:20.72	1:17.17	1:21.11	1:30.34	1:12.10
squal. 10%	91	Schwimmclub Meilen	5:06.02	1:08.63	1:16.74	1:30.73	1:09.92

304 - Nuoto in posizione ventrale prima della virata

gara 125 Donne, 400m Mista Cat. generale
7.12.08 Lista risultati

Rango	An		Tempo	100m	200m	300m	400m
1.	92	DDS Milano	5:07.75	1:11.62	1:19.18	1:28.12	1:08.83
2.	92	DDS Milano	5:13.47	1:12.46	1:25.75	1:23.51	1:11.75
3.	92	Insubrika ASD	5:19.40	1:15.82	1:22.63	1:29.23	1:11.72
4.	93	Insubrika ASD	5:25.30	1:13.73	1:21.33	1:38.17	1:12.07
5.	94	Nuoto Sport Locarno	5:25.59	1:14.87	1:24.12	1:31.36	1:15.24
6.	92	Società Nuoto Bellinzona	5:39.88	1:24.24	1:22.40	1:35.61	1:17.63
7.	90	Schwimmclub Bülach	5:44.67	1:23.33	1:26.00	1:36.39	1:18.95
8.	93	Società Pallanuoto Bissone	5:45.51	1:19.84	1:27.31	1:40.73	1:17.63
9.	91	Startgemeinschaft Berner Oberland	5:45.80	1:22.81	1:29.40	1:36.14	1:17.45
10.	94	Schwimmclub Meilen	5:45.91	1:16.96	1:27.66	1:40.49	1:20.80
11.	94	Società Nuoto Bellinzona	5:51.81	1:17.86	1:30.79	1:43.50	1:19.66
12.	91	Fribourg-Natation	5:54.80	1:26.01	1:35.00	1:34.72	1:19.07

gara 26 Uomini, 50m Dorso Cat. generale
7.12.08 Lista risultati

Pointi: FINA 2008

Rango	An		Tempo	Pt.
1.	87	DDS Milano	27.98	589
2.	92	Insubrika ASD	28.35	567
3.	92	Insubrika ASD	29.33	512
4.	89	Schwimmclub Meilen	29.50	503
5.	78	Startgemeinschaft Berner Oberland	29.57	499
6.	81	DDS Milano	30.14	472
7.	91	Società Nuoto Bellinzona	30.71	446
8.	92	Mendrisiotto Nuoto	30.82	441
9.	85	Lugano Nuoto	31.24	423
10.	94	A-Club Swimming Team Savosa SA	32.06	392
11.	91	Nuoto Sport Locarno	32.18	387
12.	92	Schwimmclub Chur	32.68	370

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 126 Donne, 50m Dorso Cat. generale
7.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.
1.	92	MANESSI Claudia Insubrika ASD	31.05	644
2.	92	MAURI Federica DDS Milano	31.46	620
3.	92	VERONESE Martina Insubrika ASD	32.16	580
4.	95	DE MARCHI Anaïs Nuoto Sport Locarno	32.91	541
5.	92	GAFFURI Sandra Mendrisiotto Nuoto	33.14	530
6.	91	SID'AMAR Maryem Fribourg-Natation	33.45	515
7.	93	BORIC Ivana Società Nuoto Bellinzona	34.38	475
8.	94	PELOSI Nicole Lugano Nuoto	34.72	461
9.	92	OSSOLA Natalie Startgemeinschaft Berner Oberland	35.79	421
10.	94	MISCHLER Chantal Schwimmclub Bülach	36.15	408
11.	94	ZIMMERMANN Anna Società Pallanuoto Bissone	38.22	346
12.	95	SPITZNAGEL Tina Schwimmclub Meilen	38.44	340

