

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 1
20.11.2010

Uomini, 200m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	88	Rari Nantes Torino	1:52.17	695	26.88	28.55	28.51	28.23
2.	91	A-Club ST Savosa	1:54.14	659	27.16	28.88	29.02	29.08
3.	92	Team Insubrika	1:55.71	633	27.69	29.22	29.64	29.16
4.	89	Schwimmclub Aarefisch	1:56.13	626	27.59	29.40	29.67	29.47
5.	94	Società Nuoto Bellinzona	1:59.23	578	27.50	30.39	30.90	30.44
6.	92	SG Berner Oberland	2:02.68	531	28.28	31.32	31.66	31.42
7.	90	Schwimmclub Meilen	2:04.14	512	28.47	31.95	32.41	31.31
8.	96	Mendrisiotto Nuoto	2:05.07	501	29.57	31.68	32.41	31.41
9.	93	Lugano Nuoto	2:13.96	408	30.28	34.15	35.40	34.13
10.	95	SP Bissone	2:21.83	343	32.73	36.38	36.67	36.05
squal. 10%	94	Rane Rosse Aqvasport	1:59.21	522	26.87	30.62	31.30	30.42

204 - Partenza prima del segnale di partenza

gara 2
20.11.2010

Donne, 200m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	94	Rari Nantes Torino	2:04.08	719	29.54	31.20	31.88	31.46
2.	94	Società Nuoto Bellinzona	2:07.01	670	29.51	31.66	32.96	32.88
3.	95	Schwimmclub Aarefisch	2:10.41	619	30.88	33.13	33.72	32.68
4.	97	Team Insubrika	2:10.44	619	30.59	32.21	34.00	33.64
5.	95	A-Club ST Savosa	2:10.79	614	30.51	33.07	33.88	33.33
6.	96	Rane Rosse Aqvasport	2:11.86	599	30.62	32.90	33.98	34.36
7.	94	SC Uster Wallisellen	2:13.06	583	31.43	33.83	33.97	33.83
8.	94	SG Berner Oberland	2:14.69	562	30.43	20.06	48.94	35.26
9.	91	Schwimmclub Meilen	2:18.59	516	31.70	34.80	35.97	36.12
10.	97	Mendrisiotto Nuoto	2:23.01	469	32.39	35.73	37.76	37.13
11.	97	Lugano Nuoto	2:33.10	382	34.21	38.05	40.30	40.54
12.	96	SP Bissone	2:37.73	350	35.75	40.04	41.37	40.57

gara 3
20.11.2010

Uomini, 100m Rana

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	90	Rari Nantes Torino	1:03.92	658	30.24	33.68
2.	94	Schwimmclub Meilen	1:04.45	642	30.46	33.99
3.	92	Rane Rosse Aqvasport	1:06.72	579	31.43	35.29
4.	88	Team Insubrika	1:07.72	553	32.25	35.47
5.	95	Team Insubrika	1:08.24	541	32.31	35.93
6.	94	SP Bissone	1:08.60	532	32.12	36.48
7.	91	Schwimmclub Aarefisch	1:09.91	503	32.71	37.20
8.	95	SG Berner Oberland	1:11.30	474	33.27	38.03
9.	96	Mendrisiotto Nuoto	1:12.20	456	33.46	38.74
10.	91	Società Nuoto Bellinzona	1:12.85	444	34.67	38.18
11.	95	A-Club ST Savosa	1:14.85	410	34.51	40.34
12.	95	Lugano Nuoto	1:22.96	301	39.48	43.48

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 4 Donne, 100m Rana Cat. generale
20.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	93	Rari Nantes Torino	1:12.20	654	34.54	37.66
2.	97	Team Insubrika	1:12.61	643	34.38	38.23
3.	90	SC Uster Wallisellen	1:13.69	615	35.04	38.65
4.	94	Schwimmclub Meilen	1:16.36	553	35.48	40.88
5.	96	Rane Rosse Aqvasport	1:16.65	547	35.99	40.66
6.	89	Schwimmclub Aarefisch	1:19.45	491	37.43	42.02
7.	94	A-Club ST Savosa	1:21.51	455	38.93	42.58
8.	90	SG Berner Oberland	1:25.12	399	39.57	45.55
9.	92	Società Nuoto Bellinzona	1:25.91	388	41.27	44.64
10.	99	Lugano Nuoto	1:26.25	384	39.80	46.45
11.	96	Mendrisiotto Nuoto	1:28.53	355	41.65	46.88
12.	97	SP Bissone	1:32.32	313	43.77	48.55

gara 5 Uomini, 200m Dorso Cat. generale
20.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	91	Rari Nantes Torino	2:03.35	636	28.98	30.57	31.79	32.01
2.	93	Rane Rosse Aqvasport	2:07.80	572	29.52	31.65	32.62	34.01
3.	92	Schwimmclub Aarefisch	2:11.85	521	30.95	33.98	34.10	32.82
4.	93	SG Berner Oberland	2:13.52	501	31.53	33.58	34.03	34.38
5.	92	Team Insubrika	2:14.11	495	31.17	33.51	34.01	35.42
6.	92	Schwimmclub Meilen	2:16.13	473	31.48	34.03	35.02	35.60
7.	95	Società Nuoto Bellinzona	2:17.74	457	32.15	34.58	35.56	35.45
8.	93	SP Bissone	2:19.29	442	32.24	34.79	35.85	36.41
9.	95	Team Insubrika	2:19.78	437	33.38	35.25	36.09	35.06
10.	94	A-Club ST Savosa	2:32.34	337	36.17	37.83	39.24	39.10
11.	93	Lugano Nuoto	2:35.95	315	35.68	38.56	40.96	40.75
12.	97	Mendrisiotto Nuoto	2:39.75	293	36.68	39.27	41.10	42.70

gara 6 Donne, 200m Dorso Cat. generale
20.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	95	A-Club ST Savosa	2:16.60	680	32.08	34.73	34.90	34.89
2.	94	Rari Nantes Torino	2:20.48	626	32.56	34.96	36.60	36.36
3.	96	Mendrisiotto Nuoto	2:23.05	592	34.17	37.22	36.68	34.98
4.	94	Rane Rosse Aqvasport	2:23.41	588	33.64	36.05	37.16	36.56
5.	96	Team Insubrika	2:26.93	547	34.21	36.64	37.93	38.15
6.	95	SC Uster Wallisellen	2:27.03	546	34.04	37.04	37.75	38.20
7.	97	Società Nuoto Bellinzona	2:27.10	545	34.00	36.75	38.03	38.32
8.	93	Lugano Nuoto	2:30.10	513	35.48	37.47	38.68	38.47
9.	96	Schwimmclub Aarefisch	2:35.40	462	35.85	39.19	39.68	40.68
10.	93	Schwimmclub Meilen	2:40.21	422	37.28	40.00	41.46	41.47
11.	92	SG Berner Oberland	2:40.95	416	36.15	39.54	41.99	43.27
12.	94	SP Bissone	2:59.11	302	42.59	44.85	46.39	45.28

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 7
20.11.2010

Uomini, 100m Delfino

Cat. generale
Lista risultati

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	92	Schwimmclub Aarefisch	57.11	611	26.70	30.41
2.	93	Rane Rosse Aqvasport	57.65	594	27.26	30.39
3.	93	Rari Nantes Torino	57.75	591	26.99	30.76
4.	92	Team Insubrika	59.21	548	27.80	31.41
5.	93	SG Berner Oberland	59.32	545	27.85	31.47
6.	94	A-Club ST Savosa	59.90	530	28.16	31.74
7.	94	Società Nuoto Bellinzona	59.92	529	28.45	31.47
8.	89	Schwimmclub Meilen	1:03.03	455	29.08	33.95
9.	96	Team Insubrika	1:03.77	439	29.87	33.90
10.	93	Lugano Nuoto	1:06.03	395	30.19	35.84
11.	97	Società Nuoto Bellinzona	1:13.06	292	32.79	40.27
12.	95	SP Bissone	1:15.24	267	34.85	40.39

gara 8
20.11.2010

Donne, 100m Delfino

Cat. generale
Lista risultati

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	94	Rari Nantes Torino	1:03.52	650	30.22	33.30
2.	94	Team Insubrika	1:05.87	583	30.65	35.22
3.	97	A-Club ST Savosa	1:06.42	569	30.79	35.63
4.	92	Lugano Nuoto	1:07.36	545	31.28	36.08
5.	96	Rane Rosse Aqvasport	1:09.67	493	32.31	37.36
6.	95	SC Uster Wallisellen	1:09.76	491	31.79	37.97
7.	95	Schwimmclub Aarefisch	1:10.07	484	32.50	37.57
8.	94	Schwimmclub Meilen	1:13.54	419	33.71	39.83
9.	94	SP Bissone	1:13.69	416	33.27	40.42
10.	97	Mendrisiotto Nuoto	1:16.01	379	34.31	41.70
11.	94	Società Nuoto Bellinzona	1:18.23	348	35.85	42.38
12.	94	SG Berner Oberland	1:25.06	271	36.91	48.15

gara 9
20.11.2010

Uomini, 200m Mista

Cat. generale
Lista risultati

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	93	Rari Nantes Torino	2:06.64	683	27.28	31.37	38.17	29.82
2.	94	A-Club ST Savosa	2:10.82	619	28.52	33.50	37.74	31.06
3.	89	Schwimmclub Aarefisch	2:13.41	584	29.23	35.23	39.35	29.60
4.	91	Rane Rosse Aqvasport	2:13.91	578	27.81	33.02	41.76	31.32
5.	94	Team Insubrika	2:14.24	573	29.34	36.46	36.28	32.16
6.	96	Mendrisiotto Nuoto	2:19.90	506	31.84	35.75	40.55	31.76
7.	94	Team Insubrika	2:19.97	506	29.49	36.72	40.91	32.85
8.	93	SG Berner Oberland	2:21.11	494	29.98	35.90	40.92	34.31
9.	93	Schwimmclub Meilen	2:21.25	492	29.96	36.42	41.26	33.61
10.	95	Società Nuoto Bellinzona	2:26.21	444	31.59	37.99	44.48	32.15
11.	98	SP Bissone	2:58.86	242	40.09	44.01	52.93	41.83
squal. 10%	97	Lugano Nuoto	2:43.89	284	37.93	42.43	46.77	36.76

