

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 1
03.12.2011

Uomini, 200m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	93	Rane Rosse Aqvasport	1:53.60	669	27.03	28.82	29.11	28.64
2.	92	Team Insubrika Creval 1	1:55.46	637	27.39	29.05	29.43	29.59
3.	94	A-Club ST Savosa	1:58.42	590	27.56	29.38	30.66	30.82
4.	94	Lugano Nuoto 1	1:59.39	576	27.61	29.65	31.13	31.00
5.	90	Schwimmclub Meilen	2:01.31	549	27.39	30.37	31.48	32.07
6.	95	Team Insubrika Creval 2	2:01.52	546	28.50	30.86	31.50	30.66
7.	92	VfL Sindelfingen	2:01.69	544	26.78	30.19	32.18	32.54
8.	96	SN Bellinzona 1	2:02.32	536	27.67	30.79	31.97	31.89
9.	93	SG Berner Oberland	2:03.69	518	28.52	31.64	31.92	31.61
10.	96	Lugano Nuoto 2	2:09.30	453	29.29	32.27	33.87	33.87
11.	90	SN Bellinzona 2	2:09.68	449	28.39	32.20	34.59	34.50
12.	97	SP Bissone	2:17.31	379	30.46	34.99	36.16	35.70

gara 2
03.12.2011

Donne, 200m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	94	Rane Rosse Aqvasport	2:01.98	757	28.61	30.80	31.15	31.42
2.	95	SV Basel	2:08.94	640	29.34	31.98	33.13	34.49
3.	93	Team Insubrika Creval 1	2:09.20	637	30.18	32.29	33.33	33.40
4.	98	Team Insubrika Creval 2	2:12.18	594	30.63	33.34	34.39	33.82
5.	98	Lugano Nuoto 2	2:12.44	591	29.88	32.93	34.73	34.90
6.	95	Lugano Nuoto 1	2:17.06	533	32.31	35.32	35.28	34.15
7.	94	Schwimmclub Meilen	2:17.16	532	31.97	34.61	35.51	35.07
8.	98	SN Bellinzona 1	2:17.44	529	31.80	34.78	36.19	34.67
9.	97	VfL Sindelfingen	2:20.00	500	30.92	35.81	37.12	36.15
10.	94	A-Club ST Savosa	2:21.32	486	32.23	36.14	36.76	36.19
11.	93	SP Bissone	2:32.54	387	33.48	38.00	40.45	40.61

gara 3
03.12.2011

Uomini, 100m Rana

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	88	VfL Sindelfingen	1:03.87	660	29.92	33.95
2.	94	Schwimmclub Meilen	1:03.90	659	30.16	33.74
3.	92	Rane Rosse Aqvasport	1:04.82	631	30.70	34.12
4.	94	Team Insubrika Creval 1	1:05.06	624	31.18	33.88
5.	88	Team Insubrika Creval 2	1:09.16	519	32.75	36.41
6.	98	A-Club ST Savosa	1:13.37	435	34.71	38.66
7.	96	Lugano Nuoto 1	1:13.61	431	34.87	38.74
8.	91	SG Berner Oberland	1:13.90	426	34.19	39.71
9.	95	SN Bellinzona 1	1:14.59	414	35.56	39.03
10.	99	SN Bellinzona 2	1:25.38	276	39.21	46.17
11.	98	SP Bissone	1:25.73	272	40.80	44.93
12.	98	Lugano Nuoto 2	1:30.26	233	42.03	48.23

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 4
03.12.2011

Donne, 100m Rana

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	92	Rane Rosse Aqvasport	1:10.99	688	33.28	37.71
2.	97	Team Insubrika Creval 1	1:11.06	686	33.50	37.56
3.	91	Schwimmclub Meilen	1:13.85	611	35.14	38.71
4.	95	SV Basel	1:14.77	589	35.38	39.39
5.	92	Team Insubrika Creval 2	1:19.91	483	38.16	41.75
6.	99	Lugano Nuoto 2	1:20.39	474	37.39	43.00
7.	98	VfL Sindelfingen	1:22.05	446	38.50	43.55
8.	97	SN Bellinzona 1	1:26.19	384	40.85	45.34
9.	92	SP Bissone	1:28.84	351	41.52	47.32
10.	99	A-Club ST Savosa	1:30.22	335	42.77	47.45
11.	92	Lugano Nuoto 1	1:36.35	275	43.74	52.61

gara 5
03.12.2011

Uomini, 200m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	96	VfL Sindelfingen	2:05.44	605	30.22	31.69	31.22	32.31
2.	91	Team Insubrika Creval 1	2:05.57	603	29.53	32.18	32.84	31.02
3.	93	A-Club ST Savosa	2:10.91	532	30.10	33.09	34.29	33.43
4.	92	Schwimmclub Meilen	2:12.84	509	30.95	33.65	34.23	34.01
5.	95	Team Insubrika Creval 2	2:14.69	488	31.81	34.09	34.69	34.10
6.	93	SP Bissone	2:15.97	475	31.66	34.09	34.55	35.67
7.	95	SN Bellinzona 1	2:16.24	472	31.67	34.75	35.12	34.70
8.	78	SG Berner Oberland	2:20.08	434	32.05	35.73	36.39	35.91
9.	97	SN Bellinzona 2	2:22.69	411	33.49	35.50	37.21	36.49
10.	97	Lugano Nuoto 1	2:30.89	347	35.22	38.44	38.77	38.46
11.	99	Lugano Nuoto 2	2:51.35	237	40.45	43.78	44.45	42.67
squal. 10%	91	Rane Rosse Aqvasport	2:10.06	489	29.71	33.03	33.29	34.03

204 - Partenza prima del segnale di partenza

gara 6
03.12.2011

Donne, 200m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	89	Rane Rosse Aqvasport	2:17.52	667	31.92	34.87	35.31	35.42
2.	90	VfL Sindelfingen	2:19.07	645	31.81	35.15	36.11	36.00
3.	94	SN Bellinzona 1	2:22.54	599	33.99	35.56	36.62	36.37
4.	95	SV Basel	2:24.41	576	33.98	36.31	36.91	37.21
5.	96	Team Insubrika Creval 1	2:25.11	568	34.04	36.34	37.48	37.25
6.	96	Lugano Nuoto 1	2:26.03	557	34.39	37.23	37.72	36.69
7.	98	Team Insubrika Creval 2	2:28.68	528	35.88	37.27	38.20	37.33
8.	98	Lugano Nuoto 2	2:29.92	515	34.74	38.10	38.71	38.37
9.	98	Schwimmclub Meilen	2:34.33	472	34.86	38.23	40.33	40.91
10.	99	A-Club ST Savosa	2:39.81	425	37.78	40.42	41.28	40.33
11.	99	SP Bissone	3:02.04	287	42.72	45.37	47.54	46.41

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 7 Uomini, 100m Delfino Cat. generale
03.12.2011 Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	BOTTER Samuele	96 Team Insubrika Creval 1	56.66	626	26.84	29.82
2.	BOREK Christoph	91 VfL Sindelfingen	57.25	607	26.32	30.93
3.	LOBINA Edoardo	92 Rane Rosse Aqvasport	58.10	580	28.09	30.01
4.	BRUSCHETTI Massimo	94 A-Club ST Savosa	58.53	568	27.69	30.84
5.	SPITZNAGEL Patrik	90 Schwimmclub Meilen	59.38	544	27.20	32.18
6.	WENIGERKIND Simon	93 SG Berner Oberland	1:00.13	524	27.31	32.82
7.	MUTTI Lorenzo	96 Team Insubrika Creval 2	1:00.84	505	28.86	31.98
8.	MILETIC Bogomir	94 Lugano Nuoto 1	1:01.77	483	29.20	32.57
9.	BORIC Stefan	96 SN Bellinzona 1	1:04.87	417	30.22	34.65
10.	MERZAGHI Fabio	95 SP Bissone	1:11.32	314	32.51	38.81
11.	PEDROIA Floriano	97 SN Bellinzona 2	1:17.21	247	35.70	41.51
12.	MEYER Benjamin	99 Lugano Nuoto 2	1:33.73	138	43.53	50.20

gara 8 Donne, 100m Delfino Cat. generale
03.12.2011 Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	CENA Benedetta	97 A-Club ST Savosa	1:04.52	621	30.06	34.46
2.	FILIPPINETTI Chiara	97 Team Insubrika Creval 2	1:06.06	578	31.22	34.84
3.	KIENITZ Laura	94 VfL Sindelfingen	1:06.08	578	30.72	35.36
4.	BERNARDI Chiara	96 Team Insubrika Creval 1	1:06.09	577	31.75	34.34
5.	PETROSINO Erika	97 Rane Rosse Aqvasport	1:06.49	567	30.90	35.59
6.	STUDER Corinne	87 SV Basel	1:08.35	522	32.07	36.28
7.	SUTER Ariane	94 Schwimmclub Meilen	1:09.28	501	31.63	37.65
8.	GALLI Cecilia	95 Lugano Nuoto 1	1:10.77	470	33.92	36.85
9.	BARANZINI Sara	97 SN Bellinzona 1	1:14.67	400	34.78	39.89
10.	DENTI Martina	98 Lugano Nuoto 2	1:15.36	389	34.77	40.59
11.	ERMANI Elena	98 SP Bissone	1:29.37	233	40.56	48.81

gara 9 Uomini, 200m Mista Cat. generale
03.12.2011 Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	PICCOLO Gianluca	94 Rane Rosse Aqvasport	2:09.53	613	28.26	33.41	37.81	30.05
2.	MACHEKIN Artyom	91 Lugano Nuoto 1	2:09.89	608	26.07	35.06	39.86	28.90
3.	FINSTER Valentin	94 VfL Sindelfingen	2:13.28	563	29.07	32.65	40.17	31.39
4.	DAL BO Luca	96 Team Insubrika Creval 1	2:14.08	553	28.90	34.95	39.31	30.92
5.	MANZOCCHI Marco	94 SN Bellinzona 1	2:15.23	539	28.36	34.63	41.87	30.37
6.	BANDIERA Gianluca	94 Team Insubrika Creval 2	2:19.99	486	29.09	35.79	42.18	32.93
7.	SPÖRRI Manuel	89 Schwimmclub Meilen	2:21.70	468	28.09	36.86	41.26	35.49
8.	PIETRA Alessio	94 A-Club ST Savosa	2:27.36	416	31.91	38.46	42.16	34.83
9.	NICOL Massimiliano	98 SP Bissone	2:39.05	331	33.31	40.82	48.32	36.60
10.	GRISANTI Riccardo	99 Lugano Nuoto 2	2:43.04	307	36.32	39.70	50.63	36.39
11.	RANUZZINI Carlo	99 SN Bellinzona 2	2:54.13	252	40.40	44.54	50.97	38.22
squal. 10%	GYGAX Sandro	93 SG Berner Oberland	2:19.95	438	29.59	35.12	42.50	32.74