gara 27 Uomini, 1500m Stile Libero Cat. generale
7.12.08 Lista resulti

Pointi: FINA 2008

Rango	An		Tempo	Pt.
1.	91	MITROVIC Jovan A-Club Swimming Team Savosa SA	15:59.88	737
		100m: 1:02.13 1:02.13 500m: 5:21.27 1:04.67 900m: 9:39.27 1:03.95 1300m: 13:56.07 1:04.66		
		200m: 2:07.10 1:04.97 600m: 6:25.96 1:04.69 1000m: 10:42.87 1:03.60 1400m: 14:59.17 1:03.10		
		300m: 3:11.77 1:04.67 700m: 7:30.96 1:05.00 1100m: 11:46.99 1:04.12 1500m: 15:59.88 1:00.71		
		400m: 4:16.60 1:04.83 800m: 8:35.32 1:04.36 1200m: 12:51.41 1:04.42		
2.	88	PEREGO Stefano Insubrika ASD	16:10.19	714
		100m: 1:02.44 1:02.44 500m: 5:20.94 1:04.57 900m: 9:40.80 1:04.88 1300m: 14:01.11 1:04.88		
		200m: 2:06.85 1:04.41 600m: 6:26.33 1:05.39 1000m: 10:46.13 1:05.33 1400m: 15:06.02 1:04.91		
		300m: 3:11.22 1:04.37 700m: 7:31.26 1:04.93 1100m: 11:51.16 1:05.03 1500m: 16:10.19 1:04.17		
		400m: 4:16.37 1:05.15 800m: 8:35.92 1:04.66 1200m: 12:56.23 1:05.07		
3.	90	CAIELLI Matteo Insubrika ASD	16:35.27	661
		100m: 1:03.48 1:03.48 500m: 5:30.62 1:06.75 900m: 9:56.35 1:06.73 1300m: 14:22.76 1:06.72		
		200m: 2:10.20 1:06.72 600m: 6:36.96 1:06.34 1000m: 11:03.03 1:06.68 1400m: 15:29.98 1:07.22		
		300m: 3:17.00 1:06.80 700m: 7:43.36 1:06.40 1100m: 12:09.38 1:06.35 1500m: 16:35.27 1:05.29		
		400m: 4:23.87 1:06.87 800m: 8:49.62 1:06.26 1200m: 13:16.04 1:06.66		
4.	91	BRIVIO Gianluca DDS Milano	16:38.36	655
		100m: 1:02.75 1:02.75 500m: 5:26.01 1:06.57 900m: 9:54.02 1:06.92 1300m: 14:23.52 1:07.66		
		200m: 2:08.02 1:05.27 600m: 6:32.59 1:06.58 1000m: 11:00.97 1:06.95 1400m: 15:31.19 1:07.67		
		300m: 3:13.54 1:05.52 700m: 7:39.72 1:07.13 1100m: 12:08.03 1:07.06 1500m: 16:38.36 1:07.17		
		400m: 4:19.44 1:05.90 800m: 8:47.10 1:07.38 1200m: 13:15.86 1:07.83		
5.	91	DALLENBACH Alexander Nuoto Sport Locarno	16:49.00	635
		100m: 1:02.88 1:02.88 500m: 5:35.55 1:07.56 900m: 10:03.29 1:07.37 1300m: 14:33.86 1:08.32		
		200m: 2:10.56 1:07.68 600m: 6:42.72 1:07.17 1000m: 11:09.98 1:06.69 1400m: 15:42.04 1:08.18		
		300m: 3:18.70 1:08.14 700m: 7:49.74 1:07.02 1100m: 12:17.45 1:07.47 1500m: 16:49.00 1:06.96		
		400m: 4:27.99 1:09.29 800m: 8:55.92 1:06.18 1200m: 13:25.54 1:08.09		
6.	91	VIGANÒ Federico DDS Milano	17:11.08	595
		100m: 1:02.15 1:02.15 500m: 5:37.73 1:10.26 900m: 10:19.58 1:10.27 1300m: 14:58.33 1:09.68		
		200m: 2:08.84 1:06.69 600m: 6:48.00 1:10.27 1000m: 11:29.97 1:10.39 1400m: 16:06.86 1:08.53		
		300m: 3:17.68 1:08.84 700m: 7:58.63 1:10.63 1100m: 12:39.32 1:09.35 1500m: 17:11.08 1:04.22		
		400m: 4:27.47 1:09.79 800m: 9:09.31 1:10.68 1200m: 13:48.65 1:09.33		
7.	87	BERMANI Emanuele DDS Milano	17:18.57	582
		100m: 1:03.62 1:03.62 500m: 5:36.76 1:09.14 900m: 10:16.45 1:10.51 1300m: 15:00.68 1:11.13		
		200m: 2:11.58 1:07.96 600m: 6:46.28 1:09.52 1000m: 11:27.86 1:11.41 1400m: 16:10.62 1:09.94		
		300m: 3:19.57 1:07.99 700m: 7:56.41 1:10.13 1100m: 12:38.62 1:10.76 1500m: 17:18.57 1:07.95		
		400m: 4:27.62 1:08.05 800m: 9:05.94 1:09.53 1200m: 13:49.55 1:10.93		