511 - Non aver nuotato in posizione dorsale

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 10 Donne, 200m Mista Cat. generale
20.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	94	BARBIERI Alice	2:19.71	709	30.09	35.82	40.65	33.15
2.	94	CAVO Annalaura	2:25.90	622	31.97	37.71	42.95	33.27
3.	93	HERI Laura	2:26.32	617	31.42	36.53	43.84	34.53
4.	92	GAMUCCI Isabella	2:29.61	577	32.72	37.57	45.50	33.82
5.	97	ZOLLINGER Chiara	2:30.39	568	32.48	38.45	44.50	34.96
6.	94	EBERHART Jessica	2:33.13	538	32.93	37.61	46.95	35.64
7.	98	GIUDICI Annamaria	2:36.96	500	34.12	40.22	46.49	36.13
8.	94	COTTIER Elise	2:43.66	441	34.43	41.88	48.55	38.80
9.	97	FONTANA Simona	2:47.51	411	38.96	42.36	48.23	37.96
10.	95	BLATTER Cheyenne	2:55.88	355	38.81	42.44	53.36	41.27
11.	98	ERMANI Elena	3:05.86	301	43.66	46.64	53.86	41.70
squal. 10%	96	GIORGETTI Francesca	2:38.90	434	34.10	39.68	47.88	37.24

203 - Movimento prima del segnale di partenza

gara 11 Uomini, 50m Stile Libero Cat. generale
20.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.
1.	89	ANNIGHÖFER Nils	24.42	574
2.	93	MAURI Andrea	24.46	571
3.	90	DE STEFANI Alessio	24.48	570
4.	94	REZZONICO Carlo	24.78	549
5.	87	OLDRINI Nicolò	24.79	549
6.	91	STUDER Kevin	24.83	546
7.	93	SCHNEGG Pascal	25.39	511
8.	91	CONTESTABILE Alessandro	26.10	470
9.	93	ARBORITANZA Mirko	26.37	456
10.	94	BRUSCHETTI Massimo	26.92	428
11.	86	KELLER Nikola	27.23	414
12.	96	GALANO Raffaello	31.01	280

gara 12 Donne, 50m Stile Libero Cat. generale
20.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.
1.	88	LEANZA Cristina	26.34	687
2.	95	DELLA BRUNA Alice	27.46	606
3.	92	CORTI Elena	27.48	605
4.	94	SCHUMACHER Cecilia	27.93	576
5.	96	FAVERO Federica	28.42	547
6.	95	MOSSI Lara	28.80	526
7.	94	ACHERMANN Kaja	28.82	525
8.	96	DE MATTEIS Laura	29.99	465
9.	95	BAUER Julia	30.02	464
10.	90	HÄDENER Marianne	30.65	436
11.	93	CASSIS Giorgia	31.14	416
12.	96	HIBBARD Hailey	32.10	379

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 13
20.11.2010

Uomini, 200m Rana

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	91	DI LECCE Francesco	2:13.27	742	29.74	34.80	34.48	34.25
2.	94	ROMAGNOLI Valerio	2:21.36	622	31.51	35.86	37.13	36.86
3.	88	ANTOGNOLI Marco	2:27.93	542	33.47	37.34	38.53	38.59
4.	93	PRANDI Mirko	2:30.05	520	34.21	38.00	38.95	38.89
5.	95	GIANANDREA A.	2:33.41	486	34.32	38.39	40.12	40.58
6.	92	ESCHER Oliver	2:33.79	483	34.98	39.02	39.30	40.49
7.	95	RIEDER Jan	2:34.61	475	34.66	38.93	39.88	41.14
8.	94	CONTESTABILE Daniele	2:38.45	441	35.13	40.06	41.39	41.87
9.	91	MINOTTI Stefano	2:42.10	412	36.49	42.02	43.18	40.41
10.	97	NARDELLI Samuel	2:43.11	404	36.70	41.14	42.62	42.65
11.	96	JELMINI Nicola	2:57.46	314	39.95	45.59	46.06	45.86
12.	95	GALLO Vito	3:08.06	264	41.69	47.75	48.83	49.79

gara 14
20.11.2010

Donne, 200m Rana

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	97	GUERRA Silvia	2:35.37	649	34.66	38.73	40.71	41.27
2.	96	DALLA BONA Martina	2:40.05	594	37.58	40.63	40.59	41.25
3.	97	CASTIGLIONI Arianna	2:43.42	558	36.78	41.26	42.36	43.02
4.	95	HUBER Silvana	2:43.55	557	35.83	41.94	43.19	42.59
5.	95	CHIESA Lucia	2:47.38	519	37.52	41.55	43.61	44.70
6.	94	SUTER Ariane	2:49.68	498	36.76	42.51	44.47	45.94
7.	94	WEBBER Ilona	2:54.90	455	40.68	44.60	44.31	45.31
8.	97	ZOLLINGER Chiara	2:56.65	442	40.58	45.08	45.94	45.05
9.	92	PICCO Fabiana	3:03.95	391	42.51	46.38	47.04	48.02
10.	92	OSSOLA Natalie	3:06.48	375	43.08	47.84	47.91	47.65
11.	98	DENTI Martina	3:06.61	375	42.56	48.30	48.25	47.50
12.	96	CAGGIULA Alessia	3:19.81	305	45.93	51.49	51.34	51.05

gara 15
20.11.2010

Uomini, 100m Mista

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	89	CANTAVENNA Fabio	58.98	637	27.21	31.77
2.	91	VACCA Federico	59.26	628	27.11	32.15
3.	92	TOIA Giacomo	1:01.17	571	29.28	31.89
4.	95	CICCONE Fabio	1:02.00	548	28.32	33.68
5.	90	SPITZNAGEL Patrik	1:02.90	525	29.38	33.52
6.	94	BANDIERA Gianluca	1:04.28	492	30.06	34.22
7.	93	GYGAX Sandro	1:04.86	479	30.75	34.11
8.	91	CONTESTABILE Alessandro	1:06.08	453	30.35	35.73
9.	95	CEHIC Amar	1:07.20	430	30.96	36.24
10.	95	PALLICH Massimiliano	1:09.55	388	34.06	35.49
11.	96	BERNASCONI Tommaso	1:17.91	276	35.97	41.94
12.	97	ERKELENS Dario	1:20.22	253	36.36	43.86

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 16
20.11.2010

Donne, 100m Mista

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	94	D'AMATO Claudia Rari Nantes Torino	1:06.37	658	31.15	35.22
2.	90	BÜRGE Alexandra SC Uster Wallisellen	1:07.94	613	31.90	36.04
3.	94	FILIPPINETTI Claudia Team Insubrika	1:08.27	604	31.75	36.52
4.	95	SCHWERZMANN Fabienne Schwimmclub Aarefisch	1:08.79	591	31.97	36.82
5.	95	DELLA BRUNA Alice A-Club ST Savosa	1:08.92	588	32.21	36.71
6.	93	ALBERGONI Daria Rane Rosse Aqvasport	1:09.10	583	32.91	36.19
7.	91	SENN Stefanie Schwimmclub Meilen	1:11.61	524	35.16	36.45
8.	98	GIUDICI Nina Lugano Nuoto	1:16.69	426	34.54	42.15
9.	92	MANZATO Daniela SP Bissone	1:17.08	420	35.78	41.30
10.	97	CASERINI Vanessa Mendrisiotto Nuoto	1:18.02	405	37.15	40.87
11.	94	DAVID Tessa Società Nuoto Bellinzona	1:19.90	377	37.61	42.29
12.	95	BLATTER Cheyenne SG Berner Oberland	1:25.23	310	38.61	46.62

gara 17
20.11.2010

Uomini, 100m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	93	PANCARI Luca Rari Nantes Torino	56.91	635	27.82	29.09
2.	93	BOSI Pietro Rane Rosse Aqvasport	58.99	571	28.48	30.51
3.	89	ANNIGHÖFER Nils Schwimmclub Meilen	1:01.09	514	29.65	31.44
4.	93	HOCHULI Pascal Schwimmclub Aarefisch	1:02.02	491	29.91	32.11
5.	91	RIEDER Reto SG Berner Oberland	1:03.75	452	31.20	32.55
6.	96	DE LORENZI Matteo Mendrisiotto Nuoto	1:03.86	450	31.25	32.61
7.	95	GUERRIERO Luca Team Insubrika	1:06.06	406	32.39	33.67
8.	97	MOZZINI-VELLEN Luca Società Nuoto Bellinzona	1:12.57	306	35.99	36.58
9.	97	RIGAZZI Gianluca SP Bissone	1:19.40	234	39.21	40.19
10.	98	LEVIC' Dino Lugano Nuoto	1:27.16	177	41.67	45.49
squal. 10%	92	PEREGO Davide Team Insubrika <i>203 - Movimento prima del segnale di partenza</i>	1:01.74	449	30.25	31.49
squal. 10%	97	NARDELLI Samuel A-Club ST Savosa <i>511 - Non aver nuotato in posizione dorsale</i>	1:15.03	250	36.70	38.33

gara 18
20.11.2010

Donne, 100m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	95	CROVETTO Adriana A-Club ST Savosa	1:03.47	658	30.85	32.62
2.	91	FINI Alessandra Rari Nantes Torino	1:06.28	578	32.41	33.87
3.	93	SOLAZZO Silvia Rane Rosse Aqvasport	1:06.42	574	32.58	33.84
4.	94	SCHUMACHER Cecilia Schwimmclub Meilen	1:07.31	552	32.49	34.82
5.	94	AIRAGHI Maria Società Nuoto Bellinzona	1:07.41	549	32.95	34.46
6.	93	HERI Laura Schwimmclub Aarefisch	1:08.28	529	33.36	34.92
7.	96	MERONI Andrea Mendrisiotto Nuoto	1:08.54	523	33.47	35.07
8.	96	GUAGNINI Benedetta Team Insubrika	1:09.03	512	33.50	35.53
9.	95	ZUECK Patrizia SC Uster Wallisellen	1:10.18	487	33.73	36.45
10.	96	HIRSCHI Stephanie SG Berner Oberland	1:11.05	469	34.13	36.92
11.	95	BERTARELLI Serena Lugano Nuoto	1:13.42	425	34.79	38.63
12.	94	ZIMMERMANN Anna SP Bissone	1:21.63	309	38.93	42.70