304 - Nuoto in posizione ventrale prima della virata

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 10 Donne, 200m Mista Cat. generale
03.12.2011 Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	92	Rane Rosse Aqvasport	2:20.55	696	29.94	35.58	42.76	32.27
2.	94	Team Insubrika Creval 1	2:22.97	661	31.10	36.05	41.29	34.53
3.	97	A-Club ST Savosa	2:25.72	625	31.57	37.35	43.35	33.45
4.	97	Team Insubrika Creval 2	2:26.06	620	31.04	37.02	44.64	33.36
5.	94	VfL Sindelfingen	2:36.76	502	32.67	40.43	47.05	36.61
6.	95	Lugano Nuoto 1	2:38.13	489	34.26	39.58	46.97	37.32
7.	97	SN Bellinzona 1	2:45.09	429	36.26	40.57	50.87	37.39
8.	97	Schwimmclub Meilen	2:46.87	416	36.13	43.16	48.72	38.86
9.	94	SP Bissone	2:50.75	388	35.21	45.56	50.82	39.16
10.	98	Lugano Nuoto 2	2:51.13	385	37.75	43.55	50.56	39.27
squal. 10%	95	SV Basel	2:27.39	544	31.43	36.60	44.65	34.71

304 - Nuoto in posizione ventrale prima della virata

gara 11 Uomini, 50m Stile Libero Cat. generale
03.12.2011 Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.
1.	89	Schwimmclub Meilen	24.30	583
2.	92	VfL Sindelfingen	24.69	555
3.	94	Lugano Nuoto 1	25.11	528
4.	91	SP Bissone	25.44	508
5.	79	SG Berner Oberland	25.53	502
6.	95	Team Insubrika Creval 2	25.76	489
7.	96	SN Bellinzona 1	26.53	447
8.	95	SN Bellinzona 2	26.79	435
9.	95	A-Club ST Savosa	27.64	396
10.	99	Lugano Nuoto 2	32.88	235
abb.	81	Team Insubrika Creval 1		
squal. 10%	93	Rane Rosse Aqvasport	24.68	501

203 - Movimento prima del segnale di partenza

gara 12 Donne, 50m Stile Libero Cat. generale
03.12.2011 Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.
1.	89	Rane Rosse Aqvasport	26.46	678
2.	92	SV Basel	26.90	645
3.	95	Team Insubrika Creval 1	27.37	612
4.	95	A-Club ST Savosa	27.53	602
5.	97	Team Insubrika Creval 2	27.94	576
6.	94	Schwimmclub Meilen	28.43	546
7.	99	VfL Sindelfingen	29.04	513
8.	98	Lugano Nuoto 2	29.27	501
9.	92	Lugano Nuoto 1	30.30	451
10.	97	SN Bellinzona 1	30.84	428
11.	93	SP Bissone	31.20	413

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 13
03.12.2011

Uomini, 200m Rana

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	94	Schwimmclub Meilen	2:16.45	691	31.03	34.30	35.48	35.64
2.	92	Rane Rosse Aqvasport	2:19.74	643	32.17	36.35	35.24	35.98
3.	88	VfL Sindelfingen	2:21.51	620	31.84	35.16	36.81	37.70
4.	94	Team Insubrika Creval 1	2:23.55	594	32.95	35.66	37.02	37.92
5.	94	A-Club ST Savosa	2:25.28	573	33.28	36.54	37.51	37.95
6.	94	SP Bissone	2:26.79	555	32.69	36.85	37.98	39.27
7.	88	Team Insubrika Creval 2	2:31.42	506	34.46	38.12	39.38	39.46
8.	95	SG Berner Oberland	2:31.53	505	34.15	38.14	39.04	40.20
9.	96	SN Bellinzona 1	2:39.08	436	35.60	39.71	41.45	42.32
10.	96	Lugano Nuoto 1	2:43.63	401	36.68	41.05	42.52	43.38
11.	97	Lugano Nuoto 2	2:53.46	336	38.96	43.67	44.98	45.85
12.	99	SN Bellinzona 2	3:07.40	266	42.03	48.94	48.42	48.01

gara 14
03.12.2011

Donne, 200m Rana

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	92	Rane Rosse Aqvasport	2:31.90	695	35.12	38.96	38.35	39.47
2.	97	Team Insubrika Creval 1	2:38.52	611	35.68	40.72	40.20	41.92
3.	95	SV Basel	2:40.07	594	35.99	40.63	41.50	41.95
4.	94	Schwimmclub Meilen	2:44.94	543	36.64	41.74	43.13	43.43
5.	92	Team Insubrika Creval 2	2:49.87	497	39.16	43.45	43.58	43.68
6.	97	A-Club ST Savosa	2:50.37	492	39.85	43.18	43.72	43.62
7.	98	Lugano Nuoto 2	2:54.77	456	39.15	44.44	45.35	45.83
8.	98	VfL Sindelfingen	2:55.88	447	40.26	45.11	45.73	44.78
9.	97	SN Bellinzona 1	3:01.61	406	40.84	46.01	47.60	47.16
10.	95	Lugano Nuoto 1	3:05.59	381	42.81	47.93	48.73	46.12
11.	96	SP Bissone	3:12.84	339	43.09	47.79	50.98	50.98

gara 15
03.12.2011

Uomini, 100m Mista

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	82	Schwimmclub Meilen	57.07	703	26.03	31.04
2.	91	Lugano Nuoto 1	59.64	616	27.59	32.05
3.	96	VfL Sindelfingen	59.87	609	27.01	32.86
4.	91	Rane Rosse Aqvasport	1:00.60	587	27.58	33.02
5.	96	Team Insubrika Creval 1	1:02.51	535	29.00	33.51
6.	93	SG Berner Oberland	1:03.66	506	29.90	33.76
7.	94	A-Club ST Savosa	1:03.72	505	29.53	34.19
8.	94	Team Insubrika Creval 2	1:03.76	504	29.40	34.36
9.	95	SN Bellinzona 1	1:04.89	478	30.12	34.77
10.	97	SN Bellinzona 2	1:09.06	397	31.82	37.24
11.	95	SP Bissone	1:11.82	353	32.14	39.68
12.	98	Lugano Nuoto 2	1:20.21	253	38.51	41.70

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 16 Donne, 100m Mista Cat. generale
03.12.2011 Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	92	Rane Rosse Aqvasport	1:06.52	653	30.26	36.26
2.	94	Team Insubrika Creval 1	1:06.86	644	31.42	35.44
3.	95	SV Basel	1:09.84	565	32.19	37.65
4.	93	VfL Sindelfingen	1:09.94	562	32.63	37.31
5.	95	A-Club ST Savosa	1:10.61	546	32.90	37.71
6.	97	Schwimmclub Meilen	1:12.11	513	33.79	38.32
7.	98	Team Insubrika Creval 2	1:12.83	498	33.47	39.36
8.	94	SN Bellinzona 1	1:12.87	497	33.74	39.13
9.	98	Lugano Nuoto 2	1:13.18	491	33.95	39.23
10.	96	Lugano Nuoto 1	1:13.51	484	33.67	39.84
11.	92	SP Bissone	1:18.05	404	37.13	40.92

gara 17 Uomini, 100m Dorso Cat. generale
03.12.2011 Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	91	Team Insubrika Creval 1	57.01	632	28.09	28.92
2.	91	VfL Sindelfingen	57.13	628	27.65	29.48
3.	93	A-Club ST Savosa	1:00.44	530	29.36	31.08
4.	93	SG Berner Oberland	1:01.93	493	30.18	31.75
5.	89	Schwimmclub Meilen	1:02.58	478	29.99	32.59
6.	95	Team Insubrika Creval 2	1:03.69	453	31.52	32.17
7.	91	Rane Rosse Aqvasport	1:06.26	402	31.56	34.70
8.	97	SN Bellinzona 1	1:07.01	389	32.71	34.30
9.	93	Lugano Nuoto 1	1:07.41	382	32.88	34.53
10.	90	SN Bellinzona 2	1:07.60	379	32.81	34.79
11.	98	SP Bissone	1:13.75	292	36.32	37.43
12.	99	Lugano Nuoto 2	1:24.73	192	41.65	43.08

gara 18 Donne, 100m Dorso Cat. generale
03.12.2011 Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	89	Rane Rosse Aqvasport	1:02.85	678	30.46	32.39
2.	92	SV Basel	1:04.48	628	31.41	33.07
3.	97	Team Insubrika Creval 2	1:06.50	572	32.12	34.38
4.	96	Team Insubrika Creval 1	1:08.43	525	33.22	35.21
5.	97	SN Bellinzona 1	1:09.62	499	33.81	35.81
6.	98	Schwimmclub Meilen	1:11.44	462	34.40	37.04
7.	97	Lugano Nuoto 2	1:11.69	457	35.05	36.64
8.	94	VfL Sindelfingen	1:13.01	432	35.01	38.00
9.	99	A-Club ST Savosa	1:13.54	423	35.68	37.86
10.	95	Lugano Nuoto 1	1:13.85	418	35.79	38.06
11.	94	SP Bissone	1:21.81	307	38.77	43.04