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 27, Uomini, 1500m Stile Libero, Cat. generale

Rango	An	Tempo	Pt.		
8.	MARJANOVIC Dejan 100m: 1:06.24 1:06.24 200m: 2:16.88 1:10.64 300m: 3:27.58 1:10.70 400m: 4:38.75 1:11.17	93 Società Nuoto Bellinzona 500m: 5:50.87 1:12.12 600m: 7:03.23 1:12.36 700m: 8:15.82 1:12.59 800m: 9:28.93 1:13.11	900m: 10:41.52 1:12.59 1000m: 11:54.24 1:12.72 1100m: 13:07.32 1:13.08 1200m: 14:19.15 1:11.83	1300m: 15:31.96 1:12.81 1400m: 16:44.42 1:12.46 1500m: 17:54.56 1:10.14	17:54.56 525
9.	KELLER Thomas 100m: 1:06.38 1:06.38 200m: 2:17.60 1:11.22 300m: 3:29.45 1:11.85 400m: 4:41.87 1:12.42	90 Schwimmclub Meilen 500m: 5:55.45 1:13.58 600m: 7:09.15 1:13.70 700m: 8:23.11 1:13.96 800m: 9:35.89 1:12.78	900m: 10:49.29 1:13.40 1000m: 12:01.53 1:12.24 1100m: 13:13.51 1:11.98 1200m: 14:26.15 1:12.64	1300m: 15:37.94 1:11.79 1400m: 16:50.56 1:12.62 1500m: 17:59.84 1:09.28	17:59.84 518
10.	SCILANGA Sacha 100m: 1:06.88 1:06.88 200m: 2:18.60 1:11.72 300m: 3:30.12 1:11.52 400m: 4:43.05 1:12.93	92 Lugano Nuoto 500m: 5:56.38 1:13.33 600m: 7:10.30 1:13.92 700m: 8:24.52 1:14.22 800m: 9:38.04 1:13.52	900m: 10:52.26 1:14.22 1000m: 12:05.36 1:13.10 1100m: 13:20.50 1:15.14 1200m: 14:34.78 1:14.28	1300m: 15:49.37 1:14.59 1400m: 17:04.03 1:14.66 1500m: 18:15.50 1:11.47	18:15.50 496
11.	PLUMÉZ Jérôme 100m: 1:11.44 1:11.44 200m: 2:27.94 1:16.50 300m: 3:45.33 1:17.39 400m: 5:02.37 1:17.04	92 Startgemeinschaft Berner Oberland 500m: 6:19.95 1:17.58 600m: 7:38.07 1:18.12 700m: 8:55.05 1:16.98 800m: 10:12.87 1:17.82	900m: 11:29.99 1:17.12 1000m: 12:45.97 1:15.98 1100m: 14:02.12 1:16.15 1200m: 15:18.45 1:16.33	1300m: 16:35.20 1:16.75 1400m: 17:53.00 1:17.80 1500m: 19:09.68 1:16.68	19:09.68 429
12.	MANETSCH Lucas 100m: 1:17.17 1:17.17 200m: 2:38.32 1:21.15 300m: 3:59.31 1:20.99 400m: 5:19.85 1:20.54	96 Schwimmclub Chur 500m: 6:40.32 1:20.47 600m: 8:00.75 1:20.43 700m: 9:21.55 1:20.80 800m: 10:41.67 1:20.12	900m: 12:01.27 1:19.60 1000m: 13:20.18 1:18.91 1100m: 14:39.95 1:19.77 1200m: 15:59.73 1:19.78	1300m: 17:17.93 1:18.20 1400m: 18:35.31 1:17.38 1500m: 19:48.44 1:13.13	19:48.44 388