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 19 Uomini, 200m Delfino Cat. generale
Lista resulti

20.11.2010

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	91	GILARDI Federico Rari Nantes Torino	2:02.97	698	28.74	30.98	31.58	31.67
2.	92	MARANZANA Nicolò Team Insubrika	2:08.52	611	30.29	32.83	32.97	32.43
3.	94	MANZOCCHI Marco Società Nuoto Bellinzona	2:10.57	583	29.51	33.09	33.98	33.99
4.	93	COCCAGLIO Fabiano Rane Rosse Aqvasport	2:11.17	575	28.80	33.21	34.65	34.51
5.	92	GÖLDIN Philipp Schwimmclub Aarefisch	2:11.38	572	28.54	32.76	34.88	35.20
6.	94	MITROVIC Ivan A-Club ST Savosa	2:12.78	554	29.69	33.50	34.50	35.09
7.	93	WENIGERKIND Simon SG Berner Oberland	2:13.13	550	29.07	33.76	34.07	36.23
8.	96	MUTTI Lorenzo Team Insubrika	2:19.88	474	31.72	35.71	35.67	36.78
9.	92	FEDERER Silvio Schwimmclub Meilen	2:21.90	454	30.14	34.79	37.73	39.24
10.	96	PARINI Carlos Lugano Nuoto	2:44.97	289	36.02	42.22	44.29	42.44
11.	95	ZEJNULLAHU Dren Società Nuoto Bellinzona	3:02.98	212	35.52	46.44	50.12	50.90
12.	98	NICOL Massimiliano SP Bissone	3:15.05	175	40.40	51.03	53.26	50.36

gara 20 Donne, 200m Delfino Cat. generale
Lista resulti

20.11.2010

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	94	GIACONE Chiara Rari Nantes Torino	2:23.77	592	33.57	36.45	36.71	37.04
2.	96	BERNARDI Chiara Team Insubrika	2:24.83	579	33.80	37.44	37.21	36.38
3.	97	CENA Benedetta A-Club ST Savosa	2:26.15	564	32.40	36.23	37.58	39.94
4.	96	VENEZIANI Giulia Rane Rosse Aqvasport	2:28.66	536	33.88	37.69	38.44	38.65
5.	94	ACHERMANN Kaja Schwimmclub Aarefisch	2:32.48	496	33.34	38.26	39.78	41.10
6.	95	GALLI Cecilia Lugano Nuoto	2:38.28	444	34.47	39.66	41.26	42.89
7.	97	CEHIC Mejrema Società Nuoto Bellinzona	2:39.22	436	35.31	40.69	41.87	41.35
8.	94	WEBBER Ilona SC Uster Wallisellen	2:39.77	432	35.65	40.58	41.86	41.68
9.	96	GIORGETTI Francesca Mendrisiotto Nuoto	2:49.58	361	35.48	41.87	45.71	46.52
10.	94	FEDERER Nadine Schwimmclub Meilen	2:50.42	355	34.65	40.94	45.26	49.57
11.	94	LUSENTI Jacqueline SP Bissone	2:56.99	317	36.31	46.00	48.08	46.60
12.	94	WERDER Laurence SG Berner Oberland	2:59.24	305	37.74	43.99	48.09	49.42

gara 21 Uomini, 400m Mista Cat. generale
Lista resulti

20.11.2010

Pointi: FINA 2010

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	90	DE STEFANI Alessio Rari Nantes Torino	4:31.95	664	1:02.65	1:08.92	1:15.11	1:05.27
2.	89	ESCHER Joël Schwimmclub Aarefisch	4:36.82	629	1:02.22	1:12.13	1:19.23	1:03.24
3.	94	SQUARZANTI Simone Team Insubrika	4:46.01	570	1:05.52	1:16.50	1:18.10	1:05.89
4.	93	PRANDI Mirko Rane Rosse Aqvasport	4:48.99	553	1:08.63	1:13.70	1:21.01	1:05.65
5.	94	CONTESTABILE Daniele SP Bissone	4:53.80	526	1:08.02	1:15.37	1:22.91	1:07.50
6.	96	MARZULLO Luca Mendrisiotto Nuoto	4:56.18	514	1:10.58	1:15.62	1:23.66	1:06.32
7.	94	BANDIERA Gianluca Team Insubrika	4:59.67	496	1:08.68	1:15.51	1:27.36	1:08.12
8.	95	RIEDER Jan SG Berner Oberland	5:00.21	493	1:11.47	1:15.12	1:24.50	1:09.12
9.	94	PIETRA Alessio A-Club ST Savosa	5:04.26	474	1:09.73	1:20.22	1:23.25	1:11.06
10.	93	HESS Daniel Schwimmclub Meilen	5:10.50	446	1:10.56	1:19.04	1:28.07	1:12.83
11.	95	AMBROSINI Jonas Società Nuoto Bellinzona	5:15.01	427	1:10.67	1:21.15	1:33.75	1:09.44
12.	97	FIORI Tom Lugano Nuoto	5:46.54	320	1:26.83	1:28.54	1:33.94	1:17.23

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 22 Donne, 400m Mista Cat. generale
20.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	93	Rari Nantes Torino	4:55.19	691	1:08.73	1:15.25	1:24.48	1:06.73
2.	95	Rane Rosse Aqvasport	5:03.95	633	1:07.71	1:17.16	1:28.83	1:10.25
3.	94	Team Insubrika	5:06.96	615	1:09.83	1:17.99	1:29.64	1:09.50
4.	97	A-Club ST Savosa	5:14.39	572	1:12.42	1:19.81	1:30.69	1:11.47
5.	96	Schwimmclub Aarefisch	5:31.90	486	1:15.63	1:23.31	1:36.42	1:16.54
6.	94	SG Berner Oberland	5:32.14	485	1:15.36	1:20.99	1:39.66	1:16.13
7.	96	Mendrisiotto Nuoto	5:36.48	466	1:23.01	1:20.78	1:38.28	1:14.41
8.	94	Schwimmclub Meilen	5:36.68	466	1:15.50	1:26.07	1:38.98	1:16.13
9.	97	Lugano Nuoto	5:38.26	459	1:19.29	1:24.80	1:37.04	1:17.13
10.	92	Società Nuoto Bellinzona	5:38.83	457	1:23.01	1:24.75	1:34.25	1:16.82
11.	97	SC Uster Wallisellen	5:42.26	443	1:21.90	1:27.77	1:36.62	1:15.97
12.	98	SP Bissone	6:44.20	269	1:41.45	1:40.92	1:54.11	1:27.72

gara 23 Uomini, 400m Stile Libero Cat. generale
20.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	93	Rari Nantes Torino	3:58.27	712	58.34	1:02.57	58.68	58.68
2.	89	Lugano Nuoto	3:58.44	710	57.17	1:00.14	1:00.90	1:00.23
3.	91	A-Club ST Savosa	4:03.60	666	58.22	1:02.27	1:01.49	1:01.62
4.	91	Schwimmclub Aarefisch	4:04.60	658	58.98	1:02.47	1:02.78	1:00.37
5.	92	Team Insubrika	4:08.70	626	59.47	1:03.30	1:03.75	1:02.18
6.	94	Società Nuoto Bellinzona	4:13.64	590	1:01.02	1:05.44	1:04.67	1:02.51
7.	94	Mendrisiotto Nuoto	4:14.70	582	58.95	1:04.06	1:05.71	1:05.98
8.	89	Rane Rosse Aqvasport	4:16.93	567	1:00.41	1:04.74	1:05.68	1:06.10
9.	93	Schwimmclub Meilen	4:26.05	511	1:02.23	1:06.55	1:08.63	1:08.64
10.	94	Team Insubrika	4:26.07	511	1:02.13	1:06.86	1:08.11	1:08.97
11.	91	SG Berner Oberland	4:26.96	506	1:00.38	1:07.67	1:09.76	1:09.15
12.	93	SP Bissone	4:28.22	499	1:03.04	1:07.87	1:08.61	1:08.70

gara 24 Donne, 400m Stile Libero Cat. generale
20.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	93	Rari Nantes Torino	4:26.15	687	1:03.67	1:07.68	1:07.48	1:07.32
2.	97	Team Insubrika	4:28.16	672	1:06.35	1:08.73	1:06.64	1:06.44
3.	95	Rane Rosse Aqvasport	4:33.00	637	1:06.24	1:08.78	1:09.09	1:08.89
4.	95	A-Club ST Savosa	4:33.52	633	1:05.40	1:08.94	1:10.05	1:09.13
5.	95	Mendrisiotto Nuoto	4:38.47	600	1:06.33	1:11.02	1:11.85	1:09.27
6.	88	Schwimmclub Aarefisch	4:38.51	600	1:05.86	1:11.08	1:11.85	1:09.72
7.	95	Lugano Nuoto	4:48.32	540	1:07.03	1:13.40	1:14.71	1:13.18
8.	96	SG Berner Oberland	4:48.52	539	1:08.29	1:13.51	1:15.00	1:11.72
9.	95	SC Uster Wallisellen	4:53.60	512	1:08.50	1:15.24	1:15.53	1:14.33
10.	96	Schwimmclub Meilen	4:58.28	488	1:09.98	1:15.89	1:17.13	1:15.28
11.	94	Società Nuoto Bellinzona	4:58.81	485	1:11.57	1:15.78	1:16.33	1:15.13
12.	93	SP Bissone	5:15.83	411	1:13.39	1:20.24	1:21.31	1:20.89