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 19
03.12.2011

Uomini, 200m Delfino

Cat. generale
Lista risultati

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	96	Team Insubrika Creval 1	2:06.10	647	29.04	32.55	32.30	32.21
2.	92	Rane Rosse Aqvasport	2:07.05	633	29.24	32.83	33.19	31.79
3.	96	Team Insubrika Creval 2	2:12.85	553	30.46	33.81	33.81	34.77
4.	93	SG Berner Oberland	2:14.88	529	30.12	34.28	35.15	35.33
5.	87	VfL Sindelfingen	2:15.25	525	29.87	33.80	35.47	36.11
6.	96	SN Bellinzona 1	2:21.26	460	30.79	35.21	37.28	37.98
7.	97	A-Club ST Savosa	2:27.90	401	32.02	37.66	39.07	39.15
8.	96	Lugano Nuoto 1	2:31.66	372	33.52	38.01	40.08	40.05
9.	98	SP Bissone	2:43.14	299	35.92	42.55	42.63	42.04
10.	96	SN Bellinzona 2	2:53.13	250	37.48	43.84	45.97	45.84
11.	99	Lugano Nuoto 2	3:22.46	156	45.30	53.17	54.13	49.86
squal. 10%	89	Schwimmclub Meilen	2:20.96	417	30.28	34.89	35.77	40.02

303 - Tocco non simultaneo con le due mani

gara 20
03.12.2011

Donne, 200m Delfino

Cat. generale
Lista risultati

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	94	Rane Rosse Aqvasport	2:14.47	724	30.04	34.03	34.29	36.11
2.	96	Team Insubrika Creval 1	2:21.12	626	33.19	36.60	35.47	35.86
3.	97	A-Club ST Savosa	2:22.43	609	31.99	36.46	36.69	37.29
4.	97	Team Insubrika Creval 2	2:23.25	599	32.44	36.04	37.14	37.63
5.	94	VfL Sindelfingen	2:26.59	559	32.23	36.79	38.30	39.27
6.	98	Lugano Nuoto 2	2:29.88	523	32.94	38.60	39.07	39.27
7.	94	Lugano Nuoto 1	2:31.51	506	33.65	38.46	39.55	39.85
8.	87	SV Basel	2:38.40	443	34.18	39.92	41.89	42.41
9.	98	SN Bellinzona 1	2:42.01	414	35.54	41.97	42.02	42.48
10.	94	Schwimmclub Meilen	2:45.51	388	34.60	40.13	43.40	47.38
11.	94	SP Bissone	3:01.85	292	38.05	46.00	49.64	48.16

gara 21
03.12.2011

Uomini, 400m Mista

Cat. generale
Lista risultati

Pointi: FINA 2011

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	92	Rane Rosse Aqvasport	4:31.95	649	1:04.04	1:10.70	1:13.40	1:03.81
2.	94	A-Club ST Savosa	4:33.42	638	1:03.81	1:09.56	1:17.89	1:02.16
3.	87	VfL Sindelfingen	4:45.34	562	1:06.13	1:12.47	1:23.26	1:03.48
4.	92	Schwimmclub Meilen	4:50.03	535	1:02.72	1:14.56	1:27.11	1:05.64
5.	94	SP Bissone	4:52.72	520	1:06.91	1:15.32	1:22.89	1:07.60
6.	95	SG Berner Oberland	4:55.56	505	1:07.91	1:16.75	1:21.26	1:09.64
7.	95	SN Bellinzona 1	4:59.94	484	1:12.53	1:13.14	1:26.76	1:07.51
8.	94	Team Insubrika Creval 2	5:03.12	468	1:07.44	1:19.90	1:27.77	1:08.01
9.	93	Lugano Nuoto 1	5:13.80	422	1:10.70	1:21.06	1:32.22	1:09.82
10.	96	Lugano Nuoto 2	5:17.37	408	1:13.86	1:19.52	1:33.11	1:10.88
11.	97	SN Bellinzona 2	5:37.92	338	1:19.34	1:23.36	1:41.81	1:13.41
squal. 10%	96	Team Insubrika Creval 1	4:48.52	489	1:08.15	1:14.26	1:22.46	1:03.65

304 - Nuoto in posizione ventrale prima della virata

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 22
03.12.2011

Donne, 400m Mista

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	92	Rane Rosse Aqvasport	4:55.84	686	1:07.58	1:16.65	1:25.25	1:06.36
2.	94	Team Insubrika Creval 1	5:04.58	629	1:08.55	1:18.43	1:26.57	1:11.03
3.	98	Team Insubrika Creval 2	5:06.51	617	1:11.00	1:19.22	1:28.81	1:07.48
4.	95	Lugano Nuoto 1	5:19.67	544	1:14.07	1:24.46	1:26.17	1:14.97
5.	95	SV Basel	5:20.58	539	1:13.69	1:21.04	1:31.96	1:13.89
6.	94	Schwimmclub Meilen	5:21.98	532	1:12.67	1:26.47	1:29.96	1:12.88
7.	94	A-Club ST Savosa	5:36.55	466	1:14.35	1:27.64	1:37.24	1:17.32
8.	97	VfL Sindelfingen	5:39.15	455	1:17.65	1:26.00	1:40.18	1:15.32
9.	97	Lugano Nuoto 2	5:45.60	430	1:16.66	1:29.27	1:39.33	1:20.34
10.	97	SN Bellinzona 1	5:52.33	406	1:23.65	1:26.24	1:44.91	1:17.53
11.	99	SP Bissone	6:33.25	292	1:37.44	1:40.60	1:49.05	1:26.16

gara 23
03.12.2011

Uomini, 400m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	92	Team Insubrika Creval 1	4:03.14	670	57.78	1:02.01	1:02.24	1:01.11
2.	94	Rane Rosse Aqvasport	4:12.51	598	59.76	1:03.39	1:04.55	1:04.81
3.	94	VfL Sindelfingen	4:14.57	583	1:00.02	1:04.99	1:05.09	1:04.47
4.	96	SN Bellinzona 1	4:16.55	570	1:00.20	1:04.90	1:06.74	1:04.71
5.	92	Schwimmclub Meilen	4:18.92	554	1:00.48	1:05.18	1:06.46	1:06.80
6.	93	SP Bissone	4:20.83	542	1:01.69	1:07.11	1:06.53	1:05.50
7.	93	Team Insubrika Creval 2	4:22.65	531	1:01.73	1:06.47	1:07.89	1:06.56
8.	95	SN Bellinzona 2	4:27.45	503	1:02.19	1:08.23	1:09.78	1:07.25
9.	96	Lugano Nuoto 1	4:27.54	502	1:02.30	1:08.36	1:09.59	1:07.29
10.	97	A-Club ST Savosa	4:31.13	483	1:02.73	1:09.58	1:10.39	1:08.43
11.	91	SG Berner Oberland	4:31.51	481	1:01.88	1:07.95	1:10.75	1:10.93
12.	98	Lugano Nuoto 2	5:12.92	314	1:12.13	1:19.51	1:22.40	1:18.88

gara 24
03.12.2011

Donne, 400m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	94	Rane Rosse Aqvasport	4:23.81	706	1:04.50	1:07.59	1:06.73	1:04.99
2.	93	Team Insubrika Creval 1	4:29.99	658	1:05.73	1:08.43	1:07.60	1:08.23
3.	95	A-Club ST Savosa	4:33.46	633	1:05.56	1:09.49	1:10.20	1:08.21
4.	98	Team Insubrika Creval 2	4:40.09	590	1:06.52	1:11.11	1:11.45	1:11.01
5.	96	Lugano Nuoto 1	4:43.67	567	1:09.16	1:12.93	1:12.45	1:09.13
6.	98	SN Bellinzona 1	4:43.75	567	1:09.27	1:12.79	1:12.67	1:09.02
7.	98	SV Basel	4:43.91	566	1:08.51	1:12.95	1:12.67	1:09.78
8.	91	Schwimmclub Meilen	4:46.42	551	1:06.96	1:12.05	1:13.43	1:13.98
9.	97	Lugano Nuoto 2	4:50.27	530	1:07.24	1:13.56	1:15.00	1:14.47
10.	99	VfL Sindelfingen	5:15.78	411	1:10.64	1:20.89	1:23.05	1:21.20
11.	96	SP Bissone	5:25.21	376	1:15.76	1:23.34	1:23.76	1:22.35

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 25
03.12.2011

Uomini, 50m Rana

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.
1.	88	VfL Sindelfingen	29.61	620
2.	94	Schwimmclub Meilen	30.06	592
3.	92	Rane Rosse Aqvasport	30.51	566
4.	94	Team Insubrika Creval 1	30.83	549
5.	94	SP Bissone	31.02	539
6.	88	Team Insubrika Creval 2	32.34	475
7.	93	SG Berner Oberland	32.62	463
8.	97	A-Club ST Savosa	33.69	420
9.	97	Lugano Nuoto 1	35.98	345
10.	97	Lugano Nuoto 2	37.13	314
11.	99	SN Bellinzona 2	38.54	281
squal. 10%	95	SN Bellinzona 1	35.20	333