gara 127
7.12.08

Donne, 800m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2008

Rango	An	Tempo	Pt.		
1.	AIRAGHI Maria 100m: 1:06.34 1:06.34 200m: 2:16.67 1:10.33	94 Società Nuoto Bellinzona 300m: 3:27.27 1:10.60 400m: 4:37.99 1:10.72	500m: 5:48.11 1:10.12 600m: 6:58.81 1:10.70	700m: 8:09.22 1:10.41 800m: 9:17.15 1:07.93	9:17.15 687
2.	ANTOGNOLI Giulia 100m: 1:07.05 1:07.05 200m: 2:17.96 1:10.91	93 Insubrika ASD 300m: 3:28.88 1:10.92 400m: 4:41.74 1:12.86	500m: 5:54.89 1:13.15 600m: 7:08.19 1:13.30	700m: 8:21.50 1:13.31 800m: 9:33.59 1:12.09	9:33.59 629
3.	PASSONI Cecilia 100m: 1:07.78 1:07.78 200m: 2:20.11 1:12.33	92 DDS Milano 300m: 3:34.04 1:13.93 400m: 4:48.78 1:14.74	500m: 6:03.70 1:14.92 600m: 7:18.60 1:14.90	700m: 8:34.00 1:15.40 800m: 9:46.71 1:12.71	9:46.71 588
4.	ZUBER Cornelia 100m: 1:09.37 1:09.37 200m: 2:23.62 1:14.25	86 Schwimmclub Bülach 300m: 3:38.32 1:14.70 400m: 4:52.25 1:13.93	500m: 6:06.44 1:14.19 600m: 7:20.62 1:14.18	700m: 8:34.43 1:13.81 800m: 9:47.35 1:12.92	9:47.35 586
5.	FÜRHOZ Monika 100m: 1:11.03 1:11.03 200m: 2:26.16 1:15.13	84 Fribourg-Natation 300m: 3:40.96 1:14.80 400m: 4:55.92 1:14.96	500m: 6:09.91 1:13.99 600m: 7:23.91 1:14.00	700m: 8:37.71 1:13.80 800m: 9:48.79 1:11.08	9:48.79 582
6.	PUGINIER Léa 100m: 1:08.79 1:08.79 200m: 2:21.77 1:12.98	92 Lugano Nuoto 300m: 3:35.42 1:13.65 400m: 4:50.11 1:14.69	500m: 6:05.45 1:15.34 600m: 7:20.34 1:14.89	700m: 8:36.21 1:15.87 800m: 9:51.22 1:15.01	9:51.22 575
7.	LAURENTI Valeria 100m: 1:12.64 1:12.64 200m: 2:28.07 1:15.43	94 Insubrika ASD 300m: 3:43.49 1:15.42 400m: 4:58.55 1:15.06	500m: 6:13.76 1:15.21 600m: 7:29.14 1:15.38	700m: 8:43.91 1:14.77 800m: 9:57.29 1:13.38	9:57.29 557
8.	MOSSI Lara 100m: 1:11.31 1:11.31 200m: 2:26.88 1:15.57	95 Mendrisiotto Nuoto 300m: 3:43.81 1:16.93 400m: 5:00.85 1:17.04	500m: 6:18.50 1:17.65 600m: 7:36.59 1:18.09	700m: 8:55.09 1:18.50 800m: 10:08.57 1:13.48	10:08.57 527