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 25
20.11.2010

Uomini, 50m Rana

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.
1.	91	DI LECCE Francesco	28.56	691
2.	92	ANSELMINI Lorenzo	30.63	560
3.	88	ANTOGNOLI Marco	31.39	520
4.	89	SPÖRRI Manuel	31.79	501
5.	95	GIANANDREA Alessandro	32.06	488
6.	93	GYGAX Sandro	32.83	454
7.	95	CICCONE Fabio	33.21	439
8.	91	MINOTTI Stefano	33.56	425
9.	95	PALLICH Massimiliano	33.99	409
10.	95	MANASSI Maurizio	37.39	307
11.	96	NONATS Viktor	38.52	281
12.	98	BASSI Alessandro	46.10	164

gara 26
20.11.2010

Donne, 50m Rana

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.
1.	93	ALBERGONI Daria	34.01	607
2.	97	GUERRA Silvia	34.15	599
3.	95	HUBER Silvana	34.31	591
4.	97	CASTIGLIONI Arianna	34.33	590
5.	90	BÜRGE Alexandra	34.87	563
6.	95	CHIESA Lucia	36.28	500
7.	94	SUTER Ariane	36.97	472
8.	94	LUCIBELLO Carola	37.63	448
9.	99	PETÖ Rebecca	38.05	433
10.	90	HÄDENER Marianne	38.61	415
11.	92	MANZATO Daniela	39.39	390
12.	97	ZEJNULLAHU Dafina	41.03	345

gara 27
20.11.2010

Uomini, 100m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	88	DE LUCIA Riccardo	53.19	603	26.39	26.80
2.	87	OLDRINI Nicolò	53.96	577	26.07	27.89
3.	94	BORDIGA Cristian	54.98	546	26.35	28.63
4.	90	SPITZNAGEL Patrik	55.42	533	26.53	28.89
5.	93	ARBORITANZA Mirko	56.18	511	26.68	29.50
6.	92	PLUMÉZ Jérôme	57.07	488	27.74	29.33
7.	94	PIETRA Alessio	57.47	478	27.95	29.52
8.	96	DE LORENZI Matteo	58.11	462	27.96	30.15
9.	93	KLINER Jacopo	1:00.71	405	28.01	32.70
10.	86	KELLER Nikola	1:01.65	387	28.82	32.83
squal. 10%	92	GÖLDIN Philipp	53.78	525	25.88	27.90
squal. 10%	95	MERZAGHI Fabio	1:04.95	298	31.12	33.83

203 - Movimento prima del segnale di partenza

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 28
20.11.2010

Donne, 100m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	94	FASSONE Beatrice Rari Nantes Torino	57.12	712	27.80	29.32
2.	95	DELLA BRUNA Alice A-Club ST Savosa	59.31	636	28.82	30.49
3.	92	CORTI Elena Team Insubrika	59.53	629	29.03	30.50
4.	94	REZZONICO Silvia Lugano Nuoto	1:00.47	600	29.01	31.46
5.	92	GAMUCCI Isabella Rane Rosse Aqvasport	1:00.61	596	29.36	31.25
6.	94	ACHERMANN Kaja Schwimmclub Aarefisch	1:01.67	565	29.42	32.25
7.	91	SENN Stefanie Schwimmclub Meilen	1:02.35	547	30.27	32.08
8.	94	BAMBERG Elisabeth SG Berner Oberland	1:02.79	536	29.81	32.98
9.	97	CASERINI Vanessa Mendrisiotto Nuoto	1:04.26	500	30.74	33.52
10.	94	LUSENTI Jacqueline SP Bissone	1:05.61	469	30.44	35.17
11.	94	WEBBER Ilona SC Uster Wallisellen	1:05.90	463	31.91	33.99
12.	97	FONTANA Simona Società Nuoto Bellinzona	1:08.92	405	33.28	35.64

gara 29
21.11.2010

Uomini, 50m Delfino

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.
1.	89	CANTAVENNA Fabio Rari Nantes Torino	25.49	625
2.	92	MAGRO Leandro Schwimmclub Aarefisch	26.35	566
3.	94	BRUSCHETTI Massimo A-Club ST Savosa	27.30	509
4.	93	COCCAGLIO Fabiano Rane Rosse Aqvasport	27.32	508
5.	90	SPITZNAGEL Patrik Schwimmclub Meilen	27.39	504
6.	92	MARANZANA Nicolò Team Insubrika	27.40	503
7.	93	WENIGERKIND Simon SG Berner Oberland	27.59	493
8.	94	BANDIERA Gianluca Team Insubrika	28.21	461
9.	86	KELLER Nikola Società Nuoto Bellinzona	28.78	434
10.	91	CONTESTABILE Alessandro SP Bissone	29.04	423
11.	95	MANASSI Maurizio Lugano Nuoto	33.08	286
12.	98	MOZZINI-VELLEN Andrea Società Nuoto Bellinzona	33.76	269

gara 30
21.11.2010

Donne, 50m Delfino

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.
1.	92	CORTI Elena Team Insubrika	28.86	602
2.	94	FASSONE Beatrice Rari Nantes Torino	28.90	600
3.	97	CENA Benedetta A-Club ST Savosa	30.39	516
4.	95	BAUER Julia SC Uster Wallisellen	31.06	483
5.	93	SOLAZZO Silvia Rane Rosse Aqvasport	31.07	483
6.	94	ACHERMANN Kaja Schwimmclub Aarefisch	31.64	457
7.	97	CASERINI Vanessa Mendrisiotto Nuoto	31.77	451
8.	98	GIUDICI Nina Lugano Nuoto	32.47	423
9.	90	HÄDENER Marianne SG Berner Oberland	34.71	346
10.	94	DAVID Tessa Società Nuoto Bellinzona	35.00	337
11.	94	ZIMMERMANN Anna SP Bissone	36.27	303
squal. 10%	94	SCHUMACHER Cecilia Schwimmclub Meilen	30.02	482

203 - Movimento prima del segnale di partenza

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 31
21.11.2010

Uomini, 200m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	91	Schwimmclub Aarefisch	1:53.94	663	26.39	28.76	29.63	29.16
2.	93	Rane Rosse Aqvasport	1:56.44	621	27.54	29.36	29.72	29.82
3.	94	Mendrisiotto Nuoto	1:57.60	603	27.23	29.26	30.61	30.50
4.	93	Rari Nantes Torino	1:58.25	593	28.19	28.73	30.17	31.16
5.	92	Schwimmclub Meilen	2:00.55	560	27.62	30.04	31.10	31.79
6.	91	SG Berner Oberland	2:01.81	542	28.43	30.70	31.81	30.87
7.	94	A-Club ST Savosa	2:02.80	529	29.22	31.02	31.10	31.46
8.	92	Team Insubrika	2:04.53	508	28.24	30.82	32.80	32.67
9.	95	Team Insubrika	2:04.95	502	28.91	31.51	32.37	32.16
10.	93	SP Bissone	2:06.22	487	29.35	32.00	32.07	32.80
11.	96	Società Nuoto Bellinzona	2:07.83	469	29.09	32.35	33.52	32.87
squal. 10%	96	Lugano Nuoto	2:30.01	261	32.13	36.77	39.84	41.27
<i>203 - Movimento prima del segnale di partenza</i>								

gara 32
21.11.2010

Donne, 200m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	95	A-Club ST Savosa	2:08.86	642	30.91	33.38	32.57	32.00
2.	92	Rane Rosse Aqvasport	2:10.06	624	31.01	33.23	32.83	32.99
3.	93	Team Insubrika	2:10.49	618	31.01	33.56	33.47	32.45
4.	93	Rari Nantes Torino	2:10.51	618	30.88	33.02	33.23	33.38
5.	88	Schwimmclub Aarefisch	2:13.22	581	30.89	33.68	34.40	34.25
6.	97	Società Nuoto Bellinzona	2:15.35	554	31.16	33.90	35.39	34.90
7.	96	SG Berner Oberland	2:18.54	516	31.38	35.06	36.72	35.38
8.	96	Schwimmclub Meilen	2:21.87	481	32.06	35.89	37.41	36.51
9.	98	Lugano Nuoto	2:26.25	439	32.54	36.95	38.95	37.81
squal. 10%	95	SC Uster Wallisellen	2:15.12	501	30.93	33.82	35.22	35.15
<i>203 - Movimento prima del segnale di partenza</i>								
squal. 10%	94	SP Bissone	2:26.56	393	32.57	36.52	38.50	38.97
<i>203 - Movimento prima del segnale di partenza</i>								

gara 33
21.11.2010

Uomini, 100m Rana

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	91	Rari Nantes Torino	1:02.21	714	28.91	33.30
2.	94	Team Insubrika	1:07.59	556	32.19	35.40
3.	93	Rane Rosse Aqvasport	1:07.79	552	32.23	35.56
4.	95	Team Insubrika	1:10.19	497	32.97	37.22
5.	89	Schwimmclub Meilen	1:11.01	480	31.96	39.05
6.	93	SG Berner Oberland	1:13.07	440	33.96	39.11
7.	95	Schwimmclub Aarefisch	1:14.70	412		
8.	97	A-Club ST Savosa	1:16.17	389		
9.	95	Società Nuoto Bellinzona	1:16.34	386		
10.	96	Società Nuoto Bellinzona	1:22.15	310		
11.	97	Lugano Nuoto	1:24.91	280		
12.	98	SP Bissone	1:36.50	191		