204 - Partenza prima del segnale di partenza

gara 26
03.12.2011

Donne, 50m Rana

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.
1.	92	Rane Rosse Aqvasport	32.50	695
2.	97	Team Insubrika Creval 1	33.00	664
3.	95	SV Basel	34.12	601
4.	97	Schwimmclub Meilen	35.77	521
5.	99	Lugano Nuoto 2	37.44	455
6.	92	Team Insubrika Creval 2	37.48	453
7.	94	VfL Sindelfingen	37.51	452
8.	94	Lugano Nuoto 1	37.71	445
9.	97	SN Bellinzona 1	40.51	359
10.	92	SP Bissone	40.99	346
11.	99	A-Club ST Savosa	42.73	306

gara 27
03.12.2011

Uomini, 100m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	82	Schwimmclub Meilen	52.05	643	24.84	27.21
2.	92	Team Insubrika Creval 1	54.15	571	26.49	27.66
3.	92	VfL Sindelfingen	54.21	569	26.43	27.78
4.	94	SN Bellinzona 1	54.68	555	26.51	28.17
5.	94	Rane Rosse Aqvasport	55.10	542	26.39	28.71
6.	95	Team Insubrika Creval 2	55.97	517	27.23	28.74
7.	91	SP Bissone	56.08	514	27.07	29.01
8.	93	SG Berner Oberland	56.47	504	26.92	29.55
9.	94	A-Club ST Savosa	57.99	465	28.49	29.50
10.	97	SN Bellinzona 2	59.75	425	28.76	30.99
11.	99	Lugano Nuoto 2	1:20.95	171	38.00	42.95
squal. 10%	96	Lugano Nuoto 1	1:01.92	344	29.71	32.21

203 - Movimento prima del segnale di partenza

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 28
03.12.2011

Donne, 100m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	90	VfL Sindelfingen	57.22	708	27.51	29.71
2.	89	Rane Rosse Aqvasport	59.12	642	28.23	30.89
3.	95	Team Insubrika Creval 1	59.27	637	28.29	30.98
4.	97	A-Club ST Savosa	59.87	618	28.93	30.94
5.	95	SV Basel	1:00.22	607	28.85	31.37
6.	98	Team Insubrika Creval 2	1:01.23	578	30.07	31.16
7.	94	Schwimmclub Meilen	1:02.34	547	30.03	32.31
8.	98	Lugano Nuoto 2	1:03.47	519	30.11	33.36
9.	92	Lugano Nuoto 1	1:07.33	434	31.99	35.34
10.	93	SP Bissone	1:08.37	415	32.80	35.57
11.	97	SN Bellinzona 1	1:08.97	404	32.99	35.98

gara 29
04.12.2011

Uomini, 50m Delfino

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.
1.	91	Team Insubrika Creval 1	25.03	660
2.	87	Rane Rosse Aqvasport	25.19	648
3.	90	Schwimmclub Meilen	26.73	542
4.	94	A-Club ST Savosa	26.79	538
5.	93	SG Berner Oberland	27.32	508
6.	94	SN Bellinzona 1	27.48	499
7.	96	Team Insubrika Creval 2	28.29	457
8.	91	SP Bissone	28.32	456
9.	92	VfL Sindelfingen	28.52	446
10.	96	Lugano Nuoto 1	31.79	322
11.	99	Lugano Nuoto 2	34.60	250
12.	97	SN Bellinzona 2	34.84	244

gara 30
04.12.2011

Donne, 50m Delfino

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.
1.	90	VfL Sindelfingen	28.62	618
2.	92	Team Insubrika Creval 1	29.01	593
3.	95	Rane Rosse Aqvasport	29.20	582
4.	97	A-Club ST Savosa	29.40	570
5.	92	SV Basel	29.42	569
6.	94	Lugano Nuoto 1	30.79	496
7.	96	Team Insubrika Creval 2	32.43	424
8.	94	Schwimmclub Meilen	33.08	400
9.	94	SP Bissone	33.13	398
10.	98	Lugano Nuoto 2	33.58	382
11.	97	SN Bellinzona 1	33.83	374

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 31
04.12.2011

Uomini, 200m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	BERGER Florian	88 VfL Sindelfingen	1:53.44	672	26.34	28.29	29.17	29.64
2.	MAURI Andrea	93 Rane Rosse Aqvasport	1:55.34	639	27.14	28.96	29.58	29.66
3.	MARANZANA Nicolò	92 Team Insubrika Creval 1	1:56.32	623	27.14	28.84	30.31	30.03
4.	FEDERER Silvio	92 Schwimmclub Meilen	1:57.60	603	27.35	29.47	30.38	30.40
5.	VIO Luca	93 Lugano Nuoto 1	1:58.31	592	27.07	29.38	30.40	31.46
6.	BORIC Stefan	96 SN Bellinzona 1	2:01.65	545	27.60	30.62	31.45	31.98
7.	BANDIERA Gianluca	94 Team Insubrika Creval 2	2:03.75	517	28.15	31.73	32.50	31.37
8.	GABUTTI Filippo	93 SP Bissone	2:04.15	512	28.14	30.85	32.13	33.03
9.	ZEJNULLAHU Dren	95 SN Bellinzona 2	2:05.23	499	28.65	31.98	32.98	31.62
10.	PIETRA Alessio	94 A-Club ST Savosa	2:05.31	498	29.53	31.42	32.16	32.20
11.	RIEDER Reto	91 SG Berner Oberland	2:06.03	490	28.30	31.30	33.27	33.16
12.	TERNER Tamàs	99 Lugano Nuoto 2	2:24.86	322	33.41	37.01	38.21	36.23

gara 32
04.12.2011

Donne, 200m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	CASOTTO Dana	97 Team Insubrika Creval 1	2:08.32	650	30.36	32.81	32.42	32.73
2.	DELLA BRUNA Alice	95 A-Club ST Savosa	2:08.51	647	30.68	32.60	32.64	32.59
3.	VIGANÒ Valentina Carla	90 Rane Rosse Aqvasport	2:08.61	645	30.05	32.83	33.24	32.49
4.	SENN Stefanie	91 Schwimmclub Meilen	2:14.85	560	31.29	33.88	34.33	35.35
5.	REICH Jill Vivian	98 SV Basel	2:15.43	553	31.27	34.18	35.65	34.33
6.	MILANI Jessica	92 Team Insubrika Creval 2	2:15.83	548	31.44	34.27	34.76	35.36
7.	CHIESA Lucia	95 Lugano Nuoto 1	2:19.08	510	32.95	35.41	35.58	35.14
8.	FONTANA Simona	97 SN Bellinzona 1	2:19.13	510	31.81	35.01	36.89	35.42
9.	OCKERT Ajka	99 VfL Sindelfingen	2:25.71	444	32.43	36.71	38.64	37.93
10.	STIFY Kawtar	99 Lugano Nuoto 2	2:32.52	387	35.37	37.88	40.14	39.13
11.	ERMANI Elena	98 SP Bissone	2:40.38	333	36.38	40.31	42.02	41.67

gara 33
04.12.2011

Uomini, 100m Rana

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	CATALANO Alberto	89 Rane Rosse Aqvasport	1:03.22	680	30.02	33.20
2.	BOREK Christoph	91 VfL Sindelfingen	1:04.01	655	30.26	33.75
3.	RECUPERO Riccardo	92 Team Insubrika Creval 2	1:07.04	570	31.74	35.30
4.	CONTESTABILE Daniele	94 SP Bissone	1:07.54	558	31.97	35.57
5.	GIANANDREA Alessandro	95 Team Insubrika Creval 1	1:08.77	528	32.33	36.44
6.	RIEDER Jan	95 SG Berner Oberland	1:09.34	515	32.79	36.55
7.	SPÖRRI Manuel	89 Schwimmclub Meilen	1:10.58	489	32.33	38.25
8.	NARDELLI Samuel	97 A-Club ST Savosa	1:11.92	462	34.05	37.87
9.	NONATS Viktor	96 SN Bellinzona 1	1:14.63	413	35.44	39.19
10.	FIORI Tom	97 Lugano Nuoto 1	1:18.10	360	36.95	41.15
11.	TOCCHETTO Simone	97 Lugano Nuoto 2	1:23.18	298	38.82	44.36
12.	SPAHR Jonathan	99 SN Bellinzona 2	1:35.41	198	45.71	49.70

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 34
04.12.2011

Donne, 100m Rana

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	96	GUAGNINI Benedetta Team Insubrika Creval 1	1:17.97	520	36.90	41.07
2.	97	TSCHANZ Lara Schwimmclub Meilen	1:18.10	517	36.61	41.49
3.	95	ABDULLAHU Sara SV Basel	1:20.41	474	37.97	42.44
4.	94	GABOR Nathalie VfL Sindelfingen	1:21.98	447	38.71	43.27
5.	94	LUCIBELLO Carola A-Club ST Savosa	1:25.49	394	40.45	45.04
6.	97	ZEJNULLAHU Dafina SN Bellinzona 1	1:27.37	369	40.95	46.42
7.	95	GALLI Cecilia Lugano Nuoto 1	1:27.92	362	41.75	46.17
8.	00	MONTENEGRO Katarina Lugano Nuoto 2	1:28.27	358	42.72	45.55
9.	96	CAGGIULA Alessia SP Bissone	1:31.52	321	43.18	48.34
squal. 10%	97	MARTURANO Alice Mafalda Rane Rosse Aqvasport	1:18.03	467	37.02	41.01