VM-Promotion (9. Bellinzona Team Trophy)
Bellinzona, 6. - 7.12.2008

gara 127, Donne, 800m Stile Libero, Cat. generale

Rango	An	Tempo	Pt.
9.	BAMBERG Elisabeth	94 Startgemeinschaft Berner Oberland	10:12.65 516
	100m: 1:12.99 1:12.99	300m: 3:46.94 1:17.47	500m: 6:22.15 1:17.79
	200m: 2:29.47 1:16.48	400m: 5:04.36 1:17.42	600m: 7:39.87 1:17.72
		700m: 8:57.03 1:17.16	800m: 10:12.65 1:15.62
10.	LUSENTI Jacqueline	94 Società Pallanuoto Bissone	10:17.37 505
	100m: 1:12.87 1:12.87	300m: 3:47.45 1:17.05	500m: 6:24.56 1:18.54
	200m: 2:30.40 1:17.53	400m: 5:06.02 1:18.57	600m: 7:43.56 1:19.00
		700m: 9:02.05 1:18.49	800m: 10:17.37 1:15.32
11.	BOVO Giulia	93 Nuoto Sport Locarno	10:20.53 497
	100m: 1:14.79 1:14.79	300m: 3:52.43 1:18.80	500m: 6:28.61 1:17.48
	200m: 2:33.63 1:18.84	400m: 5:11.13 1:18.70	600m: 7:46.12 1:17.51
		700m: 9:03.89 1:17.77	800m: 10:20.53 1:16.64
12.	KECK Miriam	93 Schwimmclub Meilen	10:32.33 470
	100m: 1:14.79 1:14.79	300m: 3:54.24 1:20.06	500m: 6:35.57 1:20.16
	200m: 2:34.18 1:19.39	400m: 5:15.41 1:21.17	600m: 7:55.82 1:20.25
		700m: 9:15.81 1:19.99	800m: 10:32.33 1:16.52

gara 28
7.12.08

Uomini, 100m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2008

Rango	An	Tempo	Pt.	50m	100m
1.	VILLA Paolo	81 Insubrika ASD	49.89 807	24.12	25.77
2.	BENEVENTO Giorgio	89 Insubrika ASD	52.56 690	25.21	27.35
3.	VIGANÒ Federico	91 DDS Milano	54.18 630	26.67	27.51
4.	PELLANDA Simone	91 Nuoto Sport Locarno	54.81 609	25.95	28.86
5.	REZZONICO Carlo	94 Mendrisiotto Nuoto	55.48 587	26.46	29.02
6.	CONTESTABILE Alessandro	91 Società Pallanuoto Bissone	56.04 569	27.22	28.82
7.	AIRAGHI Pietro	91 Società Nuoto Bellinzona	56.63 552	27.16	29.47
8.	SPÖRRI Manuel	89 Schwimmclub Meilen	57.48 528	26.91	30.57
9.	MARTINO Marco	85 Lugano Nuoto	57.79 519	28.10	29.69
10.	SCHNEGG Pascal	93 Startgemeinschaft Berner Oberland	58.31 506	27.47	30.84
11.	PIETRA Alessio	94 A-Club Swimming Team Savosa SA	1:01.19 437	29.48	31.71
12.	MANETSCH Patrick	94 Schwimmclub Chur	1:06.28 344	31.80	34.48

gara 128
7.12.08

Donne, 100m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2008

Rango	An	Tempo	Pt.	50m	100m
1.	DELLA BRUNA Alice	95 Società Nuoto Bellinzona	1:00.03 666	29.38	30.65
2.	MAURI Federica	92 DDS Milano	1:00.25 659	29.79	30.46
3.	TRINCHERINI Elisabetta	92 Insubrika ASD	1:01.82 610	30.13	31.69
4.	TOIA Maddalena	89 Insubrika ASD	1:01.89 608	29.76	32.13
5.	SENN Stefanie	91 Schwimmclub Meilen	1:02.91 579	30.58	32.33
6.	GAUDIN Nathalie	92 Fribourg-Natation	1:04.52 536	31.11	33.41
7.	GIUNTA Adelaide	94 Nuoto Sport Locarno	1:04.89 527	30.79	34.10
8.	STOLZ Morgana	92 Lugano Nuoto	1:05.23 519	31.37	33.86
9.	HÄDENER Marianne	90 Startgemeinschaft Berner Oberland	1:06.04 500	31.18	34.86
10.	BADIALI Francesca	94 Società Pallanuoto Bissone	1:06.35 493	32.23	34.12
11.	BÄCHLI Andrea	83 Schwimmclub Bülach	1:09.92 421	33.70	36.22
12.	RAMPININI Joyce	91 Mendrisiotto Nuoto	1:11.01 402	34.33	36.68