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 34 Donne, 100m Rana Cat. generale
21.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	97	Rari Nantes Torino	1:11.97	661	33.95	38.02
2.	93	Rane Rosse Aqvasport	1:14.78	589	34.80	39.98
3.	95	Schwimmclub Aarefisch	1:15.43	574	35.78	39.65
4.	93	Team Insubrika	1:15.51	572	35.12	40.39
5.	91	Schwimmclub Meilen	1:15.58	570	36.00	39.58
6.	95	A-Club ST Savosa	1:17.61	527	36.28	41.33
7.	94	SC Uster Wallisellen	1:23.82	418	40.37	43.45
8.	92	SG Berner Oberland	1:25.20	398	41.15	44.05
9.	97	Società Nuoto Bellinzona	1:27.43	368	41.49	45.94
10.	92	SP Bissone	1:28.25	358	40.90	47.35
11.	98	Lugano Nuoto	1:35.22	285	44.55	50.67

gara 35 Uomini, 200m Dorso Cat. generale
21.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	93	Rari Nantes Torino	2:02.19	654	28.97	30.90	31.09	31.23
2.	93	Rane Rosse Aqvasport	2:08.05	569	29.32	32.22	33.35	33.16
3.	93	Schwimmclub Aarefisch	2:16.34	471	31.14	34.42	35.76	35.02
4.	94	Team Insubrika	2:17.55	459	32.78	34.79	35.57	34.41
5.	94	A-Club ST Savosa	2:17.93	455	33.11	34.48	34.95	35.39
6.	96	Mendrisiotto Nuoto	2:20.52	430	32.93	34.76	36.01	36.82
7.	95	SG Berner Oberland	2:20.75	428	32.52	34.57	36.80	36.86
8.	93	Schwimmclub Meilen	2:21.53	421	32.87	35.12	36.33	37.21
9.	95	Team Insubrika	2:26.35	381	32.36	36.79	38.76	38.44
10.	97	Società Nuoto Bellinzona	2:32.61	336	35.65	38.99	39.62	38.35
11.	95	SP Bissone	2:39.78	292	37.82	39.38	41.92	40.66
12.	98	Lugano Nuoto	3:07.17	182	41.81	46.82	49.82	48.72

gara 36 Donne, 200m Dorso Cat. generale
21.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	94	Società Nuoto Bellinzona	2:22.02	605	33.80	35.84	36.26	36.12
2.	91	Rari Nantes Torino	2:25.68	561	35.10	36.14	37.52	36.92
3.	94	SC Uster Wallisellen	2:26.25	554	35.06	36.59	37.49	37.11
4.	94	Schwimmclub Meilen	2:26.36	553	33.25	36.54	38.57	38.00
5.	93	Schwimmclub Aarefisch	2:27.33	542	33.75	36.92	38.77	37.89
6.	93	Rane Rosse Aqvasport	2:28.19	533	35.44	37.19	37.38	38.18
7.	95	A-Club ST Savosa	2:28.63	528	35.51	36.88	38.45	37.79
8.	93	Team Insubrika	2:29.78	516	35.19	36.52	38.75	39.32
9.	96	Mendrisiotto Nuoto	2:35.46	461	36.91	39.01	40.40	39.14
10.	95	SG Berner Oberland	2:41.72	410	37.05	41.00	42.50	41.17
11.	96	SP Bissone	2:58.95	302	42.54	45.14	45.89	45.38
12.	98	Lugano Nuoto	3:02.07	287	42.78	46.04	47.15	46.10

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 37 Uomini, 100m Delfino Cat. generale
21.11.2010 Lista risultati

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	89	Rari Nantes Torino	56.50	631	26.77	29.73
2.	92	Schwimmclub Aarefisch	58.10	580	27.05	31.05
3.	93	Rane Rosse Aqvasport	58.87	558	28.01	30.86
4.	92	Team Insubrika	1:00.20	522	28.66	31.54
5.	94	A-Club ST Savosa	1:00.40	517	28.12	32.28
6.	90	Schwimmclub Meilen	1:01.68	485	28.32	33.36
7.	94	Team Insubrika	1:02.77	460	29.05	33.72
8.	93	SG Berner Oberland	1:02.85	458	29.02	33.83
9.	95	Società Nuoto Bellinzona	1:07.94	363	31.48	36.46
10.	96	Mendrisiotto Nuoto	1:08.21	359	31.86	36.35
11.	96	Lugano Nuoto	1:13.33	288	33.83	39.50
12.	97	SP Bissone	1:21.21	212	37.58	43.63

gara 38 Donne, 100m Delfino Cat. generale
21.11.2010 Lista risultati

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	94	Rari Nantes Torino	1:03.53	650	30.28	33.25
2.	92	Team Insubrika	1:04.65	617	30.01	34.64
3.	95	Rane Rosse Aqvasport	1:06.65	563	31.28	35.37
4.	94	A-Club ST Savosa	1:09.11	505	32.50	36.61
5.	94	Schwimmclub Aarefisch	1:09.98	486	32.23	37.75
6.	96	SG Berner Oberland	1:13.48	420	34.01	39.47
7.	94	Schwimmclub Meilen	1:13.56	419	33.53	40.03
8.	96	Mendrisiotto Nuoto	1:15.14	393	34.27	40.87
9.	94	SC Uster Wallisellen	1:15.43	388	35.45	39.98
10.	92	Società Nuoto Bellinzona	1:20.76	316	38.07	42.69
11.	98	Lugano Nuoto	1:23.53	286	39.22	44.31
12.	94	SP Bissone	1:30.96	221	42.21	48.75

gara 39 Uomini, 200m Mista Cat. generale
21.11.2010 Lista risultati

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	91	Rari Nantes Torino	2:06.88	679	27.27	34.34	35.79	29.48
2.	92	Team Insubrika	2:11.32	612	29.51	35.50	36.54	29.77
3.	94	Schwimmclub Meilen	2:13.13	588	28.95	36.86	35.56	31.76
4.	93	Rane Rosse Aqvasport	2:17.18	537	30.65	35.44	39.27	31.82
5.	91	SG Berner Oberland	2:17.50	533	31.02	35.02	39.70	31.76
6.	92	Schwimmclub Aarefisch	2:18.61	521	28.99	35.92	41.20	32.50
7.	96	Team Insubrika	2:19.37	512	29.78	35.92	41.36	32.31
8.	94	SP Bissone	2:22.19	482	30.82	36.56	41.69	33.12
9.	95	Società Nuoto Bellinzona	2:24.30	461	32.04	36.31	43.11	32.84
10.	97	A-Club ST Savosa	2:36.42	362	35.02	41.87	42.16	37.37
11.	96	Lugano Nuoto	2:51.84	273	36.44	41.79	49.06	44.55
12.	95	Società Nuoto Bellinzona	2:53.81	264	40.32	47.02	47.66	38.81

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 40 Donne, 200m Mista Cat. generale
21.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m	
1.	D'AMATO Claudia	94	Rari Nantes Torino	2:20.35	699	30.47	35.61	41.95	32.32
2.	FILIPPINETTI Claudia	94	Team Insubrika	2:24.97	634	31.44	36.78	42.85	33.90
3.	SCHWERZMANN F.	95	Schwimmclub Aarefisch	2:27.31	605	32.06	38.19	42.10	34.96
4.	CENA Benedetta	97	A-Club ST Savosa	2:29.30	581	31.15	38.39	45.01	34.75
5.	SUTER Ariane	94	Schwimmclub Meilen	2:31.03	561	32.52	39.61	42.72	36.18
6.	LAZHAR Fathima Daniela	95	Rane Rosse Aqvasport	2:32.17	548	33.66	37.42	45.88	35.21
7.	CHIESA Lucia	95	Mendrisiotto Nuoto	2:34.63	523	32.73	40.94	42.75	38.21
8.	ZUECK Patrizia	95	SC Uster Wallisellen	2:36.34	506	32.97	38.57	49.10	35.70
9.	CEHIC Mejrema	97	Società Nuoto Bellinzona	2:37.28	497	34.92	39.47	47.71	35.18
10.	WERDER Laurence	94	SG Berner Oberland	2:53.24	372	36.24	43.02	51.74	42.24
11.	ZIMMERMANN Anna	94	SP Bissone	2:55.15	360	37.63	44.14	51.92	41.46
12.	DENTI Martina	98	Lugano Nuoto	2:57.32	346	40.83	46.00	48.30	42.19

gara 41 Uomini, 400m Stile Libero Cat. generale
21.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	100m	200m	300m	400m	
1.	DE LUCIA Riccardo	88	Rari Nantes Torino	3:55.92	733	59.14	59.55	59.59	57.64
2.	ESCHER Joël	89	Schwimmclub Aarefisch	4:04.36	660	58.82	1:00.69	1:02.53	1:02.32
3.	BORDIGA Cristian	94	Rane Rosse Aqvasport	4:08.66	626	59.51	1:03.04	1:03.15	1:02.96
4.	PEREGO Stefano	88	Team Insubrika	4:11.03	608	1:00.12	1:03.01	1:04.24	1:03.66
5.	GALLAZZI Mirko	95	Team Insubrika	4:16.92	567	1:01.39	1:05.31		
6.	PIETRA Alessio	94	A-Club ST Savosa	4:22.46	532	1:01.70	1:04.97	1:07.97	1:07.82
7.	KELLER Thomas	90	Schwimmclub Meilen	4:24.58	520	1:01.33	1:07.44	1:08.29	1:07.52
8.	PLUMEZ Jérôme	92	SG Berner Oberland	4:25.15	516	1:01.81	1:07.70	1:08.05	1:07.59
9.	MARZULLO Luca	96	Mendrisiotto Nuoto	4:26.78	507	1:03.88	1:07.94	1:08.47	1:06.49
10.	PERIC Stefan	96	Società Nuoto Bellinzona	4:33.95	468	1:04.15	1:10.18	1:10.75	1:08.87
11.	JELMINI Nicola	96	Lugano Nuoto	4:48.40	401	1:06.68	1:14.59	1:14.74	1:12.39
12.	NICOL Massimiliano	98	SP Bissone	5:23.10	285	1:18.72	1:22.43	1:22.04	1:19.91

gara 42 Donne, 400m Stile Libero Cat. generale
21.11.2010 Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	100m	200m	300m	400m	
1.	GIACONE Chiara	94	Rari Nantes Torino	4:24.60	699	1:04.64	1:06.39	1:07.49	1:06.08
2.	ANTOGNOLI Giulia	93	Team Insubrika	4:29.76	660	1:05.82	1:07.98	1:08.38	1:07.58
3.	AIRAGHI Maria	94	Società Nuoto Bellinzona	4:30.04	658	1:04.70	1:08.67	1:09.85	1:06.82
4.	DELLA BRUNA Alice	95	A-Club ST Savosa	4:33.94	630	1:07.21	1:09.87	1:09.12	1:07.74
5.	MARENGO Sara	96	Rane Rosse Aqvasport	4:37.76	604	1:06.99	1:09.98	1:10.78	1:10.01
6.	HERI Laura	93	Schwimmclub Aarefisch	4:39.68	592	1:05.94	1:10.88	1:11.65	1:11.21
7.	MERONI Andrea	96	Mendrisiotto Nuoto	4:43.39	569	1:08.43	1:12.01	1:12.02	1:10.93
8.	BAMBERG Elisabeth	94	SG Berner Oberland	4:55.02	504	1:09.22	1:15.25	1:15.47	1:15.08
9.	BERTARELLI Natalie	97	Lugano Nuoto	4:55.79	500				
10.	EBERHART Nadia	97	SC Uster Wallisellen	4:56.67	496	1:10.97	1:15.72	1:15.79	1:14.19
11.	KECK Miriam	93	Schwimmclub Meilen	5:04.75	458	1:08.96	1:16.20	1:19.86	1:19.73
12.	CAGGIULA Alessia	96	SP Bissone	5:34.84	345	1:18.25	1:26.23	1:26.88	1:23.48