203 - Movimento prima del segnale di partenza

gara 35
04.12.2011

Uomini, 200m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	82	STEINHAUER Felix Schwimmclub Meilen	2:03.60	632	28.04	30.85	32.46	32.25
2.	93	VILLA Luca Rane Rosse Aqvasport	2:09.91	544	29.46	32.00	33.57	34.88
3.	94	FINSTER Valentin VfL Sindelfingen	2:13.81	498	30.58	33.33	34.97	34.93
4.	93	NICOLELLO Pietro Team Insubrika Creval 1	2:16.78	466	32.83	34.65	34.80	34.50
5.	93	SCHNEGG Pascal SG Berner Oberland	2:18.20	452	32.06	35.32	35.34	35.48
6.	97	MOZZINI-VELLEN Luca SN Bellinzona 1	2:20.64	429	32.86	35.45	36.42	35.91
7.	95	PULERÀ Jordy Team Insubrika Creval 2	2:20.91	427	33.16	35.30	36.32	36.13
8.	93	ANGELONI Simone Lugano Nuoto 1	2:26.13	382	33.64	36.81	38.21	37.47
9.	97	MITROVIC Boris A-Club ST Savosa	2:29.37	358	34.13	37.11	39.35	38.78
10.	98	MAGGIORINI Davide SP Bissone	2:36.76	310	37.80	39.16	40.10	39.70
11.	99	GRISANTI Riccardo Lugano Nuoto 2	2:38.04	302	38.80	39.95	40.23	39.06
12.	99	RANUZZINI Carlo SN Bellinzona 2	2:50.57	240	39.07	42.64	45.00	43.86

gara 36
04.12.2011

Donne, 200m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	91	DELL'ADAMI Marta Rane Rosse Aqvasport	2:18.74	649	32.55	35.08	35.48	35.63
2.	93	MERLO Giuditta Team Insubrika Creval 1	2:23.80	583	33.64	35.78	37.15	37.23
3.	87	STUDER Corinne SV Basel	2:25.94	558	35.15	37.24	36.99	36.56
4.	94	KIENITZ Laura VfL Sindelfingen	2:27.44	541	33.79	37.69	38.60	37.36
5.	94	SCHUMACHER Cecilia Schwimmclub Meilen	2:28.60	528	34.90	37.89	38.03	37.78
6.	97	CEHIC Mejrema SN Bellinzona 1	2:29.83	516	34.14	37.04	39.60	39.05
7.	96	DONELLI Denise Team Insubrika Creval 2	2:31.95	494	35.37	38.22	39.28	39.08
8.	95	BERTARELLI Serena Lugano Nuoto 1	2:35.82	458	36.42	39.45	39.66	40.29
9.	99	GIUDICI Simona Lugano Nuoto 2	2:48.54	362	39.52	42.76	43.43	42.83
10.	94	RIGAZZI Giorgia SP Bissone	2:56.06	318	40.68	44.48	45.58	45.32

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 37
04.12.2011

Uomini, 100m Delfino

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	91	Team Insubrika Creval 1	55.43	669	26.45	28.98
2.	87	Rane Rosse Aqvasport	56.92	617	27.28	29.64
3.	94	SN Bellinzona 1	59.99	527	28.42	31.57
4.	96	VfL Sindelfingen	1:00.06	525	27.36	32.70
5.	93	A-Club ST Savosa	1:00.25	520	28.43	31.82
6.	79	SG Berner Oberland	1:01.00	501	28.31	32.69
7.	89	Schwimmclub Meilen	1:02.60	464	29.08	33.52
8.	96	Team Insubrika Creval 2	1:03.04	454	29.70	33.34
9.	91	SP Bissone	1:04.44	425	29.54	34.90
10.	95	SN Bellinzona 2	1:09.13	344	30.92	38.21
11.	96	Lugano Nuoto 1	1:09.59	338	32.58	37.01
12.	97	Lugano Nuoto 2	1:17.03	249	34.99	42.04

gara 38
04.12.2011

Donne, 100m Delfino

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	90	VfL Sindelfingen	1:04.70	615	29.96	34.74
2.	94	Team Insubrika Creval 1	1:05.36	597	30.67	34.69
3.	95	Rane Rosse Aqvasport	1:05.52	593	30.92	34.60
4.	92	SV Basel	1:05.99	580	31.45	34.54
5.	98	Team Insubrika Creval 2	1:08.57	517	32.27	36.30
6.	95	Lugano Nuoto 1	1:10.50	476	33.19	37.31
7.	94	A-Club ST Savosa	1:13.01	428	34.24	38.77
8.	94	Schwimmclub Meilen	1:13.47	420	34.41	39.06
9.	98	SN Bellinzona 1	1:13.91	413	34.66	39.25
10.	98	Lugano Nuoto 2	1:14.26	407	34.94	39.32
11.	94	SP Bissone	1:16.80	368	35.28	41.52

gara 39
04.12.2011

Uomini, 200m Mista

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	91	VfL Sindelfingen	2:05.71	671	27.64	31.84	36.72	29.51
2.	94	Schwimmclub Meilen	2:08.48	628	28.25	35.12	34.58	30.53
3.	94	Team Insubrika Creval 1	2:12.75	570	28.52	35.77	36.84	31.62
4.	93	Rane Rosse Aqvasport	2:12.95	567	29.40	35.48	36.81	31.26
5.	92	Team Insubrika Creval 2	2:13.87	556	29.53	33.35	39.12	31.87
6.	94	A-Club ST Savosa	2:17.78	509	28.67	36.15	40.75	32.21
7.	91	SG Berner Oberland	2:22.13	464	31.09	35.32	42.01	33.71
8.	97	SN Bellinzona 1	2:25.16	436	31.45	36.53	44.28	32.90
9.	96	Lugano Nuoto 2	2:31.13	386	32.69	38.12	45.71	34.61
10.	97	SN Bellinzona 2	2:34.27	363	34.43	37.87	47.71	34.26
11.	98	SP Bissone	2:40.82	320	36.27	39.36	48.18	37.01
squal. 10%	96	Lugano Nuoto 1	2:24.90	395	32.60	37.97	41.78	32.55

505 - Colpi di gambe alternati durante la nuotata

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 40
04.12.2011

Donne, 200m Mista

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	97	CASTIGLIONI Arianna	2:21.18	687	30.55	35.73	41.24	33.66
2.	95	CECCATO Alice	2:26.46	615	31.71	36.85	43.07	34.83
3.	95	JACOT-DESCOMBES Maëlle	2:30.43	568	33.39	38.10	43.42	35.52
4.	94	REZZONICO Silvia	2:31.25	559	32.55	39.80	45.19	33.71
5.	94	AIRAGHI Maria	2:32.14	549	34.15	36.93	47.38	33.68
6.	93	VOLKMANN Julia	2:32.82	542	33.47	38.70	44.83	35.82
7.	97	TSCHANZ Lara	2:38.69	484	35.65	40.58	44.29	38.17
8.	96	PREVITALI Francesca	2:39.37	477	34.59	40.36	46.55	37.87
9.	97	KOCH Scilla	2:41.93	455	35.34	41.72	46.86	38.01
10.	99	LAUPER Gaia	2:52.06	379	39.87	41.87	52.80	37.52
11.	99	CAGGIULA Aurora	3:03.88	311	42.08	46.35	55.10	40.35

gara 41
04.12.2011

Uomini, 400m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	95	VIGANÒ Marco	4:03.40	667	59.07	1:02.31	1:02.01	1:00.01
2.	95	GALLAZZI Mirco	4:05.21	653	58.90	1:02.26	1:02.87	1:01.18
3.	87	DÜRRE Gerrit	4:05.94	647	58.71	1:02.00	1:02.75	1:02.48
4.	96	MUTTI Lorenzo	4:10.02	616	1:01.08	1:03.75	1:03.52	1:01.67
5.	94	MITROVIC Ivan	4:12.16	600	59.41	1:03.26	1:04.94	1:04.55
6.	92	PAGANI Ivan	4:13.50	591	1:00.38	1:04.51	1:05.09	1:03.52
7.	92	FEDERER Silvio	4:13.91	588	1:01.49	1:03.84	1:04.24	1:04.34
8.	96	PERIC Stefan	4:18.64	556	1:00.72	1:05.40	1:06.45	1:06.07
9.	95	RIEDER Jan	4:30.65	485	1:02.79	1:07.82	1:09.65	1:10.39
10.	96	NONATS Viktor	4:37.63	450	1:04.81	1:09.68	1:11.91	1:11.23
11.	98	NICOL Massimiliano	4:49.68	396	1:11.26	1:13.27	1:13.63	1:11.52
12.	99	TERNER Tamàs	5:02.97	346	1:13.93	1:17.82	1:18.29	1:12.93

gara 42
04.12.2011

Donne, 400m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	97	TETTAMANZI Alisia	4:23.88	705	1:04.27	1:06.62	1:06.55	1:06.44
2.	97	CASOTTO Dana	4:26.34	686	1:05.78	1:08.33	1:05.40	1:06.83
3.	98	VOLPI Matilde	4:26.84	682	1:05.24	1:07.82	1:06.93	1:06.85
4.	97	CENA Benedetta	4:29.76	660	1:05.24	1:08.43	1:08.19	1:07.90
5.	94	REZZONICO Silvia	4:41.72	579	1:06.27	1:11.39	1:12.44	1:11.62
6.	94	SUTER Ariane	4:44.48	563	1:05.73	1:11.63	1:14.01	1:13.11
7.	97	FONTANA Simona	4:49.32	535	1:08.11	1:13.57	1:14.26	1:13.38
8.	97	KIENITZ Sarah	4:52.17	519	1:07.17	1:14.72	1:53.42	36.86
9.	89	MOHR Rebecca	5:01.95	470	1:09.19	1:17.70	1:18.02	1:17.04
10.	99	STIFY Kawtar	5:12.43	425	1:14.64	1:19.18	1:19.69	1:18.92
11.	94	ZIMMERMANN Anna	5:40.70	327	1:21.18	1:25.29	1:26.78	1:27.45