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 43
21.11.2010

Uomini, 200m Rana

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	90	DE STEFANI Alessio	2:22.47	607	32.22	36.30	37.33	36.62
2.	94	SQUARZANTI Simone	2:25.88	565	33.06	36.70	37.72	38.40
3.	92	ANSELMI Lorenzo	2:33.13	489	32.77	37.90	40.10	42.36
4.	89	SPÖRRI Manuel	2:37.98	445	35.15	40.76	41.38	40.69
5.	95	LOFRANO Mattia	2:38.08	444	34.43	39.42	41.80	42.43
6.	95	CICCONI Fabio	2:39.97	429	34.64	40.31	41.89	43.13
7.	95	PALLICH Massimiliano	2:51.67	347	35.59	41.34	45.65	49.09
8.	96	NONATS Viktor	2:57.43	314	38.89	44.60	46.77	47.17
9.	97	FIORI Tom	3:02.29	290	42.22	46.52	47.25	46.30
10.	95	ZEJNULLAHU Dren	3:06.90	269	42.18	47.82	48.75	48.15
11.	98	BASSI Alessandro	3:29.51	191	47.96	53.57	53.78	54.20
squal. 10%	93	GYGAX Sandro	2:38.21	399	35.89	41.64	40.23	40.45

303 - Tocco non simultaneo con le due mani

gara 44
21.11.2010

Donne, 200m Rana

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	91	SENN Stefanie	2:41.09	582	36.70	40.52	41.78	42.09
2.	90	BÜRGE Alexandra	2:41.86	574	36.81	40.72	42.34	41.99
3.	95	SCHWERZMANN F.	2:45.30	539	37.56	41.75	42.98	43.01
4.	95	CROVETTO Adriana	2:47.83	515	38.50	42.96	43.14	43.23
5.	91	FINI Alessandra	2:49.46	500	39.48	42.72	43.62	43.64
6.	93	CREMONESI Jasmine	2:50.66	490	38.64	42.45	44.47	45.10
7.	90	HÄDENER Marianne	3:03.01	397	40.36	46.12	48.12	48.41
8.	99	PETÖ Rebecca	3:03.85	392	40.89	45.92	47.92	49.12
9.	97	ZEJNULLAHU Dafina	3:08.64	363	42.92	48.64	49.71	47.37
10.	96	WALKER Anna	3:16.63	320	44.28	49.25	51.26	51.84
11.	97	SPELLINI Isabella	3:29.30	265	45.49	54.33	55.17	54.31
squal. 10%	93	ALBERGONI Daria	2:41.08	525	35.86	40.51	41.88	42.83

303 - Tocco non simultaneo con le due mani

gara 45
21.11.2010

Uomini, 100m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	91	GILARDI Federico	56.55	648	27.21	29.34
2.	93	VILLA Luca	57.27	624	27.56	29.71
3.	92	GÖLDIN Philipp	1:00.00	542	28.91	31.09
4.	93	SCHNEGG Pascal	1:01.45	505	29.57	31.88
5.	92	FEDERER Silvio	1:01.67	499	30.19	31.48
6.	94	POZZI Giancarlo	1:04.70	432	32.19	32.51
7.	95	CEHIC Amar	1:05.01	426	31.71	33.30
8.	93	SERENA Tommaso	1:05.04	426	31.10	33.94
9.	93	GABUTTI Filippo	1:05.26	421	31.61	33.65
10.	97	ERKELENS Dario	1:13.52	294	36.24	37.28
11.	95	PALLICH Massimiliano	1:14.02	289	35.92	38.10
12.	96	BERNASCONI Tommaso	1:19.54	232	38.87	40.67

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 46
21.11.2010

Donne, 100m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m
1.	94	AUDASSO Erika Rane Rosse Aqvasport	1:07.87	538	32.85	35.02
2.	97	CASTIGLIONI Arianna Team Insubrika	1:08.46	525	33.56	34.90
3.	94	EBERHART Jessica SC Uster Wallisellen	1:09.28	506	34.10	35.18
4.	97	ZOLLINGER Chiara A-Club ST Savosa	1:10.53	480	34.54	35.99
5.	96	OSKAM Aileen Schwimmclub Aarefisch	1:11.69	457	34.70	36.99
6.	93	BRUNOFRANCO Sara Rari Nantes Torino	1:12.08	449	34.01	38.07
7.	96	DE MATTEIS Laura Società Nuoto Bellinzona	1:14.16	413	36.34	37.82
8.	96	DOMENIG Livia Sang Wha Schwimmclub Meilen	1:14.34	410	36.43	37.91
9.	95	BLATTER Cheyenne SG Berner Oberland	1:17.40	363	37.38	40.02
10.	96	GIORGETTI Francesca Mendrisiotto Nuoto	1:17.72	358	38.27	39.45
11.	94	RIGAZZI Giorgia SP Bissone	1:23.73	286	40.96	42.77
12.	98	STOLZ Amina Lugano Nuoto	1:28.49	243	43.70	44.79

gara 47
21.11.2010

Uomini, 200m Delfino

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	92	MAGRO Leandro Schwimmclub Aarefisch	2:08.48	612	28.10	34.01	33.74	32.63
2.	93	DE PASQUALE Paolo Rari Nantes Torino	2:09.97	591	29.86	33.46	33.66	32.99
3.	92	PEREGO Davide Team Insubrika	2:14.64	532	30.68	34.03	34.69	35.24
4.	95	PALMISANO Alessandro Rane Rosse Aqvasport	2:16.12	515	30.73	35.55	35.21	34.63
5.	94	BRUSCHETTI Massimo A-Club ST Savosa	2:17.17	503	30.58	34.97	35.74	35.88
6.	89	MANSER Fabian Schwimmclub Meilen	2:22.46	449	30.30	35.52	37.67	38.97
7.	95	GIANANDREA A. Team Insubrika	2:22.62	447	31.08	36.39	37.92	37.23
8.	95	RIEDER Jan SG Berner Oberland	2:26.74	411	32.09	37.26	38.33	39.06
9.	95	AMBROSINI Jonas Società Nuoto Bellinzona	2:27.46	405	32.61	37.66	38.59	38.60
10.	95	MANASSI Maurizio Lugano Nuoto	2:50.57	261	35.13	41.17	45.34	48.93
11.	97	RIGAZZI Gianluca SP Bissone	3:13.51	179	42.10	50.04	51.42	49.95

gara 48
21.11.2010

Donne, 200m Delfino

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	94	FASSONE Beatrice Rari Nantes Torino	2:20.97	628	32.22	35.39	36.23	37.13
2.	95	CECCATO Alice Rane Rosse Aqvasport	2:21.35	623	32.41	35.73	36.58	36.63
3.	94	CAVO Annalaura Team Insubrika	2:24.55	583	33.10	36.30	37.19	37.96
4.	95	HUBER Silvana Schwimmclub Aarefisch	2:28.42	538	32.81	37.65	38.86	39.10
5.	94	LUCIBELLO Carola A-Club ST Savosa	2:31.65	505	33.71	37.69	39.78	40.47
6.	95	CHIESA Lucia Mendrisiotto Nuoto	2:33.70	485	34.53	38.98	39.50	40.69
7.	95	BAUER Julia SC Uster Wallisellen	2:34.56	477	32.13	38.77	41.82	41.84
8.	96	HIRSCHI Stephanie SG Berner Oberland	2:40.59	425	35.15	41.83	42.97	40.64
9.	94	COTTIER Elise Schwimmclub Meilen	2:40.76	424	36.31	39.85	41.71	42.89
10.	94	DAVID Tessa Società Nuoto Bellinzona	2:43.79	400	36.90	41.37	43.40	42.12
11.	98	ERMANI Elena SP Bissone	3:35.82	175	48.50	53.94	56.83	56.55
squal. 10%	98	GIUDICI Annamaria Lugano Nuoto	2:44.79	354	34.47	42.05	44.64	43.63

204 - Partenza prima del segnale di partenza

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 49
21.11.2010

Uomini, 400m Mista

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	100m	200m	300m	400m	
1.	93	PANCARI Luca	Rari Nantes Torino	4:34.04	649	1:01.63	1:09.20	1:22.64	1:00.57
2.	94	ROMAGNOLI Valerio	Schwimmclub Meilen	4:42.35	593	1:03.97	1:16.48	1:15.69	1:06.21
3.	92	TOIA Giacomo	Team Insubrika	4:44.10	582	1:05.52	1:17.55	1:20.04	1:00.99
4.	93	FEBO Christopher	Rane Rosse Aqvasport	4:46.64	567	1:04.42	1:14.35	1:20.49	1:07.38
5.	92	ESCHER Oliver	Schwimmclub Aarefisch	4:50.38	545	1:03.64	1:13.75	1:24.74	1:08.25
6.	91	RIEDER Reto	SG Berner Oberland	4:52.02	536	1:08.38	1:13.17	1:23.03	1:07.44
7.	96	DAL BO' Luca	Team Insubrika	4:54.66	522	1:08.42	1:14.46	1:25.15	1:06.63
8.	96	DE LORENZI Matteo	Mendrisiotto Nuoto	5:05.42	468	1:11.64	1:16.87	1:27.33	1:09.58
9.	91	MINOTTI Stefano	Società Nuoto Bellinzona	5:09.22	451	1:10.23	1:22.41	1:25.82	1:10.76
10.	93	GABUTTI Filippo	SP Bissone	5:20.11	407	1:14.30	1:21.12	1:33.41	1:11.28
11.	96	PARINI Carlos	Lugano Nuoto	5:39.13	342	1:17.16	1:29.09	1:37.70	1:15.18
squal. 10%	94	MITROVIC Ivan	A-Club ST Savosa	4:40.88	542	1:04.83	1:10.71	1:19.02	1:06.32

203 - Movimento prima del segnale di partenza

gara 50
21.11.2010

Donne, 400m Mista

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	100m	200m	300m	400m	
1.	94	BARBIERI Alice	Rari Nantes Torino	4:52.47	711	1:07.45	1:12.97	1:24.11	1:07.94
2.	94	FILIPPINETTI Claudia	Team Insubrika	5:07.29	613	1:09.91	1:18.67	1:28.10	1:10.61
3.	93	HERI Laura	Schwimmclub Aarefisch	5:13.68	576	1:10.72	1:16.89	1:33.89	1:12.18
4.	94	AIRAGHI Maria	Società Nuoto Bellinzona	5:13.72	576	1:13.06	1:16.78	1:35.78	1:08.10
5.	95	CODA Claudia	A-Club ST Savosa	5:17.50	555	1:11.15	1:17.96	1:37.53	1:10.86
6.	95	LAZHAR Fathima Daniela	Rane Rosse Aqvasport	5:18.18	552	1:12.83	1:18.62	1:34.69	1:12.04
7.	95	ZUECK Patrizia	SC Uster Wallisellen	5:28.45	502	1:15.45	1:20.16	1:39.00	1:13.84
8.	94	SUTER Ariane	Schwimmclub Meilen	5:30.16	494	1:14.71	1:29.34	1:31.07	1:15.04
9.	96	GIORGETTI Francesca	Mendrisiotto Nuoto	5:37.64	462	1:18.28	1:26.57	1:38.18	1:14.61
10.	97	KOCH Scilla	Lugano Nuoto	5:57.24	390	1:22.85	1:31.86	1:40.31	1:22.22
11.	94	LUSENTI Jacqueline	SP Bissone	6:01.23	377	1:21.97	1:36.02	1:44.53	1:18.71
squal. 10%	92	OSSOLA Natalie	SG Berner Oberland	5:45.69	387	1:20.53	1:26.27	1:42.13	1:16.76

203 - Movimento prima del segnale di partenza

gara 51
21.11.2010

Uomini, 50m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An		Tempo	Pt.	
1.	91	GILARDI Federico	Rari Nantes Torino	26.89	594
2.	93	VILLA Luca	Rane Rosse Aqvasport	28.00	526
3.	89	ANNIGHÖFER Nils	Schwimmclub Meilen	28.22	514
4.	93	HOCHULI Pascal	Schwimmclub Aarefisch	28.74	486
5.	92	PEREGO Davide	Team Insubrika	28.98	474
6.	93	WENIGERKIND Simon	SG Berner Oberland	30.50	407
7.	93	SERENA Tommaso	Team Insubrika	30.63	402
8.	91	CONTESTABILE Alessandro	SP Bissone	31.71	362
9.	86	KELLER Nikola	Società Nuoto Bellinzona	33.74	300
10.	97	ERKELENS Dario	Mendrisiotto Nuoto	33.91	296
11.	97	NARDELLI Samuel	A-Club ST Savosa	34.35	285
12.	98	LEVIC' Dino	Lugano Nuoto	39.34	189

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 52
21.11.2010

Donne, 50m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An	Tempo	Pt.
1. CROVETTO Adriana	95 A-Club ST Savosa	30.18	617
2. FINI Alessandra	91 Rari Nantes Torino	31.09	564
3. SOLAZZO Silvia	93 Rane Rosse Aqvasport	31.68	533
4. MERONI Andrea	96 Mendrisiotto Nuoto	31.87	524
5. CASTIGLIONI Arianna	97 Team Insubrika	32.17	509
6. BÜRGE Alexandra	90 SC Uster Wallisellen	33.09	468
7. OSKAM Aileen	96 Schwimmclub Aarefisch	33.78	440
8. GIUDICI Nina	98 Lugano Nuoto	33.98	432
9. DOMENIG Livia Sang Wha	96 Schwimmclub Meilen	34.84	401
10. BLATTER Cheyenne	95 SG Berner Oberland	36.83	339
11. FONTANA Simona	97 Società Nuoto Bellinzona	38.25	303
12. RIGAZZI Giorgia	94 SP Bissone	39.02	285

gara 53
21.11.2010

Uomini, 1500m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An	Tempo	Pt.
1. DE LUCIA Riccardo	88 Rari Nantes Torino	15:53.27	709
100m: 1:04.43 1:04.43	500m: 5:26.03 1:05.52	900m: 9:40.12 1:03.50	1300m: 13:50.69 1:02.07
200m: 2:09.66 1:05.23	600m: 6:30.71 1:04.68	1000m: 10:43.54 1:03.42	1400m: 14:53.35 1:02.66
300m: 3:15.12 1:05.46	700m: 7:33.36 1:02.65	1100m: 11:45.58 1:02.04	1500m: 15:53.27 59.92
400m: 4:20.51 1:05.39	800m: 8:36.62 1:03.26	1200m: 12:48.62 1:03.04	
2. ESCHER Joël	89 Schwimmclub Aarefisch	16:02.66	688
100m: 1:03.85 1:03.85	500m: 5:25.85 1:05.20	900m: 9:41.50 1:03.61	1300m: 13:55.30 1:03.55
200m: 2:10.13 1:06.28	600m: 6:31.23 1:05.38	1000m: 10:45.23 1:03.73	1400m: 14:59.48 1:04.18
300m: 3:15.35 1:05.22	700m: 7:34.30 1:03.07	1100m: 11:48.39 1:03.16	1500m: 16:02.66 1:03.18
400m: 4:20.65 1:05.30	800m: 8:37.89 1:03.59	1200m: 12:51.75 1:03.36	
3. PEREGO Stefano	88 Team Insubrika	16:32.50	628
100m: 1:04.97 1:04.97	500m: 5:33.61 1:07.13	900m: 9:58.61 1:06.09	1300m: 14:22.51 1:06.29
200m: 2:12.17 1:07.20	600m: 6:40.25 1:06.64	1000m: 11:04.38 1:05.77	1400m: 15:28.52 1:06.01
300m: 3:19.31 1:07.14	700m: 7:46.26 1:06.01	1100m: 11:58.73 54.35	1500m: 16:32.50 1:03.98
400m: 4:26.48 1:07.17	800m: 8:52.52 1:06.26	1200m: 13:16.22 1:17.49	
4. REZZONICO Carlo	94 Mendrisiotto Nuoto	16:41.04	612
100m: 1:04.29 1:04.29	500m: 5:34.74 1:07.52	900m: 10:05.19 1:07.81	1300m: 14:30.96 1:06.41
200m: 2:12.11 1:07.82	600m: 6:42.41 1:07.67	1000m: 11:11.92 1:06.73	1400m: 15:36.84 1:05.88
300m: 3:19.68 1:07.57	700m: 7:49.92 1:07.51	1100m: 12:18.35 1:06.43	1500m: 16:41.04 1:04.20
400m: 4:27.22 1:07.54	800m: 8:57.38 1:07.46	1200m: 13:24.55 1:06.20	
5. GALLAZZI Mirko	95 Team Insubrika	16:46.76	602
100m: 1:04.38 1:04.38	500m: 5:34.75 1:07.80	900m: 10:03.99 1:07.36	1300m: 14:33.60 1:07.18
200m: 2:11.75 1:07.37	600m: 6:42.92 1:08.17	1000m: 10:59.61 55.62	1400m: 15:41.41 1:07.81
300m: 3:18.95 1:07.20	700m: 7:50.24 1:07.32	1100m: 12:18.56 1:18.95	1500m: 16:46.76 1:05.35
400m: 4:26.95 1:08.00	800m: 8:56.63 1:06.39	1200m: 13:26.42 1:07.86	
6. PRANDI Mirko	93 Rane Rosse Aqvasport	16:51.30	593
100m: 1:04.77 1:04.77	500m: 5:34.58 1:07.79	900m: 10:06.24 1:07.90	1300m: 14:37.87 1:07.98
200m: 2:11.98 1:07.21	600m: 6:42.96 1:08.38	1000m: 11:14.09 1:07.85	1400m: 15:45.75 1:07.88
300m: 3:18.83 1:06.85	700m: 7:50.59 1:07.63	1100m: 12:22.13 1:08.04	1500m: 16:51.30 1:05.55
400m: 4:26.79 1:07.96	800m: 8:58.34 1:07.75	1200m: 13:29.89 1:07.76	
7. CONTESTABILE Daniele	94 SP Bissone	17:22.19	542
100m: 1:06.49 1:06.49	500m: 5:45.20 1:09.27	900m: 10:24.60 1:09.77	1300m: 15:04.69 1:10.20
200m: 2:15.89 1:09.40	600m: 6:54.73 1:09.53	1000m: 11:34.92 1:10.32	1400m: 16:14.20 1:09.51
300m: 3:25.52 1:09.63	700m: 8:05.16 1:10.43	1100m: 12:44.37 1:09.45	1500m: 17:22.19 1:07.99
400m: 4:35.93 1:10.41	800m: 9:14.83 1:09.67	1200m: 13:54.49 1:10.12	

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 53, Uomini, 1500m Stile Libero, Cat. generale