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 43
04.12.2011

Uomini, 200m Rana

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m	
1.	CATALANO Alberto	89	Rane Rosse Aqvasport	2:17.28	679	30.93	34.55	35.49	36.31
2.	BOREK Christoph	91	VfL Sindelfingen	2:22.18	611	32.11	35.92	37.43	36.72
3.	RECUPERO Riccardo	92	Team Insubrika Creval 2	2:29.38	527	35.34	38.98	38.56	36.50
4.	GIANANDREA Alessandro	95	Team Insubrika Creval 1	2:34.69	474	35.05	38.86	40.31	40.47
5.	SPÖRRI Manuel	89	Schwimmclub Meilen	2:37.62	448	34.53	39.97	41.04	42.08
6.	AMBROSINI Jonas	95	SN Bellinzona 1	2:40.00	428	36.35	40.45	41.60	41.60
7.	MAKHLAI Aleksandr	98	A-Club ST Savosa	2:43.48	402	36.96	41.78	42.72	42.02
8.	GALANO Raffaello	96	Lugano Nuoto 1	3:05.18	276	41.94	47.14	48.20	47.90
9.	LEVIC' Dino	98	Lugano Nuoto 2	3:11.63	249	42.85	47.97	49.91	50.90
10.	BASSI Alessandro	98	SP Bissone	3:15.26	236	45.26	50.13	49.87	50.00
11.	SPAHR Jonathan	99	SN Bellinzona 2	3:22.49	211	46.51	52.52	52.60	50.86
squal. 10%	GYGAX Sandro	93	SG Berner Oberland	2:37.52	405	34.29	40.19	41.98	41.06

303 - Tocco non simultaneo con le due mani

gara 44
04.12.2011

Donne, 200m Rana

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m	
1.	SENN Stefanie	91	Schwimmclub Meilen	2:39.99	595	36.06	40.30	41.15	42.48
2.	KIENITZ Laura	94	VfL Sindelfingen	2:44.54	547	37.28	41.51	43.04	42.71
3.	MARTURANO Alice Mafald	87	Rane Rosse Aqvasport	2:46.10	531	37.01	42.38	43.28	43.43
4.	GUAGNINI Benedetta	96	Team Insubrika Creval 1	2:47.85	515	38.00	41.91	43.64	44.30
5.	ABDULLAHU Sara	95	SV Basel	2:49.14	503	38.90	42.28	43.74	44.22
6.	ZEJNULLAHU Dafina	97	SN Bellinzona 1	3:10.03	355	42.26	48.32	49.52	49.93
7.	MONTENEGRO Katarina	00	Lugano Nuoto 2	3:10.10	354	43.84	48.60	49.61	48.05
8.	MANZATO Daniela	92	SP Bissone	3:14.76	329	43.77	49.26	51.07	50.66
9.	COLANTUONO Alice	99	A-Club ST Savosa	3:20.31	303	44.38	49.98	53.19	52.76
10.	ROCCA Anais	92	Lugano Nuoto 1	3:24.43	285	45.70	51.92	53.75	53.06

gara 45
04.12.2011

Uomini, 100m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	
1.	STEINHAUER Felix	82	Schwimmclub Meilen	56.26	658	26.61	29.65
2.	VILLA Luca	93	Rane Rosse Aqvasport	58.02	600	27.74	30.28
3.	KUHN Justus	96	VfL Sindelfingen	58.47	586	27.99	30.48
4.	CEHIC Amar	95	SN Bellinzona 1	1:03.41	459	30.67	32.74
5.	GABUTTI Filippo	93	SP Bissone	1:04.11	444	30.95	33.16
6.	NICOLELLO Pietro	93	Team Insubrika Creval 1	1:04.90	428	32.18	32.72
7.	PULERÀ Jordy	95	Team Insubrika Creval 2	1:05.26	421	32.27	32.99
8.	MITROVIC Boris	97	A-Club ST Savosa	1:11.10	326	34.57	36.53
9.	FIORI Tom	97	Lugano Nuoto 1	1:12.05	313	35.20	36.85
10.	GRISANTI Riccardo	99	Lugano Nuoto 2	1:13.77	291	36.22	37.55
11.	RANUZZINI Carlo	99	SN Bellinzona 2	1:19.85	230	39.01	40.84
squal. 10%	STUDER Vital	79	SG Berner Oberland	1:05.86	369	31.79	34.07

203 - Movimento prima del segnale di partenza

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 46 Donne, 100m Dorso Cat. generale
04.12.2011 Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m
1.	91	Rane Rosse Aqvasport	1:05.77	592	31.91	33.86
2.	93	Team Insubrika Creval 1	1:07.09	557	32.81	34.28
3.	97	A-Club ST Savosa	1:08.02	535	33.04	34.98
4.	87	SV Basel	1:08.55	523	33.81	34.74
5.	94	Schwimmclub Meilen	1:09.54	500	33.16	36.38
6.	96	Team Insubrika Creval 2	1:09.63	499	34.03	35.60
7.	94	SN Bellinzona 1	1:09.88	493	34.10	35.78
8.	93	VfL Sindelfingen	1:10.12	488	34.26	35.86
9.	95	Lugano Nuoto 1	1:13.62	422	35.32	38.30
10.	99	Lugano Nuoto 2	1:19.82	331	38.87	40.95
11.	99	SP Bissone	1:27.25	253	42.82	44.43

gara 47 Uomini, 200m Delfino Cat. generale
04.12.2011 Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	92	Team Insubrika Creval 1	2:07.96	619	29.58	32.11	32.60	33.67
2.	94	SN Bellinzona 1	2:09.47	598	29.06	32.42	33.64	34.35
3.	92	Team Insubrika Creval 2	2:13.63	544	31.20	33.96	34.22	34.25
4.	93	Lugano Nuoto 1	2:17.53	499	30.32	34.73	35.67	36.81
5.	94	A-Club ST Savosa	2:18.16	492	29.52	34.00	36.49	38.15
6.	92	Schwimmclub Meilen	2:19.00	483	29.17	33.95	36.74	39.14
7.	78	SG Berner Oberland	2:19.75	475	30.74	34.97	36.46	37.58
8.	94	VfL Sindelfingen	2:21.55	457	29.99	34.73	37.25	39.58
9.	97	SP Bissone	2:39.85	318	34.41	41.53	43.03	40.88
squal. 10%	94	Rane Rosse Aqvasport	2:10.22	530	28.98	32.89	33.76	34.59
<i>505 - Colpi di gambe alternati durante la nuotata</i>								
squal. 10%	96	Lugano Nuoto 2	2:40.11	285	34.90	40.58	43.27	41.36
<i>505 - Colpi di gambe alternati durante la nuotata</i>								
squal. 10%	97	SN Bellinzona 2	2:55.65	216	37.30	45.70	47.05	45.60
<i>203 - Movimento prima del segnale di partenza</i>								

gara 48 Donne, 200m Delfino Cat. generale
04.12.2011 Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	50m	100m	150m	200m
1.	95	Rane Rosse Aqvasport	2:23.92	591	32.85	36.27	37.38	37.42
2.	94	Team Insubrika Creval 1	2:24.86	579	33.54	36.63	37.38	37.31
3.	90	VfL Sindelfingen	2:28.37	539	32.55	37.49	38.99	39.34
4.	98	Team Insubrika Creval 2	2:32.93	492	34.03	38.98	39.46	40.46
5.	95	Lugano Nuoto 1	2:35.29	470	33.83	39.14	40.11	42.21
6.	95	SV Basel	2:36.79	457	35.25	39.95	39.77	41.82
7.	94	Schwimmclub Meilen	2:37.54	450	33.81	39.84	42.67	41.22
8.	94	A-Club ST Savosa	2:40.71	424	36.50	41.01	41.75	41.45
9.	98	Lugano Nuoto 2	2:44.02	399	37.54	41.61	42.89	41.98
10.	97	SN Bellinzona 1	2:53.83	335	37.21	44.26	46.67	45.69
11.	94	SP Bissone	3:28.03	195	45.86	54.24	54.11	53.82

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 49
04.12.2011

Uomini, 400m Mista

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	94	ROMAGNOLI Valerio	4:32.62	644	1:02.95	1:12.88	1:12.77	1:04.02
2.	94	SQUARZANTI Simone	4:43.51	573	1:05.58	1:15.10	1:16.69	1:06.14
3.	94	FINSTER Valentin	4:46.90	553	1:06.11	1:11.26	1:24.57	1:04.96
4.	93	FEBO Christopher	4:48.45	544	1:06.73	1:16.06	1:19.26	1:06.40
5.	92	PEREGO Davide	4:53.50	516	1:08.69	1:14.75	1:24.61	1:05.45
6.	91	RIEDER Reto	4:58.73	489	1:09.58	1:14.14	1:26.74	1:08.27
7.	97	MANZOCCHI Matteo	5:05.19	459	1:10.49	1:15.36	1:29.58	1:09.76
8.	97	NARDELLI Samuel	5:14.13	421	1:13.38	1:20.26	1:25.10	1:15.39
9.	96	NONATS Viktor	5:20.17	397	1:21.42	1:21.44	1:26.31	1:11.00
10.	98	NICOL Massimiliano	5:33.40	352	1:20.17	1:26.86	1:34.54	1:11.83
11.	97	TOCCHETTO Simone	5:41.08	329	1:18.54	1:33.29	1:31.26	1:17.99
squal. 10%	96	JELMINI Nicola	5:00.10	435	1:10.97	1:16.87	1:25.17	1:07.09

505 - Colpi di gambe alternati durante la nuotata

gara 50
04.12.2011

Donne, 400m Mista

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.	100m	200m	300m	400m
1.	97	ZOLLINGER Chiara	5:01.16	651	1:09.16	1:15.60	1:26.84	1:09.56
2.	97	CASTIGLIONI Arianna	5:04.26	631	1:09.97	1:17.67	1:27.50	1:09.12
3.	94	KIENITZ Laura	5:07.66	610	1:08.60	1:19.50	1:27.24	1:12.32
4.	95	CECCATO Alice	5:08.79	604	1:09.15	1:17.76	1:30.26	1:11.62
5.	95	KÜNZLER Marina	5:17.88	553	1:14.52	1:23.52	1:25.33	1:14.51
6.	94	AIRAGHI Maria	5:22.46	530	1:15.12	1:18.46	1:37.37	1:11.51
7.	95	BERTARELLI Serena	5:34.27	476	1:15.37	1:23.58	1:38.47	1:16.85
8.	96	PREVITALI Francesca	5:35.84	469	1:16.56	1:26.71	1:34.34	1:18.23
9.	98	STOLZ Amina	5:56.45	392	1:25.39	1:29.80	1:39.09	1:22.17
10.	97	FÜRHOLZ Andrea	5:57.87	388	1:22.29	1:34.09	1:42.51	1:18.98
11.	94	LUSENTI Jacqueline	6:00.30	380	1:21.19	1:34.73	1:42.96	1:21.42

gara 51
04.12.2011

Uomini, 50m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An		Tempo	Pt.
1.	91	RIVOLTA Matteo	26.20	642
2.	82	STEINHAEUER Felix	26.48	622
3.	87	MALINVERNO Marco	26.79	601
4.	96	KUHN Justus	27.77	539
5.	93	FREGOSI Luca	28.46	501
6.	93	SCHNEGG Pascal	29.74	439
7.	95	CEHIC Amar	29.86	434
8.	95	PULERÀ Jordy	30.75	397
9.	90	PFISTER Christian	30.98	388
10.	93	ANGELONI Simone	30.99	388
11.	91	CONTESTABILE Alessandro	31.40	373
12.	99	GRISANTI Riccardo	34.63	278

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 52
04.12.2011

Donne, 50m Dorso

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An	Tempo	Pt.
1. SCHUMACHER Virginia	92 SV Basel	29.89	635
2. DELL'ADAMI Marta	91 Rane Rosse Aqvasport	31.09	564
3. SCHUMACHER Cecilia	94 Schwimmclub Meilen	31.92	521
4. VOLKMANN Julia	93 VfL Sindelfingen	31.98	518
5. MERLO Giuditta	93 Team Insubrika Creval 1	32.48	495
6. DONELLI Denise	96 Team Insubrika Creval 2	32.62	489
7. CEHIC Mejrema	97 SN Bellinzona 1	33.34	458
8. BERTARELLI Serena	95 Lugano Nuoto 1	34.27	421
9. LAUPER Gaia	99 A-Club ST Savosa	34.35	418
10. GIUDICI Simona	99 Lugano Nuoto 2	37.63	318
11. RIGAZZI Giorgia	94 SP Bissone	38.01	309

gara 53
04.12.2011

Uomini, 1500m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango	An	Tempo	Pt.
1. GALLAZZI Mirco	95 Team Insubrika Creval 1	16:03.69	686
100m: 1:02.12 1:02.12	500m: 5:19.59 1:05.10	900m: 9:37.17 1:04.80	1300m: 13:56.78 1:05.19
200m: 2:06.35 1:04.23	600m: 6:23.64 1:04.05	1000m: 10:41.80 1:04.63	1400m: 15:01.95 1:05.17
300m: 3:10.31 1:03.96	700m: 7:27.92 1:04.28	1100m: 11:46.59 1:04.79	1500m: 16:03.69 1:01.74
400m: 4:14.49 1:04.18	800m: 8:32.37 1:04.45	1200m: 12:51.59 1:05.00	
2. DÜRRE Gerrit	87 VfL Sindelfingen	16:04.22	685
100m: 1:00.78 1:00.78	500m: 5:19.64 1:05.15	900m: 9:38.52 1:04.93	1300m: 13:57.28 1:04.52
200m: 2:05.64 1:04.86	600m: 6:23.90 1:04.26	1000m: 10:43.24 1:04.72	1400m: 15:02.03 1:04.75
300m: 3:10.30 1:04.66	700m: 7:28.68 1:04.78	1100m: 11:48.09 1:04.85	1500m: 16:04.22 1:02.19
400m: 4:14.49 1:04.19	800m: 8:33.59 1:04.91	1200m: 12:52.76 1:04.67	
3. MUTTI Lorenzo	96 Team Insubrika Creval 2	16:27.62	637
100m: 1:03.27 1:03.27	500m: 5:26.43 1:06.07	900m: 9:51.74 1:06.05	1300m: 14:17.76 1:06.57
200m: 2:08.67 1:05.40	600m: 6:32.78 1:06.35	1000m: 10:58.61 1:06.87	1400m: 15:24.89 1:07.13
300m: 3:14.54 1:05.87	700m: 7:38.88 1:06.10	1100m: 12:04.50 1:05.89	1500m: 16:27.62 1:02.73
400m: 4:20.36 1:05.82	800m: 8:45.69 1:06.81	1200m: 13:11.19 1:06.69	
4. VIGANÒ Marco	95 Rane Rosse Aqvasport	16:49.91	596
100m: 1:02.56 1:02.56	500m: 5:29.60 1:06.90	900m: 10:03.32 1:08.98	1300m: 14:39.19 1:08.66
200m: 2:08.50 1:05.94	600m: 6:38.15 1:08.55	1000m: 11:12.40 1:09.08	1400m: 15:47.75 1:08.56
300m: 3:15.62 1:07.12	700m: 7:46.77 1:08.62	1100m: 12:20.91 1:08.51	1500m: 16:49.91 1:02.16
400m: 4:22.70 1:07.08	800m: 8:54.34 1:07.57	1200m: 13:30.53 1:09.62	
5. BIANCHI Eugenio	89 Lugano Nuoto 1	16:54.16	588
100m: 1:04.09 1:04.09	500m: 5:33.11 1:07.74	900m: 10:05.97 1:08.34	1300m: 14:39.58 1:08.63
200m: 2:11.24 1:07.15	600m: 6:41.17 1:08.06	1000m: 11:14.40 1:08.43	1400m: 15:47.47 1:07.89
300m: 3:18.08 1:06.84	700m: 7:49.40 1:08.23	1100m: 12:22.75 1:08.35	1500m: 16:54.16 1:06.69
400m: 4:25.37 1:07.29	800m: 8:57.63 1:08.23	1200m: 13:30.95 1:08.20	
6. BORIC Stefan	96 SN Bellinzona 1	17:00.97	577
100m: 1:00.84 1:00.84	500m: 5:33.03 1:09.35	900m: 10:09.26 1:09.36	1300m: 14:47.30 1:09.64
200m: 2:06.43 1:05.59	600m: 6:41.64 1:08.61	1000m: 11:18.73 1:09.47	1400m: 15:55.58 1:08.28
300m: 3:14.66 1:08.23	700m: 7:50.02 1:08.38	1100m: 12:28.65 1:09.92	1500m: 17:00.97 1:05.39
400m: 4:23.68 1:09.02	800m: 8:59.90 1:09.88	1200m: 13:37.66 1:09.01	
7. CONTESTABILE Daniele	94 SP Bissone	17:23.48	540
100m: 1:04.78 1:04.78	500m: 5:41.47 1:10.32	900m: 10:23.98 1:10.99	1300m: 15:04.79 1:11.65
200m: 2:12.67 1:07.89	600m: 6:51.49 1:10.02	1000m: 11:34.40 1:10.42	1400m: 16:15.43 1:10.64
300m: 3:21.02 1:08.35	700m: 8:02.23 1:10.74	1100m: 12:43.15 1:08.75	1500m: 17:23.48 1:08.05
400m: 4:31.15 1:10.13	800m: 9:12.99 1:10.76	1200m: 13:53.14 1:09.99	

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 53, Uomini, 1500m Stile Libero, Cat. generale