Rango			An					Tempo	Pt.
8.	AMBROSINI Jonas		95	Società Nuoto Bellinzona				17:36.45	521
	100m:	1:05.02 1:05.02	500m:	5:47.73 1:11.69	900m:	10:34.29 1:11.36	1300m:	15:19.45 1:11.01	
	200m:	2:14.51 1:09.49	600m:	6:59.58 1:11.85	1000m:	11:45.16 1:10.87	1400m:	16:30.30 1:10.85	
	300m:	3:24.99 1:10.48	700m:	8:11.25 1:11.67	1100m:	12:56.56 1:11.40	1500m:	17:36.45 1:06.15	
	400m:	4:36.04 1:11.05	800m:	9:22.93 1:11.68	1200m:	14:08.44 1:11.88			
9.	PLUMEZ Jérôme		92	SG Berner Oberland				17:37.62	519
	100m:	1:05.83 1:05.83	500m:	5:48.20 1:11.25	900m:	10:33.91 1:11.55	1300m:	15:19.39 1:11.09	
	200m:	2:15.72 1:09.89	600m:	6:59.27 1:11.07	1000m:	11:45.24 1:11.33	1400m:	16:30.32 1:10.93	
	300m:	3:26.15 1:10.43	700m:	8:10.83 1:11.56	1100m:	12:56.88 1:11.64	1500m:	17:37.62 1:07.30	
	400m:	4:36.95 1:10.80	800m:	9:22.36 1:11.53	1200m:	14:08.30 1:11.42			
10.	SIGNORELL Nicolas		93	Schwimmclub Meilen				17:49.34	502
	100m:	1:05.03 1:05.03	500m:	5:47.82 1:11.05	900m:	10:35.11 1:12.40	1300m:	15:24.72 1:12.51	
	200m:	2:14.54 1:09.51	600m:	6:59.59 1:11.77	1000m:	11:46.63 1:11.52	1400m:	16:37.81 1:13.09	
	300m:	3:25.43 1:10.89	700m:	8:11.11 1:11.52	1100m:	12:59.34 1:12.71	1500m:	17:49.34 1:11.53	
	400m:	4:36.77 1:11.34	800m:	9:22.71 1:11.60	1200m:	14:12.21 1:12.87			
11.	MOZZINI-VELLEN Luca		97	Società Nuoto Bellinzona				18:27.81	451
	100m:	1:10.56 1:10.56	500m:	6:08.57 1:15.30	900m:	11:06.11 1:13.95	1300m:	16:00.93 1:13.86	
	200m:	2:24.50 1:13.94	600m:	7:23.82 1:15.25	1000m:	12:19.84 1:13.73	1400m:	17:15.75 1:14.82	
	300m:	3:38.98 1:14.48	700m:	8:38.09 1:14.27	1100m:	13:33.49 1:13.65	1500m:	18:27.81 1:12.06	
	400m:	4:53.27 1:14.29	800m:	9:52.16 1:14.07	1200m:	14:47.07 1:13.58			
12.	JELMINI Nicola		96	Lugano Nuoto				18:29.67	449
	100m:	1:09.73 1:09.73	500m:	6:05.98 1:14.21	900m:	11:04.93 1:15.15	1300m:	16:04.97 1:14.46	
	200m:	2:24.12 1:14.39	600m:	7:20.29 1:14.31	1000m:	12:20.34 1:15.41	1400m:	17:18.92 1:13.95	
	300m:	3:37.94 1:13.82	700m:	8:34.90 1:14.61	1100m:	13:35.68 1:15.34	1500m:	18:29.67 1:10.75	
	400m:	4:51.77 1:13.83	800m:	9:49.78 1:14.88	1200m:	14:50.51 1:14.83			

gara 54
21.11.2010

Donne, 800m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango			An					Tempo	Pt.
1.	GIACONE Chiara		94	Rari Nantes Torino				8:49.82	764
	100m:	1:05.68 1:05.68	300m:	3:18.82 1:06.49	500m:	5:32.48 1:06.79	700m:	7:45.92 1:06.77	
	200m:	2:12.33 1:06.65	400m:	4:25.69 1:06.87	600m:	6:39.15 1:06.67	800m:	8:49.82 1:03.90	
2.	ANTOGNOLI Giulia		93	Team Insubrika				9:22.65	638
	100m:	1:07.62 1:07.62	300m:	3:29.22 1:10.72	500m:	5:50.31 1:10.35	700m:	8:12.25 1:10.76	
	200m:	2:18.50 1:10.88	400m:	4:39.96 1:10.74	600m:	7:01.49 1:11.18	800m:	9:22.65 1:10.40	
3.	MARENGO Sara		96	Rane Rosse Aqvasport				9:23.99	634
	100m:	1:07.56 1:07.56	300m:	3:30.30 1:11.46	500m:	5:53.38 1:11.14	700m:	8:14.63 1:10.02	
	200m:	2:18.84 1:11.28	400m:	4:42.24 1:11.94	600m:	7:04.61 1:11.23	800m:	9:23.99 1:09.36	
4.	CODA Claudia		95	A-Club ST Savosa				9:27.00	624
	100m:	1:08.75 1:08.75	300m:	3:33.30 1:12.45	500m:	5:55.07 1:10.43	700m:	8:17.06 1:10.69	
	200m:	2:20.85 1:12.10	400m:	4:44.64 1:11.34	600m:	7:06.37 1:11.30	800m:	9:27.00 1:09.94	
5.	SCHNETZLER Rahel		88	Schwimmclub Aarefisch				9:36.05	595
	100m:	1:06.87 1:06.87	300m:	3:31.29 1:12.60	500m:	5:57.95 1:13.25	700m:	8:24.44 1:13.06	
	200m:	2:18.69 1:11.82	400m:	4:44.70 1:13.41	600m:	7:11.38 1:13.43	800m:	9:36.05 1:11.61	
6.	CEHIC Mejrema		97	Società Nuoto Bellinzona				9:46.71	563
	100m:	1:09.49 1:09.49	300m:	3:37.39 1:14.32	500m:	6:05.90 1:14.34	700m:	8:34.33 1:14.33	
	200m:	2:23.07 1:13.58	400m:	4:51.56 1:14.17	600m:	7:20.00 1:14.10	800m:	9:46.71 1:12.38	
7.	EBERHART Nadia		97	SC Uster Wallisellen				10:06.57	509
	100m:	1:08.41 1:08.41	300m:	3:44.83 1:16.53	500m:	6:18.34 1:16.82	700m:	8:52.82 1:17.30	
	200m:	2:28.30 1:19.89	400m:	5:01.52 1:16.69	600m:	7:35.52 1:17.18	800m:	10:06.57 1:13.75	
8.	BAMBERG Elisabeth		94	SG Berner Oberland				10:06.77	509
	100m:	1:10.13 1:10.13	300m:	3:42.62 1:16.36	500m:	6:18.48 1:18.51	700m:	8:53.30 1:17.07	
	200m:	2:26.26 1:16.13	400m:	4:59.97 1:17.35	600m:	7:36.23 1:17.75	800m:	10:06.77 1:13.47	

VM-Promotion (11. Bellinzona Team Trophy)
Bellinzona, 20. - 21.11.2010

gara 54, Donne, 800m Stile Libero, Cat. generale

Rango	An	Tempo	Pt.
9.	TROCHEN Ashanti 100m: 1:11.03 1:11.03 200m: 2:27.82 1:16.79	96 Lugano Nuoto 300m: 3:45.45 1:17.63 400m: 5:03.57 1:18.12	10:21.34 474 500m: 6:23.71 1:20.14 600m: 7:42.93 1:19.22 700m: 9:03.41 1:20.48 800m: 10:21.34 1:17.93
10.	FEDERER Nadine 100m: 1:11.83 1:11.83 200m: 2:30.62 1:18.79	94 Schwimmclub Meilen 300m: 3:50.33 1:19.71 400m: 5:11.56 1:21.23	10:36.63 440 500m: 6:32.89 1:21.33 600m: 7:54.82 1:21.93 700m: 9:16.58 1:21.76 800m: 10:36.63 1:20.05
11.	CASSIS Giorgia 100m: 1:13.48 1:13.48 200m: 2:33.14 1:19.66	93 SP Bissone 300m: 3:56.16 1:23.02 400m: 5:19.98 1:23.82	10:52.84 408 500m: 6:43.85 1:23.87 600m: 8:08.08 1:24.23 700m: 9:30.90 1:22.82 800m: 10:52.84 1:21.94

gara 55
21.11.2010

Uomini, 100m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An	Tempo	Pt.	50m	100m
1.	GILARDI Federico 91	Rari Nantes Torino	52.53	626	25.62 26.91
2.	STUDER Kevin 91	Schwimmclub Aarefisch	52.70	620	25.22 27.48
3.	ANNIGHÖFER Nils 89	Schwimmclub Meilen	53.29	599	25.41 27.88
4.	SCHNEGG Pascal 93	SG Berner Oberland	55.72	524	26.36 29.36
5.	MARANZANA Nicolò 92	Team Insubrika	55.96	517	26.64 29.32
6.	MITROVIC Ivan 94	A-Club ST Savosa	56.17	512	26.92 29.25
7.	LOFRANO Mattia 95	Team Insubrika	56.99	490	27.55 29.44
8.	CONTESTABILE Alessandro 91	SP Bissone	57.13	486	27.64 29.49
9.	PERIC Stefan 96	Società Nuoto Bellinzona	59.49	431	28.69 30.80
10.	GALANO Raffaello 96	Lugano Nuoto	1:06.09	314	31.84 34.25
11.	ERKELENS Dario 97	Mendrisiotto Nuoto	1:10.48	259	34.39 36.09
squal. 10%	MAURI Andrea 93	Rane Rosse Aqvasport	52.90	552	25.57 27.33

204 - Partenza prima del segnale di partenza

gara 56
21.11.2010

Donne, 100m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2010

Rango	An	Tempo	Pt.	50m	100m
1.	D'AMATO Claudia 94	Rari Nantes Torino	58.38	667	28.66 29.72
2.	SCHWERZMANN Fabienne 95	Schwimmclub Aarefisch	59.13	642	28.76 30.37
3.	SCHUMACHER Cecilia 94	Schwimmclub Meilen	1:00.40	602	28.73 31.67
4.	CENA Benedetta 97	A-Club ST Savosa	1:00.43	601	28.89 31.54
5.	FILIPPINETTI Claudia 94	Team Insubrika	1:00.82	589	29.35 31.47
6.	ALBERGONI Daria 93	Rane Rosse Aqvasport	1:01.26	577	29.22 32.04
7.	EBERHART Jessica 94	SC Uster Wallisellen	1:02.89	533	30.09 32.80
8.	MERONI Andrea 96	Mendrisiotto Nuoto	1:03.55	517	30.55 33.00
9.	OSSOLA Natalie 92	SG Berner Oberland	1:05.74	467	31.19 34.55
10.	DE MATTEIS Laura 96	Società Nuoto Bellinzona	1:05.89	463	31.77 34.12
11.	MARANI Elisa 98	Lugano Nuoto	1:07.43	432	32.01 35.42
12.	CAGGIULA Alessia 96	SP Bissone	1:12.26	351	34.35 37.91