Rango			An					Tempo	Pt.
8.	MOZZINI-VELLEN Luca		97	SN Bellinzona 2				17:27.83	533
	100m: 1:06.28	1:06.28	500m: 5:45.69	1:10.79	900m: 10:26.63	1:10.38	1300m: 15:08.67	1:10.65	
	200m: 2:15.67	1:09.39	600m: 6:56.07	1:10.38	1000m: 11:36.85	1:10.22	1400m: 16:18.55	1:09.88	
	300m: 3:25.19	1:09.52	700m: 8:05.93	1:09.86	1100m: 12:47.45	1:10.60	1500m: 17:27.83	1:09.28	
	400m: 4:34.90	1:09.71	800m: 9:16.25	1:10.32	1200m: 13:58.02	1:10.57			
9.	KELLER Thomas		90	Schwimmclub Meilen				17:36.49	520
	100m: 1:02.04	1:02.04	500m: 5:42.33	1:10.74	900m: 10:27.75	1:11.68	1300m: 15:15.73	1:11.70	
	200m: 2:10.93	1:08.89	600m: 6:53.21	1:10.88	1000m: 11:39.59	1:11.84	1400m: 16:26.87	1:11.14	
	300m: 3:21.12	1:10.19	700m: 8:04.44	1:11.23	1100m: 12:52.10	1:12.51	1500m: 17:36.49	1:09.62	
	400m: 4:31.59	1:10.47	800m: 9:16.07	1:11.63	1200m: 14:04.03	1:11.93			
10.	RIEDER Jan		95	SG Berner Oberland				17:38.22	518
	100m: 1:06.31	1:06.31	500m: 5:47.89	1:10.59	900m: 10:31.98	1:10.59	1300m: 15:17.38	1:11.17	
	200m: 2:15.95	1:09.64	600m: 6:58.97	1:11.08	1000m: 11:43.48	1:11.50	1400m: 16:28.26	1:10.88	
	300m: 3:26.17	1:10.22	700m: 8:10.09	1:11.12	1100m: 12:54.64	1:11.16	1500m: 17:38.22	1:09.96	
	400m: 4:37.30	1:11.13	800m: 9:21.39	1:11.30	1200m: 14:06.21	1:11.57			
11.	SABBIONI Riccardo		97	A-Club ST Savosa				18:03.06	483
	100m: 1:07.36	1:07.36	500m: 5:55.67	1:12.46	900m: 10:46.44	1:13.30	1300m: 15:40.75	1:13.40	
	200m: 2:19.03	1:11.67	600m: 7:08.43	1:12.76	1000m: 12:00.05	1:13.61	1400m: 16:53.44	1:12.69	
	300m: 3:31.15	1:12.12	700m: 8:21.09	1:12.66	1100m: 13:14.08	1:14.03	1500m: 18:03.06	1:09.62	
	400m: 4:43.21	1:12.06	800m: 9:33.14	1:12.05	1200m: 14:27.35	1:13.27			
12.	LEVIC' Dino		98	Lugano Nuoto 2				20:27.46	332
	100m: 1:15.41	1:15.41	500m: 6:44.65	1:22.91	900m: 12:16.66	1:23.13	1300m: 17:46.47	1:21.04	
	200m: 2:35.87	1:20.46	600m: 8:07.93	1:23.28	1000m: 13:39.70	1:23.04	1400m: 19:05.81	1:19.34	
	300m: 3:58.78	1:22.91	700m: 9:30.68	1:22.75	1100m: 15:02.62	1:22.92	1500m: 20:27.46	1:21.65	
	400m: 5:21.74	1:22.96	800m: 10:53.53	1:22.85	1200m: 16:25.43	1:22.81			

gara 54
04.12.2011

Donne, 800m Stile Libero

Cat. generale
Lista resulti

Pointi: FINA 2011

Rango			An					Tempo	Pt.
1.	VOLPI Matilde		98	Team Insubrika Creval 2				9:00.02	722
	100m: 1:05.51	1:05.51	300m: 3:22.60	1:08.63	500m: 5:38.33	1:07.82	700m: 7:53.91	1:07.60	
	200m: 2:13.97	1:08.46	400m: 4:30.51	1:07.91	600m: 6:46.31	1:07.98	800m: 9:00.02	1:06.11	
2.	TETTAMANZI Alisia		97	Rane Rosse Aqvasport				9:04.41	704
	100m: 1:05.19	1:05.19	300m: 3:21.73	1:08.39	500m: 5:39.66	1:08.87	700m: 7:57.32	1:08.78	
	200m: 2:13.34	1:08.15	400m: 4:30.79	1:09.06	600m: 6:48.54	1:08.88	800m: 9:04.41	1:07.09	
3.	ZOLLINGER Chiara		97	A-Club ST Savosa				9:08.65	688
	100m: 1:04.89	1:04.89	300m: 3:21.91	1:08.55	500m: 5:40.33	1:09.31	700m: 7:59.96	1:09.97	
	200m: 2:13.36	1:08.47	400m: 4:31.02	1:09.11	600m: 6:49.99	1:09.66	800m: 9:08.65	1:08.69	
4.	CASOTTO Dana		97	Team Insubrika Creval 1				9:15.10	665
	100m: 1:05.69	1:05.69	300m: 3:23.53	1:09.21	500m: 5:44.30	1:10.34	700m: 8:05.38	1:10.78	
	200m: 2:14.32	1:08.63	400m: 4:33.96	1:10.43	600m: 6:54.60	1:10.30	800m: 9:15.10	1:09.72	
5.	CRAMERI Nastassia		98	SN Bellinzona 1				9:41.69	577
	100m: 1:09.74	1:09.74	300m: 3:36.05	1:13.10	500m: 6:02.89	1:13.26	700m: 8:29.61	1:13.01	
	200m: 2:22.95	1:13.21	400m: 4:49.63	1:13.58	600m: 7:16.60	1:13.71	800m: 9:41.69	1:12.08	
6.	REICH Jill Vivian		98	SV Basel				9:46.82	562
	100m: 1:09.62	1:09.62	300m: 3:36.70	1:13.93	500m: 6:05.31	1:14.90	700m: 8:34.52	1:14.51	
	200m: 2:22.77	1:13.15	400m: 4:50.41	1:13.71	600m: 7:20.01	1:14.70	800m: 9:46.82	1:12.30	
7.	KIENITZ Sarah		97	VfL Sindelfingen				9:53.15	545
	100m: 1:09.85	1:09.85	300m: 3:40.09	1:15.23	500m: 6:09.90	1:14.92	700m: 8:40.07	1:14.86	
	200m: 2:24.86	1:15.01	400m: 4:54.98	1:14.89	600m: 7:25.21	1:15.31	800m: 9:53.15	1:13.08	
8.	CHIESA Lucia		95	Lugano Nuoto 1				9:59.84	527
	100m: 1:10.74	1:10.74	300m: 3:40.89	1:15.27	500m: 6:11.99	1:15.65	700m: 8:44.29	1:16.21	
	200m: 2:25.62	1:14.88	400m: 4:56.34	1:15.45	600m: 7:28.08	1:16.09	800m: 9:59.84	1:15.55	

VM-Promotion (12. Bellinzona Team Trophy)
Bellinzona, 3. - 4.12.2011

gara 54, Donne, 800m Stile Libero, Cat. generale

Rango	An	Tempo	Pt.
9.	99	10:36.69	440
	Lugano Nuoto 2		
	100m: 1:16.23 1:16.23	300m: 3:57.03 1:19.76	500m: 6:37.06 1:19.99
	200m: 2:37.27 1:21.04	400m: 5:17.07 1:20.04	600m: 7:57.61 1:20.55
		700m: 9:18.66 1:21.05	800m: 10:36.69 1:18.03
10.	94	10:42.68	428
	Schwimmclub Meilen		
	100m: 1:13.53 1:13.53	300m: 3:53.70 1:20.68	500m: 6:37.27 1:21.84
	200m: 2:33.02 1:19.49	400m: 5:15.43 1:21.73	600m: 7:59.61 1:22.34
		700m: 9:21.77 1:22.16	800m: 10:42.68 1:20.91
11.	93	11:10.51	377
	SP Bissone		
	100m: 1:17.48 1:17.48	300m: 4:05.75 1:25.19	500m: 6:57.03 1:25.52
	200m: 2:40.56 1:23.08	400m: 5:31.51 1:25.76	600m: 8:22.57 1:25.54
		700m: 9:47.45 1:24.88	800m: 11:10.51 1:23.06

gara 55

04.12.2011

Uomini, 100m Stile Libero

Cat. generale

Lista resulti

Pointi: FINA 2011

Rango	An	Tempo	Pt.	50m	100m
1.	88	52.04	644	24.81	27.23
	VfL Sindelfingen				
2.	93	52.68	620	25.82	26.86
	Rane Rosse Aqvasport				
3.	89	53.37	597	25.68	27.69
	Schwimmclub Meilen				
4.	93	55.21	539	26.63	28.58
	Team Insubrika Creval 1				
5.	93	55.22	539	26.21	29.01
	SG Berner Oberland				
6.	94	56.79	495	26.54	30.25
	Team Insubrika Creval 2				
7.	93	56.84	494	27.42	29.42
	SP Bissone				
8.	96	57.54	476	27.20	30.34
	SN Bellinzona 1				
9.	93	58.27	458	28.31	29.96
	Lugano Nuoto 1				
10.	90	58.44	454	28.27	30.17
	SN Bellinzona 2				
11.	96	58.59	451	28.59	30.00
	Lugano Nuoto 2				
12.	95	1:02.45	372	29.93	32.52
	A-Club ST Savosa				

gara 56

04.12.2011

Donne, 100m Stile Libero

Cat. generale

Lista resulti

Pointi: FINA 2011

Rango	An	Tempo	Pt.	50m	100m
1.	95	59.24	638	28.83	30.41
	A-Club ST Savosa				
2.	92	59.85	619	29.20	30.65
	Team Insubrika Creval 1				
3.	90	59.90	617	29.09	30.81
	Rane Rosse Aqvasport				
4.	95	1:00.75	592	29.22	31.53
	SV Basel				
5.	91	1:01.35	574	29.44	31.91
	Schwimmclub Meilen				
6.	92	1:03.99	506	30.63	33.36
	Team Insubrika Creval 2				
7.	95	1:04.38	497	30.99	33.39
	Lugano Nuoto 1				
8.	99	1:04.56	493	30.19	34.37
	VfL Sindelfingen				
9.	97	1:06.32	455	32.52	33.80
	SN Bellinzona 1				
10.	98	1:06.85	444	32.25	34.60
	Lugano Nuoto 2				
11.	96	1:09.74	391	33.59	36.15
	SP Bissone				